



Changing Lives

2017/2018 Report to Donors



Lakeridge
Health
Foundation



A message from the Chair and CEO



In health care, everything around us is constantly changing to serve you better. Equipment is upgraded with the newest technology, staff are trained on best practices, and research persistently fights to keep us safe and healthy.

At Lakeridge Health Foundation, we've embraced that momentum and are making our own changes. We hope these will serve you better too.

In this report you'll see we've included events and stories that span from 2017 to the late fall of 2018. That's because we're changing the way we report to you. We're moving to a calendar year Donor Report so that every January you'll receive a fresh account of the past year's successes – driven by your donations. That also means, that the next Donor Report won't be in your hands until January 2020. We promise it will be worth the wait.

Our 2018 Donor Report tells of our new Circle of Gratitude program that gives patients a way to say thanks, a glimpse inside our new 1907 Society for past senior volunteers, and several inspiring community events and donors who continue to champion our cause in Durham Region.

We've also transformed the way we recognize our donors. For the past three years our team has been working diligently to create new donor walls that better represent our donor family, including those donors that gave generously many years ago. Inside this Report, you'll read more about our new donor walls in Oshawa and Whitby.

We're changing internally too. For the first time in over a year, our Foundation is at full complement. Our office

is full and staff are working hard to keep you updated and informed. I hope you've had a chance to meet all of us. If not, we'd love to meet for coffee or bring you on a tour of the hospital.

And then there is you. So much of this change is happening because of you, our donors, and for you, our community. Every dollar that is donated to our Foundation goes towards improving care at Lakeridge Health. It's inspiring and it feels good.

In fact, we all feel pretty good right now thanks to the exceptional donation recently made by the Perry Family. In November of 2018, we announced a remarkable \$5 million donation from Steve Perry, his family, and company Perry Mechanical. Inside you'll read more details about the largest gift Lakeridge Health Foundation has received in the last 15 years, including the inspiring story that prompted the Perry Family to give this exceptional donation.

Every day the Hospital is changing lives and helping families just like Steve's. On behalf of Lakeridge Health Foundation's Board of Directors, our team, Hospital staff and especially our patients - thank you. Together we are changing the way health care is delivered, and ensuring our community has access to the very best treatments and care right here in Durham Region.

Keith White,
Chair, Board of Directors

Yves Gadler,
Chief Executive Officer

1907 Society: Honouring our History



It's no secret that Durham Region has a rich history of innovators, business leaders, and philanthropists. The McLaughlin family, who has deep roots in Oshawa, spearheaded many initiatives to establish and support our local hospital, impacting patients from our community and beyond.

In 1907, Adelaide McLaughlin sparked a life-long commitment that encouraged residents to support local health care, and the Oshawa Hospital Women's Auxiliary was formally established. Throughout that summer, the Auxiliary members went door to door, fulfilling their first fundraising goal of \$1,000. On October 5, their funds purchased over two acres of land for the building of the hospital.

A formal foundation for the Oshawa Hospital was created in 1975 and just four years later, the Whitby General Hospital Foundation was formed. Later in 2013, the two Foundations merged to become

Lakeridge Health Foundation.

Since our inception, there have been many hard-working volunteers with a common cause to raise funds for our hospitals. The 1907 Society is an exclusive group of individuals who have dedicated their time, then and now, for the betterment of health care in our community.

Adelaide McLaughlin's vision from over 100 years ago is still being felt by people across our community today, and we're proud to celebrate this history during our annual 1907 Society Reception. Because of member support, which includes former board of directors, trustees, and campaign cabinet members, the 1907 Society continues to honour our history by making strides in health care today.

Leaving a Legacy to Help Future Generations



Jane Froese is the epitome of a hard worker. She's a Research Associate at Lakeridge Health – but like many people, had re-entered the workforce after several years of raising her children.

"I started working part-time at Lakeridge Health seven years ago when I was fresh out of school. After 13 years of being a stay-at-home mom, I needed to find work to support myself and my three kids," Jane explains.

The hospital has always been there for Jane; as her employer, but also as a care provider when Jane needed multiple day surgeries and a few trips to the Emergency Department.

"It's always interesting to see the hospital

through the patient lens instead of the employee lens, and I paid attention to those experiences," says Jane. "I realized that Lakeridge Health staff aren't just a distant group of decision-makers, but that from big job titles to small, we were all a team dedicated to the same goal of excellent patient care," she says.

Those positive experiences at the Hospital left a lasting impression on Jane, and when it was time to decide which organization to consider in her will, Lakeridge Health was top of mind.

"The main reason I chose Lakeridge Health for legacy giving was trust – trust in the organization, the leadership and Lakeridge Health Foundation to

“

I've worked hard for what I have. That's why I chose an organization that I trusted to use my gift to benefit patient care.

”

appropriately allocate my gift to benefit patient care. I share the same values as the hospital, and it's important to me to have those when gifting something I've worked hard for," Jane says.

Jane has arranged for the Foundation to receive a financial gift upon her passing. Gifts like Jane's, such as stocks, endowments, and RSP's will help deliver excellent health care - every moment of every day - to the thousands of Durham residents who turn to Lakeridge Health.

Signature Events

Golf Classic

On July 17, 2017, over 180 golfers and volunteers came out to support local health care at Lakeridge Health Foundation's 18th Annual Golf Classic. Thanks to their generosity, over \$202,000 was raised for the building and re-outfitting of the Oshawa hospital's new Interventional Radiology suite.

The 19th Annual Golf Classic continued this success on July 9, 2018 at Wyndance Golf Club. Thanks to all of our generous sponsors and golfers, we raised over \$216,000 for the R.S. McLaughlin Durham Regional Cancer Centre!

To date, the tournament has raised over \$2.4 million for Lakeridge Health.



2017 Winners



2018 Winners

2017 Golf Committee

Colleen Hill, Co-Chair
Mike Hill, Co-Chair
Neil MacLeod, Co-Chair
Travis Cook
Chris Keillor

Norm Mackie
Sean McEnaney
Tofiq Mohiuddin
Rob Norwood
Tammy Patten

2018 Golf Committee

Mike Hill, Co-Chair
Rob Norwood, Co-Chair
Neil Clarke
Travis Cook
Chris Keillor

Norm Mackie
Neil MacLeod
Tofiq Mohiuddin
Scott Willman

Annual Gala



Among the most sought-after events east of Toronto, Lakeridge Health Foundation's 2017 Gala was an exclusive red carpet affair that hosted over 450 guests at the Ajax Convention Centre. Thanks to the generosity of our sponsors and attendees, the Foundation raised over \$269,000 in proceeds for Lakeridge Health's new Interventional Radiology Suite.

On October 13, 2018, Lakeridge Health Foundation transformed the Enterprise Airlines private hangar at the Oshawa airport for a truly unique and elegant gala experience for over 450 guests. The *Hope is in the Air* Gala was an incredible event, complete with a gourmet meal, silent and live auctions, a live painting completed on stage by Tim Packer, and much more! Thanks to the generous support of our sponsors and guests, we raised \$244,000 for cancer care at Lakeridge Health. The R.S. McLaughlin Durham Regional Cancer Centre can continue to provide high quality care – close to home.

2017 Gala Committee

Angel Van Leeuwen, Chair
Robin Burns
Sharon Cochran
Sandra Deering
Vicki Deighton
Helen Gibson
Mary Ann Goldhawk
Debby Kryhul
Monique Lea
Audrey MacInnis
Wanda Nippard
Melanie Pringle
Joe Sanders
Lesley Taafe
Marianne Tracey

2018 Gala Committee

Vicki Deighton, Co-Chair
Mary Ann Goldhawk, Co-Chair
Robin Burns
Helen Gibson
Bianca Fera
Debby Kryhul
Karey Large
Wanda Nippard
Tracy Pigott
Joe Sanders

Young Leaders

Create one-of-a-kind Event in North America

In 2016, Lakeridge Health Foundation created a young leaders group called *Launchpad* to give rising professionals a fun and rewarding opportunity to get involved with the Foundation and Hospital. The group became an overnight success and is now led by a committee with ten executive members and three advisors. The men and women of *Launchpad*, all of whom live in Durham Region, have made an immediate impact on patient care at Lakeridge Health through unique fundraising events and community initiatives.

No pressure. Just blood pressure.

Launchpad's signature event, *Nightshift*, has run for two consecutive years, and is North America's first and only medical simulation challenge open to the public. Teams take part in fun medical training exercises and act as doctors for the evening. Each of the 16 teams is paired up with a Lakeridge Health medical expert who guides them through realistic medical scenarios in one of our state-of-the-art simulation labs. Each scenario is judged and scored using strict criteria such as teamwork and enthusiasm. It's a lively competition that has sold out year after year.

This year's celebrity judges included Dan O'Toole from TSN's SportsCentre and Mika Midolo from CP24. Teams raised funds that were matched by the Durham Regional Police Association up to \$10,000! We're very happy and proud to report that since 2017 the event has raised over \$44,000 for cardiac monitors and other equipment needs in the Paediatrics Department at Lakeridge Health Oshawa.





Local car dealerships put your health in the driver's seat!



For two consecutive years, local car dealerships joined forces in July to raise funds for the Foundation through an initiative called *Drive4Dollars*. In 2017, each participating dealership donated a portion of the proceeds from every vehicle sold to help complete our \$5 million Interventional Radiology campaign. This partnership with local car dealerships resulted in a \$1 million collaborative gift! In 2018, over \$15,000 was raised for the R.S. McLaughlin Durham Regional Cancer Centre. We're extremely proud to have such wonderful relationships with these community leaders and to be part of such incredible accomplishment.



The following dealerships revved up their support for the very best health care, close to home:

2017

- Clarington Hyundai
- Drive Auto Group (Acura Pickering/ Midway Nissan Whitby)
- Durham Kia
- Endras Automotive Group (BMW, Mini, Lexus, Infiniti, Volvo, Jaguar, Land Rover)
- Fraser Auto Group (Fraser Ford/Fraser Chrysler)
- Gus Brown Buick GMC
- Marigold Ford Lincoln Sales
- Mercedes-Benz Durham/Zanchin Auto Group
- Nurse Chevrolet Cadillac Ltd.
- Ontario Motor Sales Chevrolet Cadillac
- Owasco Audi and Volkswagen
- Whitby Oshawa Honda
- Whitby Toyota



2018

- Clarington Hyundai
- Drive Auto Group (Acura Pickering/Midway Nissan Whitby)
- Durham Kia
- Gus Brown Buick GMC
- Endras Automotive Group (BMW, Mini, Lexus, Infiniti, Volvo, Jaguar, Land Rover)
- Marigold Ford Lincoln Sales
- Mercedes-Benz Durham/Zanchin Auto Group
- Nurse Chevrolet Cadillac Ltd.
- Ontario Motor Sales Chevrolet Cadillac
- Owasco Audi and Volkswagen
- Whitby Oshawa Honda

Hockey Hair Helps Fight Cancer

Yianni Karkoulas isn't like most kids. For four years, the major peewee AAA hockey goalie from Bobcaygeon committed to growing his hair in the name of cancer care. His father, John Karkoulas, owner of City Wide Taxi was Yianni's inspiration.

"My dad grew his hair for cancer a few years ago, so I was thinking about doing it. But when my grandmother passed away from cancer, I knew I had to do this now so I started growing my hair," Yianni explained.

In fall 2017, he set an ambitious goal of raising \$10,000 for the R.S. McLaughlin Durham Regional Cancer Centre. He knew he could do it if he spread the word and enough people donated. "I asked my family to donate first, then I posted about it on my Instagram and my hockey team started supporting me and spreading the word too."

By Christmas, Yianni not only met his goal – he exceeded it by raising \$11,075! These funds have helped update equipment that Lakeridge Health oncologists rely on every single day to provide high-quality patient care.



"Knowing people in our community support us and want to help us do our jobs is an amazing feeling, especially when it's such a young supporter like Yianni," Dr. Ariah Schattner says. "Having young philanthropists dedicated to the hospital speaks volumes to our community and makes me proud to work here."

Reminiscing about his fundraising, Yianni was fast to explain his hopes for others. "It was a fun experience overall, but I really wanted to encourage others to do the same and for people to understand it doesn't matter how old you are you can still make a difference."



Circle of Gratitude



In April 2017, Lakeridge Health Foundation launched a grateful patient program called *Circle of Gratitude*. The program provides patients and their loved ones with an opportunity to recognize Lakeridge Health staff and volunteers by making a donation in their honour.

When a *Circle of Gratitude* donation is made, the honoured staff member will receive a thank you card with a personalized message from the donor, as well as an exclusive *Circle of Gratitude* pin as a physical reminder of their appreciation. If a team or unit is recognized, they receive a certificate in lieu of pins.

"I don't expect gratitude from my patients and their families because in my opinion, patients in the DRCC are dealing with a tremendous amount and have the right to focus exclusively on their issues. Having said that – it is human nature to enjoy hearing the occasional "thank you." For me, *Circle of Gratitude* is that "thank you" and every time I look at the pin on my ID badge, I smile," Dr. Ariah Schattner, Oncologist at the R.S. McLaughlin Durham Regional Cancer Centre explains.

In the first year and a half, 85 unique recognitions took place in Oshawa and Whitby hospitals, including 56 staff members and 29 teams! As a result, Lakeridge Health Foundation has received almost \$19,000 in donations for high priority needs in Oshawa and Whitby.



Thoracic Surgeon has Lifelong Passion for Helping Others



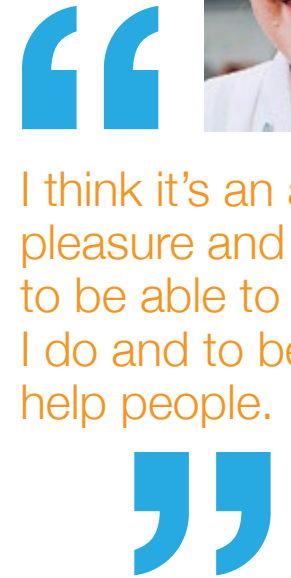
For Dr. Shannon Trainor, her ambition in medicine started early. So early in fact that her parents say Shannon's first word was "doctor." Growing up in Prince Edward Island, Shannon had a humble upbringing, with many of her relatives – including her parents – involved in health care. Her mother was a part of their local hospital foundation, and her father was a doctor. "My dad would dress me up and take me to the hospital on Sunday's when he made rounds on his patients. A lot of my relatives are physicians – so it's in the family." Shannon explains.

Although she knew being a doctor was her destiny, it wasn't always surgery that she had her heart set on. "Since I was a kid I wanted to be a paediatrician, but after I did a surgical rotation in medical school it was just instantaneous; it really ignited a spark in me and that's when I knew I wanted to be a surgeon," Shannon says. "I work really well with my hands, so it was exciting to be able to see a problem and be able to fix it." She credits her excellent hand-eye coordination to playing video games, something she loves to do when she visits

her niece and nephew back in PEI. "Most of what we do now is minimally invasive surgery so it's very much being able to look at a monitor and see what you're doing with fine hand movements. It's really revolutionary in surgery."

Lakeridge Health is home to three highly skilled thoracic surgeons, including Dr. Trainor, Dr. John Dickie, and Dr. Armen Parajian. They specialize in surgical procedures of the lungs, esophagus, and other organs in the chest, a specific type of surgery that's not available in every hospital. "I gravitated towards cancer care because I was really intrigued by trying to not only help people but hopefully curing them of such a serious disease like lung cancer. I was drawn to Lakeridge Health in particular because of its excellence – I have wonderful colleagues and phenomenal equipment. Everyone who works here is dedicated to what they do, we all want to help people, and our patients don't have to go anywhere else for healthcare."

Dr. Trainor is a yoga teacher whose positive attitude and passion to help people



I think it's an absolute pleasure and a privilege to be able to do what I do and to be able to help people.

is evident in her work, and her patients have noticed. She has received two *Circle of Gratitude* recognitions for her compassionate care. "It means the world to me to know my patients have honoured me through this program. It's remarkable that they're giving back to the institution that has tried to help them along their cancer journey. I'm very grateful because we try very hard to take care of people and make their experience here at Lakeridge Health the best that we can."

Dr. Trainor lives and works in Durham Region, and her roots of volunteerism and community are evident. She also sits on the Foundation's Development Committee. "I love our community because we live in a very diverse place, we have phenomenal restaurants, activities, sports, and we have an amazing health care facility. I was brought up with the kind of attitude that if you don't support the local hospital it might not be there for you if you need it someday. I'm very proud to support my local hospital and to be able to donate to the Foundation is something that's very important to me."

When Giving Feels Good

The Perry Family makes extraordinary \$5 million donation to Lakeridge Health

Since the turn of the century, the Perry family has been a cornerstone of this community. For Steve Perry, majority owner of Perry Mechanical and his sister Lisa, that rich history started in 1901 when their grandfather was born in Oshawa. In 1929 Steve's father was born at the Oshawa Hospital followed by Steve and the rest of the Perry family, including his sister Lisa, sons and two grandchildren.

The family also set business roots in the area beginning with Harry O. Perry Fuels in 1932, as well as Prairie Plumbing, now sold, and Perry Mechanical. Today, Perry Mechanical provides service to over 80,000 residents all over Durham Region as an Enercare franchisee.

The Perry family has become an integral part of the community. As employers, residents and donors to the hospital, Durham Region holds a special place in their hearts and the health of our community remains one of their top priorities.

Personally, the Perry family feels indebted to the Hospital for the care their late son, Chris, received during his battle with anorexia and bulimia. "My eldest son struggled for eleven years," remembers Steve. "We were in and out of the hospital as many as 50 times so he could receive treatment to boost his electrolytes."

When Steve looks back on that time, he fondly remembers the doctors and nurses that cared for Chris. "They treated him with respect and dignity despite his conditions. Every single time they saw him they cared for my son with compassion. That impressed me."

Steve was compelled to give back in any way he could. He joined the Foundation as a donor and volunteer fundraiser for the



Perry Mechanical Team

Setting the Pace Campaign and continued holding volunteer roles for Keeping the Pace and Heroes of Hope campaigns, the last of which helped fund the building of the R.S. McLaughlin Durham Regional Cancer Centre. Over the last twenty years the Perry family has donated over \$400,000 to various areas in the hospital including diagnostic imaging, paediatrics and interventional radiology.

But his most recent gift, one matched by Perry Mechanical, is a realization of something Steve said to his wife many years ago. "When my son was going through everything, and we knew we were going to lose him, I told my wife that one day, when we're able, we would personally donate one million dollars to the hospital. They were so good to Christopher. I will never forget that."

In 2017, Steve approached Lakeridge Health Foundation with



his intention of doing just that and more – an incredible \$5 million donation from his family and Perry Mechanical. "I said if I can do it then the company can do it too," says Steve. "I wanted to make it a significant gift to my hospital and the excitement I received from our employees when I told them made it that much more rewarding."

Joanne Botticella, District Manager & Director of Operations, Durham East at Perry Mechanical is also a long-time Durham Region resident. "I was so happy when Steve told me his plan. I think I speak for everyone on staff when I say we're proud to be a part of this gift to the hospital. Cancer touches a lot of people so I think this donation is going to help the entire community, our community."

The \$5 million gift is the largest donation Lakeridge Health Foundation has received in the last 15 years and one of the biggest in our history. "The Perry family is an outstanding example of the community spirit we see in Durham Region," says Yves Gadler, CEO, Lakeridge Health Foundation. "Steve in particular has played a significant role in the history of our Foundation and Hospital. His generosity both as a volunteer and donor has and will continue to make a remarkable impact. Oh behalf of our entire hospital, its staff

and patients, I want to thank the Perry family and the dedicated employees of Perry Mechanical for their generous gift."

A large portion of this donation will support the R.S. McLaughlin Durham Regional Cancer Centre. The Centre, which was designed in 1999 and completed in 2007 is undergoing significant renovations to improve patient flow and safety as well as increase clinical space. As cancer treatment and care changes, so does the technology required to keep up.

"I was part of the volunteer team that brought our current Cancer Centre to life. Like any good business, we have to keep pace with the needs of our growing community," says Steve. "Our hospital, and what's inside it, needs to grow too. We already feel like we have the best Cancer Centre in Ontario. It's time to let others know it too!"

Steve hopes his gift will inspire others to do the same, "I really enjoy being a donor because it feels good to give. I'm a huge believer in giving back to the community and the community has been great to us. I hope my story rubs off on a lot of people. If you're thinking about making a donation, know that you are going to help so many people, and yourself. I hope everyone who can give will help in some way."

Great Care Happens Here. And we Want to Say *Thanks*



Randy Nickerson, Snapd Oshawa



Steve Mills, Snapd Whitby



Lakeridge Health Foundation has completely transformed the way we recognize our donors. For three years, our team worked tirelessly on the creation of three new donor walls – two in the Oshawa Hospital, and one in the Whitby Hospital. These beautiful one-of-a-kind art installations are tokens of our appreciation to you, our donors, for your commitment to improving health care in our community. To celebrate these project milestones, we hosted two unveiling events in October 2018 to give donors, hospital supporters, staff, and patients the opportunity to share in our excitement.

“The completion of this incredible project marks a very significant moment in my career,” says Yves Gadler, CEO Lakeridge Health Foundation. “It’s hard to put into words my gratitude for our supporters and their ongoing commitment to our Hospital sites. We truly couldn’t do our work without them, and I hope these donor walls show just how grateful we are.”

The east wall of the Oshawa Hospital’s main lobby was completely taken over by the new donor wall, with a larger-than-life photo collage that showcases real patients and staff from Lakeridge Health. This space

represents the individuals, organizations, and events who have donated \$10,000 or more since 2013 to Lakeridge Health Foundation, in benefit of both the Oshawa and Whitby Hospitals. A smaller, historic donor wall was installed in the north entrance corridor to pay tribute to our past supporters who had previously given up to \$9,999 and were recognized on other donor walls. It’s important to Lakeridge Health Foundation to not only cherish our current supporters, but to appreciate and honour our past as well.

Similar design elements were used for

the Whitby donor wall to create a cohesive look between both Hospitals. There are two distinct parts, first recognizing those who have made a historical impact on health care in our community, as well as current individuals, organizations, and events who have donated \$10,000 or more to Lakeridge Health Whitby.

If you would like to learn more about Lakeridge Health Foundation’s donor walls, and how you can be featured, please contact a member of our Stewardship Team at 905-433-4339.

Celebrating our Volunteers

National Volunteer Week was April 15 – 21 2018, and to celebrate, the Foundation hosted its Annual Volunteer Reception to recognize and thank all the volunteers who dedicate their time in support of their local hospitals.



Exclusive Donor Event Serves Brunch and Hospital Updates

Lakeridge Health Foundation hosted its 4th Annual President's Brunch on May 24, 2018. Donors enjoyed a delicious brunch, Matt Anderson, President and CEO of Lakeridge Health, provided an update to donors on how their gifts are impacting health care in the community.



Stay Calm and Thank-a-Thon

At Lakeridge Health Foundation it's important to us for our donors to know how grateful we are for their support and generosity. On February 28, 2018, the Foundation hosted its inaugural thank-a-thon. Foundation board members, volunteers, and staff all participated with a goal of calling and thanking 400 donors in two hours. We're thrilled to have exceeded that goal by connecting with nearly 600 donors!



Foundation Honours Hospital & Community Champions on Giving Tuesday

After shopping on Black Friday and Cyber Monday, millions of Canadians from across the country have joined a movement dedicated to giving back. November 28, 2017 marked Giving Tuesday, a national day that encourages supporting a cause that is important to you.

This year, Lakeridge Health Foundation took the opportunity to give thanks and celebrated two very important advocates for the hospital. The Community Champion and Hospital Champion Awards are presented to worthy recipients who have demonstrated an outstanding commitment to Lakeridge Health. The Community Champion Award was given to long-time supporter Gus Brown and his team at Gus Brown Buick GMC in Whitby. Over 60 smiling employees were honoured at the dealership on Tuesday – their organization has helped support Lakeridge Health for over 22 years.

"We're thrilled to be recognized by

the Foundation today," Gus Brown said. "Supporting Lakeridge Health over the years has been extremely important to us. Our charity golf tournaments have raised over \$1 million to support the hospital and the Cancer Centre - we're happy to be a part of such a special cause in our community."

Having community partners like Gus Brown is critical to the success of Foundation activities and campaigns. "Their help and support truly is monumental to the work the Foundation does," Yves Gadler, President and CEO of Lakeridge Health Foundation explained. "It's our pleasure to be here today and to say thank you for everything they have done."

The celebrations continued into the afternoon at Lakeridge Health in the LHEARN Centre, where the Foundation presented their Hospital Champion Award to advocate, retiree, and friend of Lakeridge Health, Lydia Antalfy.



Her dedicated involvement in the Foundation's Interventional Radiology campaign, as well as her long-time volunteer work has become unrivaled.

"We couldn't have done it without her," Dr. Soania Mathur, Chair of Lakeridge Health Foundation Development Committee said. "We're so incredibly grateful for having an advocate like Lydia; today's celebration is just a small token of our appreciation."

Supporting the hospital through various Foundation campaigns, events, and initiatives are all effective ways to give back – something which is very important to Lydia.

"I always felt like it was my duty as an employee of Lakeridge Health to support the Foundation," Antalfy said. "Giving back to the hospital is something that benefits everyone."



Hospital Staff Win Big While Giving Back

Payday lottery is a Foundation run lottery that's open to staff, volunteers, and physicians at Lakeridge Health. It launched in May 2014 as a method of raising funds internally, originally being a 50/50 draw. Over the past few years, its capacity and popularity has quickly grown from 750 tickets to 2,300 per draw! There are currently over 900 registered participants, with proceeds benefiting high priority equipment needs at Lakeridge Health Oshawa, Whitby, Port Perry and Ajax/Pickering.

The draw is held every two weeks at Lakeridge Health Whitby and 10 lucky



winner are announced with their prizes totalling \$2,500. The grand prize winner takes home \$1,200! Tickets are just \$5 each or 3 for \$10 up to a maximum of 9 tickets for \$30 per participant. Currently 4 of the 5 Lakeridge Health hospitals are

participating as beneficiaries of the lottery proceeds.

Total proceeds in 2017-2018 reached \$205,000! These funds supported high priority needs at Lakeridge Health Oshawa, Whitby, Port Perry and Ajax/Pickering.

Oshawa Centre “Spreads the Warmth” for Patients Over the Holidays

Last winter, we partnered with the Oshawa Centre to help comfort those who had to stay in the hospital over the holidays. The OC Holiday Truck was stationed inside the mall for over a month and accepted \$15 donations from the public to provide blankets to patients that helped make their stay a little more comfortable.

On Thursday, December 21, Oshawa Centre staff visited Lakeridge Health hospitals to deliver over 1,000 blankets to several departments, including; Paediatrics, Dialysis, and Palliative Care.

“We are very grateful for our longstanding partnership with the Oshawa Centre,” says Yves Gadler, CEO of Lakeridge Health Foundation. “This new ‘Spread the Warmth’

initiative has brought a lot of comfort to those who are spending the holidays in the hospital.”

For 25 years, the Oshawa Centre has been partnering with the Foundation and has raised \$658,000 to date for high priority needs in several departments at Lakeridge Health. The “Spread the Warmth” campaign is the first time the Oshawa Centre has done a fundraiser of this scale.

“It has been incredibly rewarding supporting Lakeridge Health Foundation and our community hospital all these years as it benefits everyone in Durham Region,” says Chris Keillor, General Manager at Oshawa Centre. “Having the OC Holiday Truck at Oshawa Centre has been inspiring to see

the generosity of our shoppers over the holiday season.”



JoAnne Swaine: Life after cancer & finding her tribe

In 2015, JoAnne Swaine was diagnosed with stage 3 breast cancer. The 44 year old mother of three began a difficult journey, but with her husband Dave by her side every step of the way, she conquered this terrible disease.

“We recently returned from celebrating our 25th wedding anniversary,” JoAnne said. “We took a 13 day river cruise in Europe, and it was absolutely amazing. We walked over 10km each day which really helped build up my stamina.”

Only 18 months after her last treatment, JoAnne was feeling the best she had felt in a long time, and in January 2018 decided to have reconstructive surgery.

“Looking back on my experience at Lakeridge Health, I was impressed that my doctor treated me for more than just the cancer. She looked beyond the disease and was willing to treat all of me – which I was very appreciative of.”

In addition to the support of her family and friends, JoAnne found what she calls “The Tribal Warriors”; a group of 12 women in the community who found each other while battling similar circumstances, and have built very strong friendships.

“Although it’s great to have moral support from your family and friends, it’s different when you’re talking to someone who’s doing this with you, you can talk openly, candidly, and non-judgementally.”

For anyone starting their cancer journey at the R.S. McLaughlin Durham Regional Cancer Centre, JoAnne has some advice. “Trust your team. They know what they’re doing, they’re knowledgeable, and they’ll be there to help you through. Also, use the resources available to you. This will round out your experience – because you don’t need to be alone.”

JoAnne is just one example of how Durham Region residents are experiencing exceptional patient care right here in our community. Thanks to your generosity, Lakeridge Health can continue to make a difference in patient’s lives.

“Thanks to Foundation donors, the hospital is state-of-the-art, and as a patient that makes me incredibly thankful.”



My doctor treated me for more than just the cancer. She looked beyond the disease and was willing to treat all of me – which I was very appreciative of.



iSupport IR Donors

We’d like to thank all those who supported our iSupport Campaign, and for helping us reach our goal for a new Interventional Radiology Suite.

- The Auxiliary of Lakeridge Health Oshawa
- Bevy of Hope Breast Cancer Foundation
- Jim and Irene Brewster
- Carpenters Local 397
- Central Ontario Contractors Association
- Vince and Teresa Corvinelli
- Drive Auto Group - Midway Nissan Motors Ltd.
- Durham Regional Police Association Inc.
- Endras Automotive Group
- Fraser Auto Group
- Yves and Deidre Gadler
- Charyl Galpin
- Gus Brown Golf Classic
- Holmes & Brakel Limited
- Ivari
- John and Isabelle Foundation
- Kassinger Foundation
- Lakeridge Health Radiology Group
- Ledcor Construction Ltd.
- Marigold Ford Lincoln Sales
- Mercedes-Benz Durham
- Mississaugas of Scugog Island First Nations
- The Mothersill Family
- Nurse Chevrolet Cadillac Ltd.
- Ontario Motor Sales
- Oshawa Centre
- OWASCO
- The Perry Family
- Estate of Robert W. Smith
- Will and Tanya Stephen
- Unifor Local 222
- Whitby Toyota
- Anonymous (1)



Committee Volunteers

2018-19 Board of Directors

Keith White, Board Chair
 Janet Stewart, Vice-Chair
 Kelly Aitchison
 Matthew Anderson
 Jeffrey Beaton
 Bill Budgell
 Dr. George Buldo
 Lisa Hunt
 Dr. Soania Mathur
 Mark Shepherd
 Bruce Smith
 Will Stephen, Past Chair
 Denis Ayotte, 2017-18
 Marek Ulanicki, 2017-18

Governance and Nominating Committee

Kelly Aitchison, Chair
 Lisa Hunt
 Janet Stewart

Finance and Audit Committee

Will Stephen, Chair
 Sue Hillebrand
 Arthur Lovell
 Mark Shepherd
 Bruce Smith

Development Committee

Dr. Soania Mathur, Chair
 Bill Budgell
 Colin O'Regan
 Mark Shepherd
 Dr. Shannon Trainor
 Bob Verwey

Annual Giving Donors

The Annual Donor Listing is based on gifts received between April 1, 2017 to September 30, 2018. For updated donor listings visit our website at lakeridgehealthfoundation.com.

\$1 million +

The Perry Family

\$100,000 - \$999,999

The Auxiliary of Lakeridge Health Oshawa
 Estate of Ronald Otto Bauer
 John and Isabelle Foundation
 Estate of Helen Ann Staniec

\$25,000 - \$99,999

Art That Matters
 Carpenters Local 397
 Catch Fish Fight Cancer
 Chatterpaul's Annual Women's Charity Golf Tournament
 City Wide Taxi "Cabs For Cancer"
 Estate of Grant J. Cleary
 The Dragon Flies Breast Cancer Survivor Group
 The Etta I. Jackson Charitable Foundation
 John Konarowski Memorial Golf Tournament
 Lakeridge Health Radiology Group
 Lakeridge Health Whitby Volunteer Services
 Manufacturing and Technology Centre (MTC)
 Nurse Chevrolet Cadillac Ltd.
 Ontario Motor Sales
 Scotiabank
 Charles Soldin, in honour of Beryl Soldin
 Margaret Stainton
 Wolfpack Charity Golf Classic "The Clubhouse"
 Anonymous (3)

\$10,000 - \$24,999

Estate of Loretta I. Amestoy
 Lina Apicella
 Bevy of Hope Breast Cancer Foundation
 Vince and Teresa Corvinelli
 Dance For Hope
 Dine on Desserts

Don Naughton Memorial Fundraiser
 Drive Auto Group - Midway Nissan Motors Ltd.
 Endras Automotive Group
 Farm Boy 2012 Inc., Whitby
 B.M. Foley
 Foyston, Gordon & Payne Inc.
 Fraser Auto Group
 Herman Kassinger Foundation
 Isabel and Wayne Daniel Foundation
 The Kamstra Family
 Locks for Lakeridge - Tanya Piney, Helen Knelsen & Hair Studio 95
 Marigold Ford Lincoln Sales
 Estate of Sylvia A. McDonald
 Mercedes-Benz Durham
 The Mothersill Family
 Estate of Frank B. Mozic
 Oshawa Centre Spread the Warmth
 Oshawa Italian R.C. Ladies - Moda & Cappuccino
 OWASCO
 Phoenix Quality
 Powell Farms
 Royal Canadian Legion Branch 322 Ajax
 Estate of Erna Schneider
 In loving honour of Angus and Marrion Smith
 Estate of Robert W. Smith
 Stantec Architecture Ltd.
 Will and Tanya Stephen
 Violet Taylor +
 United Association Local 401
 Whitby Toyota
 Yianni Karkoulas Hockey Hair to Fight Cancer

\$1,000-\$9,999

Ajax Professional Fire Fighters' Association
 Kelly Aitchison +
 Geoff and Pat Aleong
 Olga Alexander
 Michael Ambler
 Matthew Anderson
 Andrew Foundation
 Paula Arscott +
 Aviva Canada Inc. Central Ontario Branch
 Denis Ayotte and Family +
 Evan and Marie Bancroft

Annual Giving Donors Continued

\$1,000-\$9,999 continued

The Benevity Community Impact Fund
 Dave J. Bezzant
 Devon and Linda Biddle
 Salomina Blackburn
 Jessica Blencoe +
 The BOMB
 Brooklin Butter Tart Festival Presented
 by KCC Gourmet Catering
 John Brotherhood
 Jean Brown
 Budgell Family
 Dr. George Buldo
 Douglas and Margaret Burdett +
 Burgundy Asset Management Ltd.
 Robin, John and Stephen Burns
 Angela Cain +
 Canoe for Cancer
 Celina Caesar-Chavannes
 Carmen and Pina Calabrese
 Douglas A. Cannon
 Fernando Carvalho
 CCT Auto Trans
 Chiu Yung and Kin Ming Cheung Foundation
 Gillian and Jack Churchill
 Raymond and Sandra Clark
 Comitato Santo Antonio Gallo Matese
 Concentrix
 Frank Copping
 Corvettes of Durham Social Club Inc.
 Country Music Club of Oshawa
 CRCS DKI
 Annetta Crichton
 Dan Plowman Team Realty Inc.
 Dance For Hope
 John and Cathy DeJong
 Dr. A. John Dickie +
 Discovery Place 1 and 2
 Lidia Divona
 Richard and Margaret Donald
 Dr. AM Azi Medicine Professional
 Corporation
 Dragon Boat Team Survivor - Thrivers
 Durham Kia

Durham Region Police Services Board
 Janice and Earl Dusek
 Elite Construction and Renovations
 Faith United Church U.C.W.
 Mr. and Mrs. Robert Fenton
 Florence Nightingale Home Foundation
 Order of the Eastern Star
 Michael J. Foley
 Joanne and Gary Follows
 Doug French
 Estate of R. Kathleen Fritz
 The G&T Watson Foundation
 Yves and Deidre Gadler +
 Tony Galea
 Charyl Galpin
 Jessica Goetz
 Goose & Green Invitational Golf Tournament
 Gus Brown Pontiac Buick GMC-Gus and
 Eva Brown
 Leslie Hare +
 Hann Family Charitable Foundation
 H. Armour Hanna +
 The Hayball Foundation
 HB Group Insurance Management Limited
 Heathbridge Capital Management Ltd.
 Margaret Henderson
 Margo Hett
 Susanne Hillebrand and Family
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 Investors Group Financial Services Inc.
 Joanne Irving
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 John Howard Society of Durham
 Johnson Insurance Inc.
 Nigel Johnston +
 George Jorisch
 John Karkoulas
 Douglas Kerr
 Kinsmen Club of Oshawa

Diana and Robert Kirk
 Knights of Columbus, St. Jude Council 6052
 Knights of Columbus, St. Leo's Council 11528
 Amanda Kok and Dr. Patrick McGarry
 Dr. Satyam and Chaya Devi Kondapaneni +
 Italo Labignan
 Judi Longfield +
 Ming Louie
 Valentine Lovekin
 Peter Loveless
 Arthur L. Lovell
 Paul and Olga Lysyk
 Stephen A. Macaulay +
 Jordan and Cheryl MacBean +
 Marco and Maranda Macchione
 Gavin F. Machado
 Kishan Majithia
 Bertha Mar
 Dr. Arun and Dr. Soania Mathur +
 Raj and Surat Mathur
 Jack and Alice McCarnan
 McCarthy Tetrault Foundation
 Carolyn and Richard McCutcheon +
 Craig and Elizabeth McCutcheon
 Jeanette McDonald
 Thomas McHugh +
 Margaret McNally
 George Mech
 Betty L. Medd and Phillip J. Bennis
 Melanie Pringles Pub Night
 Milwaukee Tool Canada
 Estate of D. Elizabeth Montague
 Paul Moore
 Charlie and Anne Morison
 Michael Mugan
 N. Pidewerbecki Family Charitable Fund
 Narci Mastroianni Memorial Golf Tournament
 / Don & Son
 Catherine Nicol +
 Peter Noble
 North Oshawa Medical Centre
 Gladys Oatway
 Ontario Power Generation
 Ontario Power Generation Employees
 Charity Trust

Order of the Eastern Star
 - Centennial Chapter #219
 O'Regan Family
 Oshawa Centre
 The Oshawa Golf & Curling Club
 OWASCO Mayfest
 Thomas M. Palmer
 Marjorie Paterson
 William Pauli
 Allan J. Pearce
 Rae and Joan Pickell
 Robin Picov
 Piedmont Plastics
 Plexpack Corporation
 Marjorie and Everett Pogson
 Prince Albert General Store
 Victoria Ramrekersingh
 Estate of Lorna Ravary
 RBC Foundation
 Bernardine Rigo
 W. Michael Roche
 Hazel Rodd
 Beverley E. Rogers
 Dorothy Ross
 Rotary Club of Ajax
 Rotary Club of Courtice
 Royal Auto Body
 Royal Canadian Legion Branch 606 Pickering
 Lawrence and Lillian Sargent and Family
 Stephen and Patti Selby
 Mark and Michelle Shepherd
 William Skelding
 Mary Ann Slattery
 Slovak Community of Oshawa
 Estate of Audrey M. Smith
 Bruce Snowden
 Star One Motors Inc.
 Robert Stevens
 Janet and Mark Stewart
 Dr. Anthony Stone +
 Dr. David and June Sugden
 Sun Life Financial
 Sylvia's Angels
 James and Eleanor Tandy
 Taunton Tattoo Co.

Kyle Taylor
 TELUS Corporation
 Gerard Theriault
 Toronto East Rotary Club
 Dr. Shannon Trainor
 Caroline Tykoliz
 Ulanicki Family
 Unifor (CAW) Local 222
 Anna Van Kuik
 John Van Kuik
 Steve Van Kuik
 John and Tess Van Netten
 Maria Vandepol
 Joe Weinstock
 Stephen Weston and Judith Guimaraes
 Whitby Oshawa Honda
 Whitby Professional Firefighters Assoc.
 Local 2036
 Keith and Joelle White +
 Regina and Harold Whorms
 Anonymous (13)

Monthly/Continuous +

Sponsors

Lakeridge Health Foundation relies on the significant support of event sponsors to help make our signature events a success. Thank you to those sponsors who gave \$1,000 or more between April 1, 2017 and September 30, 2018.

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 Mackie Group
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 McAsphalt Industries
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 Medical Staff Association of Lakeridge Health Oshawa
 Meridian Credit Union
 Metroland Media Group
 Midas
 Miller Paving Limited
 Minto Foundation Inc.
 Mississaugas of Scugog Island First Nation
 Mutual Mechanical
 Northwest Healthcare Properties
 Ontario Motor Sales
 Ontario Power Generation
 Oshawa Centre
 Oshawa Clinic
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 Prism Medical
 Quality Truck Repair Inc.
 Raywal Cabinets
 RBC Dominion Securities Inc.
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 Whitby Hydro Electric Corporation
 Will Davidson LLP
 Woitzik Polsinelli Barristers & Solicitors
 Woodland Homes

Summary of Financial Information

(in thousands of dollars)

Revenue	2017-18	2016-17
Fundraising	\$5,290	\$5,200
Net Investments*	\$2,015	\$4,249
Expenses	\$2,075	\$1,933
Impact		
Grants to Lakeridge	\$1,677	\$1,514

*Net investments include unrealized gains/losses. Full financial statements can be found on our website at lakeridgehealthfoundation.com.

\$1.7
Million
**GRANTED TO
 LAKERIDGE HEALTH**

Thanks to the generosity of our donors, we granted \$1.7 million to Lakeridge Health in 2017-2018. These funds help improve patient care in areas across the Oshawa and Whitby hospitals that need it most.

\$ AMOUNTS GRANTED

\$500,000 PHARMACY
\$430,850 CANCER CARE
\$365,000 SURGERY
\$140,190 WOMEN/CHILDREN & NEO NATAL CARE
\$75,000 EDUCATION & RESEARCH CENTRE
\$53,140 CARDIAC REHAB
\$47,500 DIALYSIS
\$40,000 CLINICAL SUPPORT
\$10,500 OTHER

Thank you
for your support.



**Lakeridge
Health
Foundation**

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www.lakeridgehealthfoundation.com
Charitable Registration Number 11924 9126 RR0001

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Lakeridge Health Foundation



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