



HEALTH CARE EXCELLENCE  
HAPPENS HERE  
BECAUSE OF YOU

2014-2015  
REPORT TO DONORS



**Lakeridge  
Health  
Foundation**

OUR NEW MANTRA

LIVE HERE?  
GIVE HERE.

INSPIRED BY YOU

# YOU'LL FIND OUR MOST GENEROUS DONORS LIVE HERE IN DURHAM REGION



## MESSAGE FROM CHARYL GALPIN

Let me start out by saying thank you. Thank you for choosing to support Lakeridge Health and inspiring the Foundation to advance health care in Durham Region.

Within this report, you will find stories of other donors and how their gifts, and yours, are impacting care at Lakeridge Health.

Thanks to your generosity, Lakeridge Health Foundation has had another incredible year. I am very pleased to tell you that in our 2014/15 fiscal year we transferred \$1.2 million to Lakeridge Health for dialysis machines in both Oshawa and Whitby hospitals.

Even more impressive is that total is only a small part of the \$16.8 million Lakeridge Health Foundation has given the Hospital in the last 5 years.

In a matter of months we announced and completed our \$1 million goal to build a new in-patient pharmacy at Lakeridge Health Oshawa, a project that touches every single department and patient in the hospital.

Generous funds from donors like you also secured the purchase of critical equipment in the Neonatal Intensive Care Unit, Paediatrics, Emergency Department and Ambulatory Rehabilitation, as well as Critical and Palliative Care. That is a lot to be proud of!

In my last three years as Chair I've seen the Foundation grow substantially. I'm very proud of our staff and the bond we have with the hospital which inspires us every day.

This year marks the end of my journey as Chair and it is

time to welcome a new leader to the Board of Directors.

Will Stephen was born and raised in Oshawa by parents that worked right here at Lakeridge Health. He's a strong leader with a life-time connection to our Hospital and community health care.

I know you will welcome Will as he leads the Foundation through an exciting new year. By working together, we can ensure Lakeridge Health continues to deliver excellence – every moment, every day.

**CHARYL GALPIN**

CHAIR, BOARD OF DIRECTORS, 2012-2015

# MAKING MONTHLY DONATIONS MEANS THE HOSPITAL CAN COUNT ON YOU

## AROUND THE CORNER

Just a few blocks away from Lakeridge Health is the unassuming red brick home of Armour Hanna. The long-time resident of Oshawa has lived in the house for over 64 years. But nearly 50 years ago, he was told he wouldn't live at all.

In 1961, Armour and his wife Florence took a trip into the United States only to turn around because of bad weather. On their way home, they were struck by another vehicle and rushed to the hospital with life-threatening injuries. Armour spent two months in a hospital bed in the Toronto region, away from his family and friends.

Even after his lengthy stay, Armour's wife was still in hospital. He arranged for her to be transferred to Lakeridge Health so they could be close to home. Once in Oshawa,

Florence spent two months in traction, a medical treatment used to treat fractures throughout the body, before staff at the Hospital could perform any necessary surgeries.

"We were blessed for the hospital then," reflects Armour, "and even now I feel grateful for having Lakeridge Health right around the corner."

Armour and Florence both recovered from the accident and returned to their home and community. For Armour, that meant managing the Oshawa Airport.

During the Second World War, Armour was a pilot for the Canadian Air Force. When he returned home, he promised his wife he wouldn't fly again and went on to manage a local store while going back to school for accounting. Armour became

**"I feel grateful for  
having Lakeridge  
Health right around  
the corner."**

the internal auditor for the City of Oshawa for many years. In 1981, an opportunity to manage the Oshawa Airport became available and Armour took over the role until his retirement in 1986.

In the years following the accident, Armour had two visits to the Emergency Room and several surgeries on his hips.

His perspective of the Hospital remains the same.

"The Hospital has been very good to me. The last time I was in, the nurses rearranged my appointments so I could have all my preparations done in one visit. I thought that was just wonderful."





## ARMOUR HANNA LIVES HERE

### ...AND GIVES HERE

At 95 years old, Armour is a monthly donor and has been for 25 years. While he began giving to the Hospital on an annual basis, Armour feels monthly giving is a better fit for him.

"Monthly giving is much easier," says Armour, "I always know how much is coming out of my bank account and it is more secure for the Hospital."

He explains that supporting

your local hospital is simple, "until you need a hospital, you don't think much about it. Hospitals have saved my life and as you get older you need their help more often. It's important to me to make sure the Hospital has money to continue doing such great things."

Armour isn't just talking about excellent care, he's seen firsthand the amazing technology Lakeridge Health has to offer.

"All the equipment you have at the hospital amazes me," says Armour. "I've been to the

Emergency Department and the amount of technology waiting for you is incredible. I've also been on a tour to see the simulation mannequins and they impressed me so much I increased my donation."

For someone who wasn't supposed to live past his forties, Armour Hanna is beyond thankful for the health care available to him. His generosity, and thoughtful gifts from those like him, allow the Hospital to provide excellence – every moment, every day.

# LEGACY DONATIONS MAKE A LASTING IMPRESSION

## LIFELONG EXPERIENCE

Lynda Hatfield comes from a long line of women intricately connected with the Hospital. She was born at Lakeridge Health, her mother was born at the Hospital and her grandmother appears in one of the most popular historical photos of the former Oshawa General Hospital.

"My grandmother adamantly told us she was one of the women standing outside the small hospital building in 1911 but all we could see was her back."

Lynda's smile, sense of humour and warm personality stand out in a crowd, but it's her 36-year history as a teacher in Durham Region that makes her most recognizable.

It's unusual for Lynda to walk through the Hospital without seeing someone she knows or taught. In fact, she takes great

pride in knowing some of the medical staff are her former students.

While Lynda was born at the Hospital, it wasn't until later in life that she became familiar with Lakeridge Health. "My family was fairly healthy when I grew up. My mom was in the Hospital for a hip fusion when I was in my 20s and again a year later to repair it. I spent a lot of time with her because she was there for several months."

Unfortunately, Lynda's father was diagnosed with terminal cancer years later and she took time off from teaching to be by his side. The experience exposed her to the kindness and compassion of staff at the Hospital which left a lasting impression.

Since then Lynda has had several surgeries, knee replacements and many eye

### **"Including Lakeridge Health Foundation was a no-brainer."**

procedures, all at Lakeridge Health.

"People often ask me why I didn't go to Toronto for my surgeries. I always say - experts from Toronto come to Lakeridge Health. They come to us. This Hospital is doing amazing things - there are fantastic doctors here and our community has access to them. We should be celebrating this."

While some memories of the hospital are not all happy, Lynda is forging new ones each week as a volunteer at Lakeridge Health.

These days she can be found in the lobby on Thursdays and Fridays.





## LYNDA HATFIELD LIVES HERE

### ...AND GIVES HERE

"I really enjoy it," says Lynda. "You meet a lot of interesting people. Most of them are so grateful for our help and kindness. Sometimes it's as simple as making conversation and distracting someone on their way to critical care."

Between volunteering and church activities, Lynda spends her time travelling as often as she can but no matter what, Oshawa will always be her

home and the Hospital will always be close to her heart.

"I've always been philanthropic but as I grew older I found satisfaction in being able to help others. When it came time to work on my will, including Lakeridge Health Foundation was a no-brainer."

Including Lakeridge Health Foundation in her will was an easy decision for Lynda and she worked closely with her bank and lawyer.

Lynda has arranged for the Foundation to benefit upon her passing. A financial gift, like

Lynda's, of money, stocks, bonds or other gifts of securities can help to reduce an individual's tax burden through the Charitable Tax Credit.

"More often than not, you don't think about supporting your hospital until you start to need it. I hope I can inspire others to start giving now so they can see the impact of their support in the future."





"Lakeridge Health  
saved my daughter."

**Julie Matieuski**

## A NEW START BEGINS HERE

The emotional scars of the Matieuski family are still fresh but Carly Matieuski, a 16-year-old Oshawa resident, and her mother Julie are closer than ever.

Just last year, Julie was certain she would lose her daughter in a traumatic and life-threatening drug overdose. During her early teenage years Carly began hanging out with 'the wrong crowd', smoking marijuana, skipping school, and in her darkest moment, questioning whether she wanted to live.

On September 1, 2014, Carly attempted suicide. She was rushed to the Lakeridge Health and immediately transferred to Sick Kids Hospital where she would receive life-saving treatment

and slowly recover.

It was at Sick Kids that Julie and Carly first met Carmen Tardio, a social worker who shares his time between Toronto and Lakeridge Health. They formed an instant connection and Carmen ensured Carly could return to Durham Region and continue her care.

Once transferred, Carly became a patient in the Child and Adolescent Inpatient Program, a crisis unit that would help her stabilize.

Carly became one of 8 students enrolled in the Intensive Ambulatory Program (IAP). The multi-disciplinary program, which usually runs 8-12 weeks, provides a school-like environment for patients with various mental health issues.

"It's an amazing program," says Julie, "I don't know what we would have done without it. I know she's safe, and that she's getting the

treatment she needs. Lakeridge Health saved my daughter."

In coordination with IAP, Carly joined the program's peer support group that helps develop social skills and prepares youth to integrate back into the community.

On any given day, 10-20% of Canadian youth are affected by a mental illness and only 1 in 5 of those children will receive the support they need. "There is help," says Carly. "I came to this program to get myself together. Remember that you are who you are, and you can't give up."

# 20%

OF MENTAL HEALTH VISITS  
TO THE EMERGENCY  
ROOM ARE CHILDREN





## UNIFOR LOCAL 222 GIVES HERE

Durham Region would not be what it is today without General Motors. It's a bold statement but one that Ron Svajlenko stands behind as the President of Unifor, formerly known as Canadian Auto Workers, Local 222. With a history that began in the 1930s the union has continued to support its workers needs both inside and outside the plants.

"As you can imagine, our members and their families rely on the services provided by our local hospitals," says Ron. "Choosing to support Lakeridge Health was an obvious choice for us."

Unifor's most recent donation funded the purchase of a kidney dialysis machine during the Foundation's campaign. "Kidney disease affects many of our

members and their families and we wanted to find a way to help. Dialysis machines save lives and we were really impressed by the new technology."

In previous years, Unifor has contributed significantly to the Foundation's campaigns. To date, over \$3 million has come from the union and GM employees, including a hospital expansion project in 1968 and the more recent building of the Durham Regional Cancer Centre.

"We represent 23,000 members and retirees, with almost all living in this area. They use the Hospital, their family uses the Hospital and some of their loved ones might even work there. We feel strongly about supporting our workers and their families."

Unifor also has its eyes set on the future. As our population ages, a different kind of health care is needed for older individuals with complex conditions. "Many of our

**"It's our duty to support our employees and the community hospital they rely on."**

workers are retiring and their health needs will change. They are going to need the Hospital more and more. We recognize this and work closely with our Unifor Local 222 Retired Workers Chapter."

Unifor has a history of being a strong supporter for its workers and a pillar to the community as a whole. According to Ron, this won't change and Durham Region can expect the union to remain a proponent for health and happiness for decades to come.

# KIDNEY DIALYSIS CAMPAIGN SAVES LIVES

## THANKS A MILLION

### GIVING THE GIFT OF LIFE

Just a short two years ago, Lakeridge Health came to the Foundation with a special request. The Kidney Care Program needed to replace 87 dialysis machines, beginning with the oldest.

Many years ago, kidney failure meant certain death. Due in large part to kidney dialysis treatments this is no longer true. On dialysis, people suffering from kidney disease can live longer and better lives.

Dialysis machines mimic the functions of the kidneys by filtering the blood when a person's body can no longer manage the process. Most patients requiring dialysis come to the hospital 3-4 times a week to receive life-saving

treatments. The Kidney Care clinic sees approximately 300 patients per day, 12 hours a day for 6 days a week in both Oshawa and Whitby locations.

Aside from in-hospital treatments, Lakeridge Health also offers home dialysis for patients who qualify, allowing them to receive their treatments overnight, in the comfort of their own homes.

Patients in our Kidney Care program require dialysis to survive and a machine costs \$25,000 to be replaced. When we asked our donors to help us with this goal there was no hesitation. To date, generous individuals and local organizations such as Unifor, Walmart (employees pictured above) and the Whitby Mayor's golf tournament, have contributed \$1.2 million toward the purchase of 66 new dialysis



machines.

Lakeridge Health provides 40,000 life-saving dialysis treatments a year through its Whitby and Oshawa sites and to continue doing so, a typical machine needs to be replaced every 5-7 years. The Hospital will continue to need our help to replace these critical and life-saving machines long after our goal is met. Lakeridge Health Foundation is committed to supporting this important regional program. Thank you to all the donors who got us this far in our goal.





"Every morning I would wake up and feel great. It was worth it to feel that good and have my life back."

**John Mash**

## A BETTER LIFE BEGINS HERE

In 2009 John Mash was given a truly meaningful gift - a kidney. His niece wanted John to have a long relationship with his grandchildren and thanks to her, this is now possible.

Yet 10 years ago John wasn't doing so well. He spent his days moving from couch to chair with little energy. Diabetes runs in his family and John was hitting a dangerous peak in his disease. John's kidneys were functioning at only 12-15 per cent.

He required kidney dialysis and his treatment soon began through Lakeridge Health. John was a candidate for home hemodialysis which meant he could receive treatment at home while he slept.

For four years John continued his dialysis treatment. In 2009, John's niece, Debbie, made the selfless gesture to give John one of her kidneys.

Since the transplant, John's been feeling more himself again. John and his wife Linda run a real estate business, they spend as much time as possible with their granddaughters and John sings in a charity rock band throughout the year.

John and Linda also sit on the Kidney Care Clinic's Patient Advisory Council where they support other individuals and families going through a similar experience.

"We don't expect anything in return," says Linda, "we do this because we want to and what comes of that is meaningful to us. It's giving that starts the receiving process."

**66**  
DIALYSIS  
MACHINES FUNDED





## INSPIRED CLUB GIVES HERE

For the past 15 years, Corvettes of Durham members have been gathering with their classic and stunning new corvettes for fun – and fundraising.

Ken Gordon, President of the social club explains how Corvettes of Durham (COD) came to be. “A few of us used to get together for drives and for several years we belonged to another club. We wanted to create something different so we started our own group.”

COD members meet every month and several long distance drives and car shows are planned throughout the year. From cottage resort to local dealership shows, COD members and their vehicles are well known throughout Durham Region.

Each year, the club hosts Dream-vettes, an event in support of Lakeridge Health’s Cancer Centre. Since the event’s inception in 2000 over \$30,000 has been raised for cancer services at the hospital.

“We felt it was important to support our local hospital,” says Ken “If we need help, Lakeridge Health is where we go. And we’re grateful to have such an incredible cancer centre right here in our community. Many of our members have battled cancer or lost family members. It’s more than our duty to support our Hospital, it’s personal too.”

Corvettes of Durham is made up of 60 men and women from different parts of Durham Region. Corvettes range from classic 1960 cars to brand new, flashy models. The Club has travelled from Ontario to as far as Kentucky and their next drive is planned for Carlisle, Pennsylvania.

# 2

SIGNATURE  
FOUNDATION  
EVENTS

# 43

COMMUNITY  
INITIATIVES

# \$940

THOUSAND DOLLARS  
RAISED



# DENIM, DIAMONDS & DONATIONS

On Friday, November 7, denim met diamonds and cowboy boots met black tie suits. Over 400 guests attended the Lakeridge Health Foundation Annual Gala in support of the Hospital's new in-patient pharmacy. In just one night, over \$200,000 was raised to close the gap on the Foundation's \$1 million commitment to the pharmacy project.



# GOLF & GIVING *FORE* A GOOD CAUSE

On Monday, July 14 over 150 golfers and volunteers came together at the Wyndance Golf Club in Uxbridge for the Lakeridge Health Golf Classic. Thanks to the generous support of sponsors and guests, the tournament raised \$189,000 for essential lifesaving treatments, equipment, and programs at Lakeridge Health.



# 6,312 GENEROUS DONORS



## YOUR GIFT COUNTS

**\$1 MILLION  
DOLLARS**

WAS RAISED FOR A NEW  
INPATIENT PHARMACY  
AT LAKERIDGE HEALTH  
OSHAWA



**\$16.8 MILLION  
DOLLARS**

WAS GIVEN TO THE HOSPITAL  
FOR CRITICAL EQUIPMENT  
OVER THE LAST 5 YEARS.



**\$3.4 MILLION  
DOLLARS**

WAS RAISED FOR  
LAKERIDGE HEALTH  
IN 2014/2015



**TOP 4**

FUNDED PROGRAMS:

HIGH PRIORITY  
REDEVELOPMENT  
WOMEN & CHILDREN  
BREAST ASSESSMENT

**40%**

INDIVIDUALS

DONATIONS  
COME FROM

**60%**

CORPORATIONS



# NOT TO MENTION, SOME AMAZING THINGS HAPPENED AT THE HOSPITAL THIS YEAR...

43,202  
SURGERIES



100,000 +  
VOLUNTEER  
HOURS



40,000

LIFESAVING DIALYSIS  
TREATMENTS ARE  
PROVIDED EACH YEAR



NEW NURSES



365 MEDICAL  
TRAINEES

63 RESEARCH  
STUDIES

1,465 STUDENTS

35  
NEW DOCTORS



1

1st community  
hospital with a  
certified biobank for  
cancer research.

#1 hospital in Ontario  
for tissue donation

2,990  
NEW BABIES  
BORN



30,780 CT SCANS  
17,874 MRIs



14,195

CHEMOTHERAPY  
TREATMENTS



26,625

RADIATION  
TREATMENTS



12,500

VISITS OCCUR IN THE CHILD,  
YOUTH & FAMILY PROGRAM

# THANK YOU FOR SUPPORTING LAKERIDGE HEALTH FOUNDATION.

Lakeridge Health Foundation  
1 Hospital Court, Oshawa, ON L1G 2B9  
300 Gordon Street, Whitby, ON L1N 5T2  
Ph: 905-433-4339 | Fx: 905-743-5306  
foundation@lakeridgehealth.on.ca | www.lakeridgehealthfoundation.com  
Charitable Registration # 119249126 RR0001



**Lakeridge  
Health  
Foundation**