

**Report to
Donors—2019**



Philanthropy Starts with Family





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Arthur Lovell
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Development Committee
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Dr. Shannon Trainor,

A message from the Chair & CEO

New decade, new improvements.

As 2020 is ushered in, we are grateful for the health care advances made possible by our donor family. The generosity we saw in 2019 is launching us into a new decade of rapidly evolving health care technology, ever changing best practices, and a growing community.

With new facilities such as our state-of-the-art in-patient pharmacy, medical marvels including an automated cancer care robot and high-tech intravenous pumps used in every department, Lakeridge Health is poised and ready for a new era.

To mark the start of 2020, we begin with a new way to share events and stories. In this report, you will see a fresh account of our successes from 2019, and a reflection on the improvements you have helped to make possible for the decade ahead.

This Donor Report shares with you the gratitude of our patients and their families as shown through our Circle of Gratitude program, inspiring community donors and events championing our cause, and innovative transformations that you have helped bring to our Hospitals.

In the past year, we introduced new additions to our dedicated Board of Directors. We are happy to welcome Debbie Armstrong, Vanessa Benedict, Carol Lynde, and Jeff Thorsteinson to join us in supporting health care excellence here in the Durham Region.

Last year we also updated our presence within our Oshawa Hospital. With grateful hearts, and busy hands, the Foundation team proudly unveiled two new donor walls within the R.S. McLaughlin Durham Regional Cancer Centre. The bright panels artfully recognize the historic donors whose generosity brought the Cancer Centre to our Hospital, and distinguishes those who have contributed towards tremendous advances in cancer care equipment, technology, and programming. We hope you have had the opportunity to view this visual celebration of our past and present donors.

Looking back and going forward, it is only with you that we may support our Hospitals. As we embrace a new decade, we are full of gratitude for your ongoing support.



Keith White
Chair



Yves Gadler
CEO

Giving starts at Home

Coming to Oshawa from a small town in Nova Scotia, Mr. Surat and Mrs. Raj Mathur raised their children to embrace the spirit of philanthropy and taught their children to help those around them, in whatever way they could.

“It is a part of who we are and this is what we learned from our parents, too,” shares Surat. “In Nova Scotia, if there was ever a question of charity, we would uphold that and get involved. We feel so lucky today to see that our children and grandchildren are also giving back.”

Today, their son, Dr. Arun and his wife, Dr. Soania Mathur, have followed in Surat and Raj’s footsteps and continue to support causes close to their hearts, including our Hospital.

Arun, a urologist and surgeon here at Lakeridge Health’s Oshawa Hospital, credits his upbringing as an inspiration for his own family’s desire to give back. He shares that the patients he treats help drive home the real impact of their support.

“I began working at Lakeridge Health in 1997 and seeing how the region has almost tripled in size since then, I see every single day – in my clinics and with my patients - how our Hospital has to continuously evolve to serve this community,” shares Arun. Knowing that his own donations are in turn supporting the care his patients receive is heartwarming to him and his family.

Last year after the Foundation unveiled our new donor wall in the main lobby, we sparked a friendly competition in the Mathur family. “My dad saw that Soania and I were listed at a higher amount than he and my mom. He immediately approached the Foundation and said they wanted to give more.”

“We are just doing our part – but there was no way he would let me one-up him,” jokes Arun. “All kidding aside. We could all be doing more but even these small donations make a difference. When you live here, when your own family members, like my parents, are patients here, and you give back to the Hospital, you can really see where those donations are going.”

Dr. Soania Mathur, whose personal health journey with Parkinson’s Disease has only encouraged the couples’ charity, is a dedicated volunteer to a number of organizations including Lakeridge Health Foundation. Beyond her role as a Board Director and Chair of our Development Committee here in Durham Region, Soania’s advocacy for Parkinson’s Disease in the patient and scientific community recently brought her to Japan to receive the prestigious 2019 World Parkinson Congress Award for Distinguished Contribution to the Parkinson Community.

Both Surat and Raj beam with pride when they speak of their next generation’s penchant for philanthropy. Soania and Arun’s daughters are also following in their grandparents’ and parents’ footsteps, volunteering and raising funds for local community groups

“When you get involved with an organization like Lakeridge Health Foundation, it is more than just cutting a cheque,” Soania shares. “It is about getting involved, about volunteering, and realizing there is nothing too small that you can give back. There are no small donations. The dollar amount may be small but the heart is big, so the impact is big too.”

“We focus on family. Giving has become such a family affair for us, for each generation. It is a part of life for us, it is not something you have to do but it is something you *just do*.”



The entire Mathur family is dedicated to their Hospital and community. Here, Drs Arun and Soania Mathur are joined by Arun’s parents, Raj and Surat Mathur.

In-Patient Pharmacy Arrives



Donors bring new pharmacy to Oshawa Hospital

Just one year ago, in January 2019, Lakeridge Health unveiled a brand-new in-patient pharmacy at the Oshawa Hospital that serves multiple departments. With an astounding \$2 million contribution, including a million-dollar donation from our own Auxiliary of Lakeridge Health Oshawa volunteers, and \$225,000 from Wilma Lowell, the facility is a reality because of community partners and generous donors just like you.

Every minute, three prescriptions are filled across Lakeridge Health. Patients and Hospital staff rely on pharmacy experts to compound, fill and distribute these critical medications at a continuous, impressive speed. With the spacious new facility, pharmacy staff here at the Oshawa Hospital are able to streamline how staff are serving patients.

“Pharmacy technicians are here to support the nurses and Hospital staff in caring for patients,” shares Nazma, a pharmacy technician at the Oshawa Hospital. “We produce hundreds of medications. Prior to this new space, we were working in a very cramped area and now we can be more efficient.”

Now, technicians and pharmacy staff are able to expand onto each floor of the Hospital through upgrades like the fast-pack system. The fast-pack system uses a machine which places individual dosages of medications into tiny individualized pouches. Each floor in the Hospital has its own fast-pack which works like a vending machine for medications so that nurses can receive the individual doses they need each day for patients.

All in all, the bright new In-Patient Pharmacy is a vital asset to many areas within our Hospital. All of this is possible with donor support from our community!

New at Lakeridge Health

The new decade begins with advanced equipment and innovations at our Hospitals



Kidney care team, Lakeridge Health Whitby

Cancer robot lands at Oshawa Hospital

In 2019, the R.S. McLaughlin Durham Regional Cancer Centre (DRCC) at Lakeridge Health unveiled a new, technologically-advanced robot that prepares injectable cancer treatments.

Lakeridge Health is home to one of only five Robotic Intravenous Automation (RIVA) systems in Canada. The new robot is part of a major renewal of the DRCC’s pharmacy which includes an upgraded retail pharmacy space, new consultation kiosks and other enhancements to ensure the safest and most sterile environment to prepare chemotherapy treatments.

The RIVA robot, developed by ARxIUM, uses a robotic arm to help pharmacy professionals prepare chemotherapy treatment in syringes and IV bags. The robot’s barcode tracking system, quality assurance and automated compounding capabilities will enhance safety for patients at DRCC’s systemic suite, which cares for 80 to 90 people a day and more than 17,600 annually.



RIVA in action at DRCC

New kidney care pathway available to Eastern Ontario residents

Lakeridge Health is the first hospital in Eastern Ontario offering a health care pathway for people living with polycystic kidney disease.

Polycystic kidney disease (PKD) is a chronic, genetic condition with no cure which often leads to kidney failure. In most cases, PKD is passed from one generation to the next by an affected parent. With over 66,000 Canadians living with PKD today, early management is vital.

The new pathway at Lakeridge Health means more resources for those living with PKD in Oshawa, Whitby and further in Eastern Ontario. For young people living with PKD, the pathway is a chance to preserve their kidney function for longer, to get genetic testing, and to learn more about a condition that has likely been in their family for years.

“The pathway is reaching those young, healthy people living with PKD who would not have had as much access to kidney care before. We’re trying to keep them healthy for as long as possible. There is no cure for PKD, but we are trying to slow the progression,” shares Courtney Mitchell-Storey, a member of the PKD pathway team at Lakeridge Health’s Whitby Hospital.

Signature Events

Golf Classic

Each year, golfers long to attend Lakeridge Health Foundation’s annual Golf Classic in support of our Hospitals. This past year was no exception with golfers eager to fill up spots for this year’s Classic leading to a sold out event at the prestigious Granite Golf Club.

On July 15, 2019 over 150 golfers and volunteers hit the links for cancer care. Thanks to the generosity of those on the greens, and community sponsors, over \$253,000 was raised in support of comprehensive cancer care services offered throughout our Oshawa Hospital. Through the 20th annual Golf Classic, important upgrades to facilities and technology are possible which helps our Hospital staff better serve those people in our community touched by cancer. Thank you to our generous sponsors, community partners, volunteers and golfers for all of the effort they put into ensuring exceptional health care is available here, close to home.

2019 Golf Classic Co-Chairs

Rob Norwood
Chris Keillor

2019 Golf Committee Members

Jordan Bress
Neil Clarke
Travis Cook
Neil MacLeod
Tofiq Mohiuddin
Nancy Osuszek
Scott Willman

Gala

This past fall, the annual Lakeridge Health Foundation Gala Committee truly hit the road to drive the 2019 Gala towards success. On November 2, 2019, honoured guests were welcomed into a glamorous, transformed space with Owasco RV Centre as the 2019 unique venue for another memorable Gala.

Beneath the glittering blue lights, the main show room of the Owasco RV Centre shone like a diamond as guests, generous community partners, sponsors and volunteers celebrated the exceptional cancer care services offered by our Hospital. The proceeds of the 2019 Gala support comprehensive cancer care throughout our Oshawa Hospital, a cause which brought together professionals and leaders from our community for an unforgettable evening.

Guests were astounded as elegant aerial acrobats graced the heights of the transformed ball room, and hearts were warmed as touching patient stories of hope were shared by medical professionals, patients and family members alike over the course of the evening, emceed by master of ceremonies, Ken Shaw.

With support from attendees, the 2019 Gala raised over \$294,000 for cancer care at Lakeridge Health. Thank you to everyone who came together to support this vital cause for our Durham Region community.

2019 Gala Chair

Stephanie Humphrey

2019 Gala Committee Members

Laurel Armstrong
Cate Collins
Helen Gibson
Mary Ann Goldhawk
Debby Kryhul
Wanda Nippard
Shawn Perrot



PHOTOS:
Snapshots of distinguished guests and supporters at Lakeridge Health Foundation’s 2019 Golf Classic and Annual Gala.

NightShift

Heading into its fourth consecutive year, NightShift is a signature event that Lakeridge Health Foundation’s Young Leaders Group, Launchpad, has launched to sweeping success year after year.

NightShift is North America’s first medical simulation challenge open to the public. The event brings medical professionals from our Hospital and local community members together for a night of wild, competitive fun hosted at Oshawa Hospital’s LHEARN Centre. Guests fundraise with their teams and compete in challenges in an attempt to earn as many points as possible towards the NightShift trophy. As the competition begins, each team is paired with their coach, a medical expert from Lakeridge Health, who leads them through realistic medical scenarios in one of our state-of-the-art simulation labs. This lively competition is sold out year after year, meaning vital funds in support of equipment purchases and technological updates for our Hospital are possible.

In 2019, Launchpad exceeded their fundraising goal by raising over \$24,000 in support of our Hospitals. In the past three years, NightShift has raised over \$68,000 and engaged over 350 Durham Region community members and medical staff.

We’re proud and happy to report that funds raised from previous years of NightShift have gone towards new equipment at Lakeridge Health, including a new sensory cart and gaming system for our Oshawa Emergency Department. Without the enthusiasm and fundraising power of each individual team, this new equipment would not be here to support our community health care needs today. Thank you!



Launchpad Executive Committee

Steve Conaby
Chair
Adam Hare
Vice-Chair

Ben Shelley
Brandon Burtnik
Brooke Vukets

Caitlin Blea
Kennisha Dyer
Krum Dochev
Matt Douglas
Michelle Bell
Niko Anastassakis
Payam Zareian
Samantha Mackie

Eric’s Story

Cancer Care Close to Home



“Lakeridge Health saved my quality of life because of the research available at our Hospital.”

Born and raised in the Durham Region, Eric is an IT specialist working at Owasco Group. His family lives here in the Durham Region, and, like many of us, Eric enjoys watching Youtube videos.

One afternoon, Eric was watching one of his favourite YouTubers, Furious Pete, online. One video in particular caught his attention. The video brought to Eric’s attention the symptoms, and prevalence, of testicular cancer.

These self-checks are likely the only way Eric would have noticed the small lump that led him to visit a walk-in clinic during his lunch hour one day.

“Things moved quickly after that,” Eric recalls. “I was sent to a urologist at Lakeridge Health and he confirmed that I had cancer and that the kind of tumour I had was a rare, aggressive form. I was surprised at how quickly the Hospital reacted. My surgery was booked for that same week.”

At 26-years-old, and living with the reality of testicular cancer, Eric felt frustrated. His diagnosis involved treatment which risked both Eric’s colon functionality and his ability to have children in the future. Research conducted through Lakeridge Health offered Eric an option in his treatment that, just a few years ago, was not possible. Because of the cancer research conducted right

here at the DRCC, Eric’s risks during treatment were all but eliminated.

For Eric and his family, cancer was not an unfamiliar story. Eric’s grandmother, Donna, had been diagnosed and treated for breast cancer at the R. S. McLaughlin Durham Regional Cancer Centre (DRCC) long before Eric began his treatment.

“I was shocked when I heard about Eric’s diagnosis. He was so young, but it really doesn’t matter what age you are. Cancer happens all of the time. I was calm about it though because I got treated at the Cancer Centre too,” Donna shares.

Now, over a year later, Eric is living cancer-free. He shares his

experiences with testicular cancer to ensure other young men know to self-check.

“I couldn’t have asked for anything more from Lakeridge Health. They took care of my grandmother, they gave me the best care available, and getting treatment in Toronto wasn’t even a consideration for me. We had everything we needed right here in Oshawa with Lakeridge Health.”

With the population of our community growing every day, we are lucky to have the DRCC close to home. Delivering top quality cancer care, the DRCC annually serves thousands of patients and their families in our community.





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PHOTOS:

1. Lorraine and Mike
2. Auxiliary of Lakeridge Health Oshawa Volunteers
3. Tristan from Fish4Charity
4. Miriam and her family
5. New donor walls at our Cancer Centre
6. Generous supporter and 1907 Society member, Kent (facing page)

Cancer Care for our Community

Meet the dedicated donors whose generosity supports cancer care innovation, world-class equipment, and patient programming throughout our Oshawa Hospital!

On November 19, 2019, Lakeridge Health Foundation donors who have supported cancer care right here at our Oshawa Hospital gathered for a special thank you event.

During an exciting presentation, two new donor walls were unveiled in the R.S. McLaughlin Durham Regional Cancer Centre (DRCC) recognizing both current and historical supporters, including those who contributed to the \$42.5 million Heroes of Hope Campaign that helped us bring these world-class cancer facilities to the Durham Region.

The celebration of generosity brought together donors and community members who have given to cancer, and truly know the impact of a cancer connection. The artistic new donor walls recognize all of the benevolent donors who have chosen to champion cancer care in our community.

These donors and partners are part of the reason that our families, friends and neighbours have options when it comes to cancer care. From prevention, diagnosis, treatment, and ongoing support, the DRCC and our Oshawa Hospital are fully equipped to provide health services to those touched by cancer, and their families. With research, equipment and technology available right here in Oshawa, people living with cancer do not have to travel in order to receive the quality treatment and care that they need and deserve.

Nearly 400 individuals, organizations and events are acknowledged on the walls, each holding an inspiring story as to why the Hospital is deserving of their generous support. We are so grateful for each person who has chosen to support cancer care in our community and invite you, if you have not already, to visit our new donor walls and celebrate the generosity of those who champion health care close to home.

If you would like to learn more about Lakeridge Health Foundation's donor walls, and how you may be featured, please contact our team at: [\(905\) 433-4339](tel:9054334339) or foundation@lh.ca



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A Moving History of Charity from Local Family

Since 1928, the Mackie family has been an integral part of the Durham Region. The entrepreneurial Merle Mackie, with the support of his wife Amanda, began driving his family towards success with their transportation company. By the mid-1950s, both of his children, Ross and Marilyn, were helping him to expand the business that would grow with their family for generations.

Today, Ross Mackie (his late wife Diana), along with his sons, Paul Mackie Sr., Norm, Dean and Scott, continue to lead the Mackie family as they build a legacy of achievement, and giving back, in the Durham Region.

With success motoring through their multiple businesses including Mackie Moving, Mackie Transport and Mackie Harley-Davidson, the family and their businesses have grown from the ground up right here in Oshawa.

Paul Sr.'s connection with our Hospital started at a young age when a tragic accident caused him to lose the lower part of his leg. He remembers the incredible care he received on the paediatric ward and fondly credits Lakeridge Health for saving his life. "The Hospital has been there for our family, every

step of the way. For me, after my accident and in recent years, for my dad, my brothers and just last year for my children when they welcomed children of their own."

All the more reason, shares the Mackie family, to give back to their community.

When the Durham Region community rallied to raise important funds to build a new cancer centre in Oshawa, Paul Sr. stepped up as Co-Chair for the Heroes of Hope Campaign. Today, we can thank Paul Sr., his fellow Campaign Cabinet members and community members like you for raising an outstanding \$42.5 million to build the R.S. McLaughlin Durham Regional Cancer Centre - now one of the top Cancer Centre's in all of Ontario.

"The Heroes of Hope campaign is what got us started with giving back to Lakeridge Health," shares Paul Mackie Sr. "It was knowing how lucky we are to have cancer services right here in our Durham Region. All of us were born at the Oshawa Hospital, and we were raised here. Our employees live here too, their families are here and this is just one way we can give back and help to support them. That's what inspired us."



"We built our businesses and grew our family here in Oshawa. To us, that means an opportunity to build our community too. We truly feel the best way we can give back is through our Hospital."

Paul Sr.'s brothers have also played important roles with the Foundation, Norm has been an integral part of our Golf Tournament Committee for some time, and now his son, Jeff, is carrying the torch. Dean and Scott Mackie are also involved as they support the Lakeridge Health Foundation's signature events, year after year. The support doesn't stop there, Paul Sr.'s daughter, Brooke, is an Executive Committee member of Launchpad, the Foundation's young leaders' group, supporting Launchpad since 2016 and her brother, Paul Jr., is working with the Foundation on a new fundraising initiative.

Ross Mackie, decorated business leader and proud dad, grandfather and great-grandfather, beams with pride when he speaks of his family's enormous success through many decades. Over the years he has collected countless pieces of heart-warming memorabilia that celebrate what his family has built. To him, the important piece to take from these nostalgic treasures is that it all began in the Durham Region and that family is at the heart of everything.

"When we were young, three generations of us, we lived in this clapboard house on King Street. We didn't have a lot. Our house was

where the highway is now. When we moved, it was because we had to. My dad, Merle, had to sell the house for a single dollar. We're so fortunate today to still be here in Oshawa and now, each of us, from multiple generations, are involved in giving back whenever we can."

As a family and through the Mackie Group, the Mackie's have supported Lakeridge Health Foundation with generous financial donations over the years. The entire family continues to champion cancer services and health care for our community, year after year, generation after generation.

For generations the Mackie family has been involved in giving back to our community.

Nursing Bursaries

Since 2018, the Margaret Stainton Endowment Fund has provided ten nurses at Lakeridge Health with important funds to help them further their education.

In May 2019, during Nursing Week, seven nurses pursuing a number of educational goals from a Masters in Nursing, to certifying as a Diabetes Educator for paediatric patients, received bursaries thanks to the generosity of the Margaret Stainton Endowment Fund. A longtime donor with Lakeridge Health Foundation, Maraget is a retired nurse who worked at the General Motors plant in Oshawa for 26 years. “It means a lot to me to see my donations directly helping nurses advance their career and I always look forward to attending the nursing awards ceremony to meet the recipients. It’s nice for me to know I can help them take courses and training while also alleviating the financial burden that can make it difficult for some.” The nurses who received funding for their education in 2019 include:

Stephanie Donis
RPN, Geriatric Rehab Unit

Jenna Duncan
RPN, Post Acute Speciality Program

Joanne Good
RN, Paediatrics

Jeanile Lelievre
RPN, Post-Acute Speciality Program

Roisin Sorenko
RN, Kidney & Dialysis Clinic

Laura Wood
RN, Surgery Department

Jiun-Yi Zullo
RN, Emergency Department



“I have worked at Lakeridge Health Oshawa since 1995 in urology, dialysis, geriatrics, coronary step-down, then ICU/CCU. I wanted a change and decided to try oncology - I love it so much! The bursary helped me take three courses. I am very grateful for the bursary from the Margaret Stainton Endowment Fund!”

– Christina, 2018 bursary recipient

Forever Grateful to You

Endowment Funds provide an impact now, and into the future

Endowment funds are a deeply personal and impactful way of addressing the immediate and long-term needs of our Hospital. When you commit to an endowment fund with Lakeridge Health Foundation, you provide the ongoing gift of top quality health care for the many individuals and families from the Durham Region and beyond. Your funds are invested through the Foundation in perpetuity, and the annual income generated is used to support our vital programs. As a result, your gift continues to give, year after year.

Endowment funds can be designated to a specific area of the Hospital, vary year to year or be directed to our Hospitals’ highest priority needs. No matter your choosing, the value of your gift will be maximized over time, affecting the future of our community for generations to come.

We want to thank those individuals, families and Foundations who have established Endowment Funds with us:

- Dr. Hak Ming Chiu & Deborah Chiu Education & Research Award Endowment Fund
- Herman Kassinger Foundation Endowment Fund
- Anne and Charles Morison Endowment Fund
- Beryl Soldin Endowment Fund
- Margaret Stainton Endowment Fund

In 2019, these Endowment Funds provided the following grants to fund important initiatives at our Hospitals:

Dr. Hak Ming Chiu & Deborah Chiu Education & Research Award Endowment Fund
Cancer Research & Education

\$1,000

Two research and education awards

Beryl Soldin Endowed Fund
Cancer Program

\$3,000

Provided new elevator chairs for patients at our Cancer Centre

Margaret Stainton Nursing Bursary
Academic Affairs

\$4,000

Towards seven nursing bursaries for our Hospitals

Circle of Gratitude

Entering a new decade means a chance to look back with gratitude on the people and the moments that have contributed to health care in our community.

When a patient, family member, or friend, wishes to express thanks to a member of our Hospitals’ staff, or to an entire team, the Circle of Gratitude program gives them a chance to say thank you while supporting our entire community. With a Circle of Gratitude donation, the honoured staff member receives a thank you card with a personalized message from the donor in addition to an exclusive pin as a physical reminder of their appreciation. When a team or a unit is recognized, they receive a certificate in lieu of a pin that they can display proudly for their team and patients.

For patients at our Hospitals, the Circle of Gratitude program is a sincere way to express thanks in honour of the care they received from Hospital staff and volunteers.

After surviving a minor heart attack, Sally was treated at the Oshawa Hospital under the care of Dr. John Callow and his team. Appreciative of the compassionate care she received, Sally generously donated back to the Hospital through the Circle of Gratitude program in honour of Dr. Callow.

“During my stay at the Hospital, it was impossible not to notice the devotion [the staff] had to myself and the others with me,” shares Sally. “I truly love those who devote so many hours, with humility and patience, to the preservation of life.”

For staff at Lakeridge Health, the Circle of Gratitude program is a wonderful way to acknowledge their staff teams, or, to feel validated for the tremendous work they do each day.

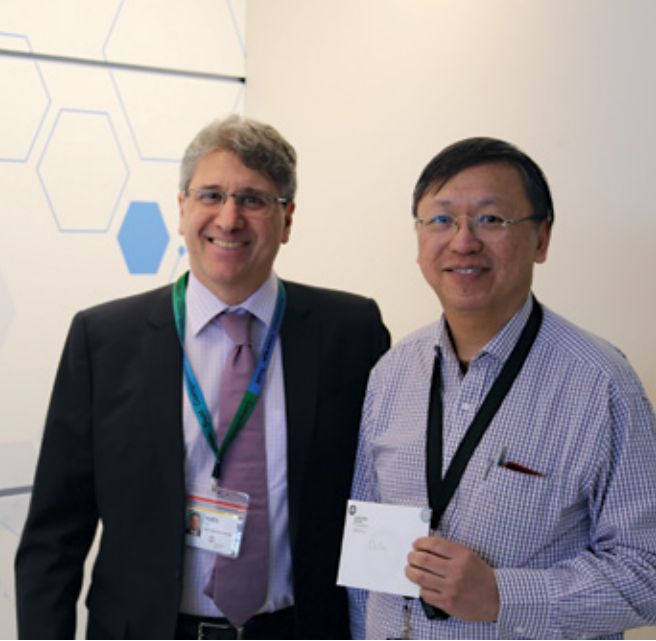
Michelle supports the rehabilitation team at our Whitby Hospital. While Michelle receives gratitude from her patients in person, she felt truly touched when she received her first Circle of Gratitude recognition.

“When you get recognition from patients, it is what makes you realize you’re truly making a difference. My Circle of Gratitude moment will always stand out in my career.”

Since 2017, patients, family members and friends have expressed their gratitude for Hospital staff, units and teams through generous donations back to Lakeridge Health. In total, the Circle of Gratitude program has raised over \$52,000 in support of our Hospitals here in Oshawa and Whitby. Today, we are thankful for those who have taken the time to share their appreciation of others by giving back to our community.

“It meant a lot to me for someone to donate to our Hospital. The woman who recognized me...she spent her career working at Lakeridge Health and then she received care here. I know she sees the value in what we do.”

– Katie, Physiotherapist, Lakeridge Health Oshawa Circle of Gratitude Recipient



“Dr. Freedman, to us, was a real doctor that truly cared. She was positive even though we knew it was a losing battle for Carolynn. It was a very sad time for all of us, but the team at Lakeridge Health really helped make the best of a difficult situation. They gave so much to us, I can’t even express. It was like a family when they were doing chemotherapy. I had to do something to thank them for looking after Carolynn.”

– John, Grateful fiancé of the late Carolynn Brush, treated for breast cancer at Lakeridge Health Oshawa Circle of Gratitude Donor

Dr. Julie Frances



Personal Fundraising

In Memory of Hugh Martin



Each Father’s Day, we have an opportunity to thank the men in our lives for all that they have done for us over the years. Even when our fathers are no longer physically here to embrace us, Father’s Day is a chance to share our gratitude and to remember all of the qualities that make them truly unique.

In 2019, Greg celebrated the memory of his father, Hugh Martin, by creating a personal fundraiser. Through his online fundraising page, Greg collected donations to support cancer care at our Hospital for future families going through a life-changing diagnosis.

Here, Greg shares some of his personal memories of his father and why giving back to his Hospital meant so much to him and to his family:

“My father, Hugh, passed away in September and will always be lovingly remembered by his children, grandchildren, his wife, siblings, nieces, nephews, and many friends.

In the summer of 2018, my father was diagnosed with cancer. The news was tough for all of us and the cancer progressed quickly.

In his last few days, the care he received at Lakeridge Health truly made things as easy as they could be for both my father and for my family. Everyone showed compassion and care while we said our last goodbyes to a man who made all of our lives so much better.

In 2019, I dedicated my annual CN Tower Climb to the memory of my father, raising funds to support the Hospital that helped us. My Dad always appreciated things being done for him and he was all for giving back, that was just something he did.

Each Father’s Day, I cherish the many wonderful memories I have of my father. My family and I still celebrate his passion for music, his humour, his life lessons, his love of family and the joy he found in sitting on the porch of his Florida home to enjoy the sun set.

Hugh Martin was an amazing individual, and it’s hard to find someone with his generosity, personality and kindness. Hugh was my father, and you couldn’t have asked for a more perfect Dad. We’ll always remember him.”

–Greg

You too can create your own personal fundraising page. Share your story and support your Hospital. Start today at www.yourlakeridgestory.ca

Community Event Profile

Band members present proceeds from their second annual live-music event *Dramapalooza* in support of cancer care.



Rocking for a cause is truly the energy of *Dramapalooza*, an annual live-music event organized by Durham Region’s own, Drama Queens.

The band members are pictured above Rob Britton, guitarist; Chris Baker, drummer; Ian Conboy “conman”, rhythmist and vocalist; Bob Morrison, guitarist and vocalist; Darryl Pijeau, the Drama Queens’ biggest fan and manager; and Yves Gadler, CEO of the Lakeridge Health Foundation. Chris Arsenault, bass player for the band was absent for the photograph but a key organizer of the successful *Dramapalooza* event.

In 2018, Drama Queens Rob, Chris, Ian, Bob, Darryl and Chris, combined their love of live performance with their commitment to our community. A summer afternoon gathering of fellow musicians quickly became a large backyard gathering of performers and guests, rallying together to rock, and raise money for cancer care.

After their first success, the Drama Queens returned to the stage, with

their wives, families, friends, and local businesses behind them, to put on another energetic event. *Dramapa2ooza* took place this summer, on August 24, 2019 with an even larger crowd, and even more funds raised to support Lakeridge Health’s cancer care services.

With 1 in 2 Canadians being diagnosed with cancer in their lifetime, it is vital for cancer care services to be available here in the Durham Region, close to home. While many of us have been touched by cancer, meeting with the Drama Queens revealed that you do not have to go far to find a cancer connection. For Rob, his mother, brother, and step-mother have all been touched by cancer, deeply affecting him and his family. And for Bob, the connection runs even deeper as he himself experienced first-hand cancer care services offered at Lakeridge Health. At just 40 years old, Bob was diagnosed with colon cancer. Treated at Lakeridge Health, Bob continues to champion support for others touched by cancer care through events like *Dramapalooza*.

On event day this summer, the Drama Queens were joined on stage by fellow performers:

O’Connor & Duffy
Jamie Lopes
Mark Goertzen
Rabid Era
Phoenix Rising
Reason to Read
Broke Body

Lakeridge Health Foundation is grateful for each member of the band, and for all of the support they received from family and friends alike. Thank you, Drama Queens, for supporting other families in our community touched by a life-changing diagnosis of cancer.

If you are interested in supporting Lakeridge Health Foundation through your own community event, reach out today! Connect with us at [\(905\) 430-4339](tel:9054304339) or foundation@lh.ca

Drive4Dollars

This past spring, vehicle dealerships from across the Durham Region proudly revved up funds for cancer care in the community. Over a ten-day period, Durham dealerships drove Lakeridge Health Foundation's Drive4Dollars initiative. During Drive4Dollars, proceeds from every vehicle sold at participating dealerships went towards funding for cancer care services at Lakeridge Health.

Now in its third year, Drive4Dollars continues to grow with the generosity of new partners and the dedicated commitment from the original drivers of the campaign. The business-driven fundraising initiative is thriving and in 2019, partners of the event proudly presented a grand total of \$32,385 to the Lakeridge Health Foundation in support of cancer care.

Through partnerships between the Lakeridge Health Foundation and Durham's local dealerships, donations from Drive4Dollars ensure that critical cancer care services are available at Lakeridge Health to the people who need it most.



Giving Tuesday

Each year, our email inboxes, radio stations, and newspapers are busting with advertisements for Black Friday and Cyber Monday in a push to purchase material objects on sale or in anticipation of the holiday season. The Tuesday following these commercial days marks a special occasion.

Giving Tuesday is an international day of charity which encourages people to give back towards a cause that matters to them. Every year, on Giving Tuesday, Lakeridge Health Foundation takes the opportunity to express gratitude for those who share the spirit of philanthropy throughout the year. During our annual Giving Tuesday ceremony in 2019, we recognized local champions of our Hospitals.

In 2019, we recognized:

Patti Marchand, Clinical Director of the DRCC with the Hospital Champion Award

Fish4Charity event founders and volunteers with the Community Champion Award

Moda & Cappuccino event founders and volunteers with the inaugural Community Achievement Award

Our new award recognizes community groups or events that have championed a decade of awareness and support for Lakeridge Health Foundation.

Thank you to each of our Giving Tuesday recipients and to everyone in our community that chooses to support local health care throughout the year.

Keeping Charity in Season, Month After Month

Monthly donations are a powerful way for you to give. Our community relies on the Hospital for exceptional care when you need it most.

As a monthly donor, you'll know your consistent support is providing our Whitby and Oshawa Hospitals, with the important funding our staff and patients need each and every day.

Your monthly gift multiplies quickly—just \$15/month can add up to \$180 a year—which helps even more people living in our community.

Hear from some of our most dedicated monthly donors whose commitment means supporting health care year-round:

"I'm growing older and Lakeridge Health is a fine hospital and I want to ensure it's there for me if I need it. I hope I won't need to go there anytime soon though! I like to give monthly because it's an easy and convenient way to give."

—Barbara Lakeridge Health Foundation monthly supporter for 18 years

"You never know when you might need the Hospital, but I support because I want it to be as good as possible when you do!"

—Marion Lakeridge Health Foundation monthly supporter for 6 years

"I'm very appreciative of the good work at Lakeridge Health—it's an excellent facility and I've always had the best of care."

—Joseph Lakeridge Health Foundation monthly supporter for 7 years



You can support your community today, and every day, as a monthly donor. Start now by connecting at **(905) 433-4339** or **foundation@lh.ca**

Our Strength Comes From Our Community

2,287

New donors



48

Heartfelt messages mailed in from donors



48

New monthly donors



728

Signature event attendees



1

New Foundation baby (and 1 new fur-baby!)



Driven by the strong sense of community you have helped to grow, this year Lakeridge Health Foundation continued to engage, collaborate and impact lives right here in the Durham Region.

\$430K+

Total sponsorship donations



1,000+

Community members subscribe to our monthly e-newsletter *In the Community* (Launched in 2019)



TOP POST

13,066

People reached

3,628

Engagements



Stay in touch with your community! Subscribe to our e-newsletter. Email foundation@lh.ca now.

SMART IV Pumps

SMART Pumps are an updated take on the traditional intravenous pumps that most patients use during a Hospital stay. Like mini-computers, SMART IV Pumps carry a full medication library inside of their super brains and they are programmable to deliver medications, fluids or nutrients specific to each patient.

The new pumps are needed in nearly every department of our Hospital, supplying patients with vital health support including life-changing chemotherapy treatment to cancer patients, and medications to our tiniest patients in our neonatal intensive care unit.

To date, our Hospitals have brought in **35 SMART IV Pumps to our Whitby Hospital and 1,357 to our Oshawa Hospital.** This would not be possible without support from donors.

Clinical Practice Leader, Shauna Rekker, says the impact of this innovative equipment is astounding.

“Each pump has its own brain which is the base computer and with that we are able to gear each pump to the patient’s needs,” Shauna shares. “It offers three different ways to pump medications, nutrients or fluids into a patient where previously you would need one of three different physical pumps.

We are assured of patient safety every step of the way as each pump has a built in safe guard for medication dispersal. It’s like having a virtual pharmacist at the bedside helping nurses and protecting patients!”

In addition to the added safety measures, Shauna touches on one of her favourite features which is the WiFi enabled medication library built into each pump.

“This really allows us to have a consistent drug library across all of Lakeridge Health’s sites. We are able to provide patients with heightened consistent care at each Hospital and the beautiful thing is that they are all connected via WiFi. When there is a change or update to any medication, we can literally just upload the change to one machine and the hundreds of other pumps we have throughout our Hospitals are updated at the same time.”

This new, advanced technology could not have been brought to our Hospitals without support from donors in our community. Thank you.



Donors to the Smart Pump Campaign

\$25,000-\$49,999

Lakeridge Health Whitby Volunteer Services
The W. Garfield Weston Foundation

\$10,000-\$24,999

Bevy of Hope Breast Cancer Foundation
Kamstra Family
Kinsmen Club of Oshawa
O'Regan Family
Oshawa N.A.S.C. Hockey
Rotary Club of Whitby Sunrise

\$1,000-\$9,999

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Stephen Weston and Judith Guimaraes

New Commitments

Lakeridge Health Foundation would like to thank the following donors who have pledged a commitment of \$10,000 or greater during October 1, 2018 to December 31, 2019.

\$250,000+

John and Isabelle Foundation

\$100,000–\$249,999

Douglas Family - CRCS DK1

\$50,000–\$99,999

Anne and Charles Morison

\$25,000–\$49,999

The Carriage House Retirement Residence
Dr. A. John and Lynne Dickie
Herman Kassinger Foundation
Ontario Motor Sales
Dr. Shannon Trainor

\$10,000–\$24,999

Raj and Surat Mathur
O'Regan Family

Annual Donor List

The annual donor list is based on generous gifts received between October 1, 2019 and December 31, 2019.

+ Indicates Monthly/Continuous donors

\$1,000,000+

The Auxiliary of Lakeridge Health Oshawa
Perry Family

\$250,000–\$499,999

Estates of John H. and Mary
Edna Llewella Stroud
William F. Hayball Charitable Foundation

\$100,000–\$249,999

John and Isabelle Foundation

\$50,000–\$99,999

In honour of Tory Butler & Linda Butler
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Whitby Oshawa Honda
Wolfpack Charity Golf Classic
“The Clubhouse”

\$25,000–\$49,999

Estate of Donald G. Blacklock
Vince and Teresa Corvinelli
Douglas Family - CRCS DK1
Herman Kassinger Foundation
Lakeridge Health Radiology Group
Anne and Charles Morison
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Dr. Shannon Trainor
The W. Garfield Weston Foundation

\$10,000–\$24,999

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Violet Taylor +
Town of Whitby
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Estate of George Alexander Watson
Whitby Toyota
Anonymous (3)

\$1,000–\$9,999

4th Annual Oshawa Emergency
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Rosemary White
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Lorraine Young
Anonymous (14)

Thank you to those sponsors who gave \$1,000 or more between
October 1, 2018 and December 31, 2019.

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Financial Summary

January – December 2019

Total Revenue

\$9,407,000

Revenue from Fundraising

\$5,156,000

Revenue from Investments
and Other Income

\$4,251,000

Expenses

\$2,335,000

Grants to Lakeridge

\$1,191,000





*Full financial statements for 18/19 and 19/20 fiscal year (April to March) can be found on our website at www.lhfoundation.ca





Thank you for your support.

Connect with your community.
Connect with us!

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 Lakeridge Health Foundation

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Oshawa, ON L1G 2B9
T (905) 576-8711
F (905) 743-5306

www.lhfoundation.ca
foundation@lh.ca

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Foundation**



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