



Report to Donors

2023/2024

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*retired June 28, 2023

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We Did it Together

A message from our Chair & CEO

When we look back on Lakeridge Health Foundation's past year, it is inspiring. We accomplished so much and we did it together.

Because of you, we are proud to announce that *Our Cancer Campaign* surpassed its goal and raised \$21 million for cancer care at Lakeridge Health. Over the last three years, your donations have helped us invest in every facet of cancer care, including diagnostics, laboratory and pathology, surgery, treatment, and education. Together, we did something remarkable.

This includes two incredible advancements: the arrival of a PET-CT scanner and the establishment of a Centre of Excellence in Robotic Surgery. PET-CT will take cancer care in our community to a whole new level, and the first scans are set to take place later this year. The da Vinci Surgical System continues to revolutionize surgical care for our patients, with over 300 procedures completed in the first year of the program.

When we began this Campaign, we wanted cancer patients to know that it is not just their cancer. It is *our* cancer and *our* cause. Together, we have shown patients that they have a community behind them advancing cancer care at Lakeridge Health.

In addition to the success of our Campaign, we enjoyed one of our best fundraising years ever. Thanks to the generosity of our community we raised an incredible \$7.8 million! On the following pages, you will read about the many ways we are advancing patient care at our Oshawa and Whitby Hospitals, together.

On behalf of our Board of Directors, volunteers, staff and physicians, thank you for joining us and supporting exceptional health care in Whitby, Oshawa, Durham Region and beyond.



A handwritten signature in black ink, appearing to read 'Janet Stewart'.

Janet Stewart
Chair, Lakeridge Health Foundation
Board of Directors



A handwritten signature in black ink, appearing to read 'Yves Gadler'.

Yves Gadler
Chief Executive Officer,
Lakeridge Health Foundation

Lakeridge Health Foundation's 2023/24 Fiscal Year

\$7,871,388



Total revenue from fundraising

37



Third Party Initiatives

\$714,000+



Raised through signature events

366



Monthly Donors

2,480



New Donors

\$570,000+



Raised in online donations

“A lot of people, like me, come through the doors of the R.S. McLaughlin Durham Regional Cancer Centre. Donor support has a huge impact on the care we receive.”

– Marc Gibbons, patient and Port Perry resident



Thank You

When we launched *Our Cancer Campaign* in October 2021, we asked you to help us raise \$20 million to ensure the medical experts at Lakeridge Health have access to the best and most advanced technology, equipment and resources to deliver exceptional, comprehensive cancer care, close to home.

We asked you to support hope with action and help change the course of this disease. We asked you to show our families, friends and neighbours that they are not alone in their fight with this life-altering foe.

You answered.

Together, we raised over \$21 million in support of cancer care at Lakeridge Health. Over 22,000 patients walked through the doors of R.S. McLaughlin Durham Regional Cancer Centre in 2023. Your donations ensured that each of them received the care they need and deserve from the Cancer Centre and its supporting departments.

**This is
Our Cancer.
Our Success.
Our Future.**







We're SO
Grateful !!
😊

Our Cancer Campaign at a Glance

\$21+ million

Total amount raised

24,000+

Gifts

12,000+

Donors

120+

Circle of Gratitude gifts

Cancer Care at Lakeridge Health in 2023

7,000

New cancer patients

211,000+

Cancer Centre visits

21,000+

Cancer-related imaging procedures

4,300+

Radiation patients

Message from the Campaign Co-Chairs

In 2007, the Durham Region community rallied together to build what has become one of Ontario's top-rated Cancer Centres. Fast forward 14 years, amid a global pandemic, we launched *Our Cancer Campaign* in 2021 to bring our hospital system, the R.S. McLaughlin Durham Regional Cancer Centre, and its supporting departments to the next echelon of cancer care. What's happened since has been an undeniable force of generosity.

Countless stories of compassionate care, recovery and even loss have inspired thousands of donations and investments in cancer care at Lakeridge Health with significant impact at our Oshawa Hospital, the Jerry Coughlan Health & Wellness Centre in Pickering, and beyond.

Community support has made the dreams of our experts a reality. In three short years, cutting-edge technology has been announced and funded in record time. Surpassing our goal, over \$21 million has been raised to fund advancements in diagnostics, laboratory and pathology, surgery, treatment, and education, putting Durham Region on the map as a forward-thinking leader in cancer care.

The culmination of *Our Cancer Campaign* doesn't mark the end of our journey. Instead, it's the beginning of something truly remarkable. Exceptional cancer care is what our community has come to know and expect. Through your generous donations, and the establishment of endowment funds, we will continue to support cancer care in perpetuity.

We are humbled and grateful for your unwavering response to support our experts and the inspiring families they care for every day. Thank you for changing lives today, tomorrow and for generations to come.



Beth Kelly



Paul Mackie Sr.

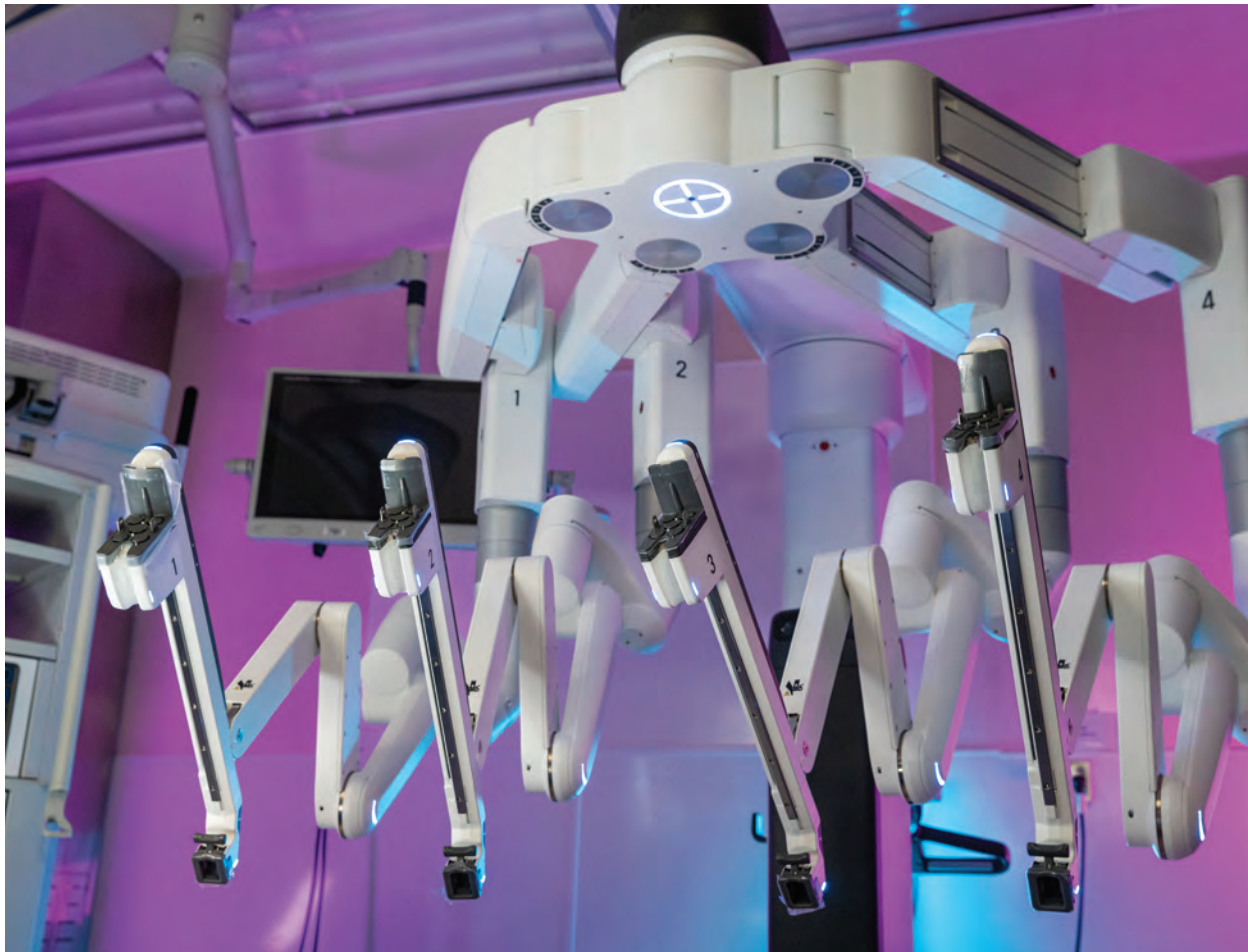


Dr. Soania Mathur



Keith White

Optimizing Surgical Care in Durham Region



Robotic surgery is a game-changer for patient care. In 2023, thanks to an overwhelming response from our donor community, Lakeridge Health welcomed a da Vinci Surgical Robot to transform cancer surgery for urology, gynecology, thoracic and colorectal patients.

Robotic surgery drastically improves patient experience, decreases readmission rates, increases cost savings for our health care system and has already attracted four new talented robotic surgeons to our Hospital.

This is a thrilling step forward for Lakeridge Health's surgery team and is the single most important surgical innovation to our Hospital in the last decade. The robotic system offers surgeons unparalleled control just an arm's length away from patients.

Prior to last year, robotic surgery was not available between Kingston and Toronto. In its first year of operation, the surgical team completed over 300 robotic surgeries, surpassing their original goal. Thank you to our Campaign donors for bringing the future of surgical care to our community.



Bringing PET-CT Technology East of Toronto

PHOTO: Ron Burke, Cindy Davis,
Dr. Geoff Donsky, Wilson Yiu,
Lisa Cochrane, Yves Gadler,
Dr. Michael Kwan (front)

The introduction of a PET-CT scanner at Lakeridge Health in 2024 will take cancer care east of Toronto to a whole new level. A fusion of positron emission tomography (PET) and computed tomography (CT), this technology will provide highly sensitive, detailed, three-dimensional scans that determine important information about a patient's cancer.

Approximately 30 patients a week are being sent outside our community to receive specialized PET-CT scans as part of their cancer diagnosis and treatment. These patients must navigate unfamiliar hospitals, battle traffic and rely on family and friends to drive during already stressful and difficult times in their journey with cancer.

The arrival of the PET-CT scanner in Oshawa will revolutionize our ability to detect and monitor cancer, determine the size, location and stage of a patient's cancer and the exact area to biopsy. It will also provide our medical professionals with better insights into treatment response and help gauge the likelihood of cancer returning.

We extend our deepest appreciation to all who contributed to this vital cause and share in the excitement of our staff and patient families for this new addition to our Hospital.

Advancements in Cancer Care Made Possible by Your Support

Surpassing the Campaign goal is allowing our Foundation to take on yet another innovative priority – the amplification of digital pathology that will drastically decrease wait times.

Cancer diagnosis will soon be one click away. With digital pathology, experts can review cancer cells rapidly and from anywhere. Images from multiple lab sites can be uploaded, assessed, and shared with partners faster than ever before, eliminating the need for physical transportation and ensuring that the right experts weigh in for every patient.

In addition to digital pathology, your support of *Our Cancer Campaign* has helped advance care in many areas of our Hospital, including:

- A new automated special stainer that will help our phlebotomists and lab technicians diagnose and stage cancer.
- The replacement of a Linear Accelerator will provide radiation treatments to up to 30 patients a day. This will enable Lakeridge Health to provide over 40,000 treatments annually.
- SpaceOAR Hydrogel kits that significantly reduce side effects of some radiation therapies. Lakeridge Health Oshawa was the first hospital in Ontario to provide these as a standard of care for some patients.
- And so much more!



The Future of Cancer Care

As part of *Our Cancer Campaign*, we earmarked \$5 million of our Campaign goal for planned gifts and endowments from individuals, groups and foundations looking to make an impact for future generations. We are most grateful to those who stepped forward to support the future of cancer care in our Region. Their names can be found on our **Planned Giving and Endowment Listings** on **page 26** along with others who have supported the future of health care at Lakeridge Health.

Community Support of Our Cancer Campaign

Port Perry Lumberjacks

Stick taps all around! The Port Perry Lumberjacks skated forward with a \$10,000 donation in support of *Our Cancer Campaign*.



Curl for Cancer

Hurry hard! Durham College sports management students hosted a floor curling tournament in support of *Our Cancer Campaign* that swept us off our feet! They brought the house down with their donation of \$1,177.



Brenbrooke Homes

Last summer, Eric and his family organized the Play It Forward For Brenda golf tournament in honour of Eric's late wife. In addition to raising \$16,000 for cancer care, Eric wrote a heartfelt letter to the staff in systemic care.



Cadillac for Cancer

The team at Ontario Motor Sales led the way on our Cadillac for Cancer Raffle in the spring. Together, we raised \$287,000, and Dan Lebel rode home in a brand-new Cadillac Escalade. Talk about driving off in style!



Riding, Putting and Dancing to Our Goal



In 2023, we grabbed our helmets for our first community bike ride, Pedal for Patients.

More than 90 riders pedaled across Durham Region in support of cancer care in May, helping us raise over \$97,000 for *Our Cancer Campaign*.

We quickly followed up our bike ride with the Golf Classic. This year, golfers enjoyed the challenging fairways and sloping greens of Coppinwood Golf Club. With their support, our Golf Classic raised over \$187,000.

In October, we celebrated *Our Cancer Campaign* with our biggest and best gala ever. The evening, hosted by radio personality and former cancer patient Kolter Bouchard, included a courageous speech from Marc Gibbons as he candidly shared how cancer has impacted his life and mental health.



That night we raised over \$430,000 and also announced the final push to reach our Campaign's \$20 million goal!

We want to thank our committees, generous sponsors, donors, and volunteers for making these events possible.



2023 Golf Committee

Golf Classic Co-Chairs

Chris Keillor
Jeff Mackie

Golf Classic Committee Members

Matt Cannon
Travis Cook
Wendy Long-Davies
Neil MacLeod
Tofiq Mohiuddin
Nancy Osuszek

Port Perry Pedals Supports PET-CT

Three years ago, Marc Gibbons, a Port Perry resident and two-time cancer survivor was inspired by his care at Lakeridge Health and created the charity cycling event Port Perry Pedals. In 2023, Marc and the Rotary Club of Port Perry aligned their fundraising efforts with *Our Cancer Campaign* and raised \$56,000 to support the arrival of a PET-CT scanner at our Oshawa Hospital.

Cycling was a key part of Marc's mental and physical recovery throughout his cancer journey, and is still a big part of his life. He also knows the importance of having this technology close to home.

"I was looking for a beneficiary of this year's ride and was still undergoing treatment. I had been talking with the Foundation about *Our Cancer Campaign*, and

PET-CT was mentioned as one of the priorities," Marc explains. "As someone who has had to travel outside of Durham Region for a lot of PET scans, it was a pretty compelling case for me."

Port Perry Pedals' first ride was in 2021 and has now raised over \$116,000 in support of local health care in three years.

"As someone who has been through ongoing treatment, from a larger perspective, there's a need in the community," Marc says. "People refuse to go to a PET scan because Toronto is too far. There's a compassion and desire to help people get access to the treatments they need."



Exceptional Care Within Walking Distance

In March 2021, Ken developed a sore throat. “When I started to have trouble swallowing, I contacted my family doctor right away,” he says.

Ken underwent an upper endoscopy, a procedure that helps identify conditions of the throat and digestive tract. A month later, Ken received a call telling him the sample was cancerous. “I was floored. Almost literally,” Ken says. “I live alone and sat there for a while trying to absorb what I had just been told. It took me a few hours to figure out how to tell my two adult sons.”

After more testing, Ken went through 28 radiation treatments and five rounds of chemotherapy. “I was exhausted and worn out by the time everything was done,” Ken recalls.

Because he lives close to the Hospital, Ken walked to all his treatments and didn’t have to rely on his family and friends for rides.

He was given two options following his treatments. “I was told that I could hope the chemo and radiation had taken care of the cancer, or I could have an esophagectomy.”

On October 18th, Dr. Shannon Trainor performed an esophagectomy, removing part of the swallowing tube between Ken’s mouth and stomach.

He spent ten days at Lakeridge Health Oshawa recovering before heading home. Just hours after picking up his father, Ken’s son was back at our Oshawa Hospital with his wife, who gave birth to their second child – a happy, healthy baby boy. “What full-circle care we had that day,” Ken says with a smile.

Two years later, Ken is feeling good and, most importantly, cancer-free. “I owe my life to the cancer centre staff and doctors at LHO, especially Dr. Trainor. I was amazed at the speed at which everything began once my cancer was diagnosed. Thanks to them, I can continue to live my life.”

Ken’s care inspired him to support *Our Cancer Campaign*. “I was coming home from a visit with my son and listening to the radio when a commercial came on for OurCancer.ca. Having been a patient at the DRCC, I decided right then and there to donate to this important cause.”



Ken and his grandsons.

Advancing Health Care Throughout Durham Region



In 2022, the Jeremiah F. Coughlan Foundation stepped forward with a generous gift of \$1 million to Lakeridge Health Foundation in support of *Our Cancer Campaign*.

The gift supported cancer care priorities at the Jerry Coughlan Health & Wellness Centre (JCHWC), Lakeridge Health's new state-of-the-art Surgical Centre and health care facility in Pickering.

The late Jerry Coughlan was a local philanthropist and community builder. The JCHWC is a testament to Jerry's vision and commitment to improve health care access for the community he helped build.

"The opening of the Jerry Coughlan Health & Wellness Centre is a dream day," Lyn Dunlop-Coughlan, Jerry's wife, explained in February when the Centre opened. "Jerry was a man of vision, but also very practical;

he knew that the primal need of housing would only be matched with the primal need for health care for the families that lived in each home."

The 67,000 square-foot building features a surgical centre operated by Lakeridge Health. With four operating rooms, the JCHWC is projected to complete more than 9,000 surgical cases annually.

"We are so grateful to Jerry Coughlan and the Jeremiah F. Coughlan Foundation for their support," shares Yves Gadler, Chief Executive Officer, Lakeridge Health Foundation. "This generous gift in support of *Our Cancer Campaign* has helped advance and enhance care at Lakeridge Health for patients throughout Durham Region."



Thank You, Our Cancer Campaign Cabinet

We would like to thank *Our Cancer Campaign* Cabinet for their dedication and leadership.

Our Foundation is very lucky to have this skilled group of community leaders volunteer their time to help raise more than \$21 million in support of exceptional cancer care in Durham Region.

Honourary Chairs

Dr. Hak Ming Chiu (D. 2022)
Deborah Chiu
Stephen Perry (D. 2022)
Jocelyn Shaw

Co-Chairs

Beth Kelly
Paul Mackie Sr.
Dr. Soania Mathur
Keith White

Lakeridge Health Physician Team

Dr. Audrey Li
Dr. Arun Mathur
Dr. Shannon Trainor

Planned Giving and Endowment Team

Susanne Hillebrand
Co-Chair
Charles Morison
Co-Chair
Mark Bull
Luke Luukkonen
Shawn Perrott
Scott Willman

Cabinet Members

Debbie Armstrong-Cattell
Vanessa Benedict
Steve Conaby
Jane Conte
Jeff Deline
Cris Douglas
Yves Gadler
Charyl Galpin
Arthur Lovell
Colin O'Regan
Dana Reedman
Margaret Stack
Will Stephen
Janet Stewart
Jeff Thorsteinson
Bob Verwey
Russel White

Our Cancer Campaign Donor Listing

Thank you to the following donors who gave \$10,000 or more cumulatively before March 31, 2024 in support of *Our Cancer Campaign!*

\$1,000,000+

Jeremiah F. Coughlan Foundation
Perry Family
OWASCO and The Robert & Susan Verwey Foundation
Carol Wonnacott and Chester and Chrissy Lee

\$500,000-\$999,999

Jim and Lorraine Brewster and Family
Mark and Jennifer Coleman

\$250,000-\$499,999

Herman Kassinger Foundation
John and Isabelle Foundation
S.E. Lovell Family
Mackie Family
OMS Cadillac for Cancer Raffle
The Valiant Group of Companies
William F. Hayball Charitable Foundation

\$100,000-\$249,999

In honour of Kelly Burger
In honour of Mom and Dad, Love Lois and Lawrence Boyko
Carpenters Local 397
Dr. Hak Ming and Deborah Chiu
CIBC
Douglas Family – DK1 CRCS
The Etta I. Jackson Charitable Foundation
The Halminen Family Foundation
Jill Henley, Gord Lee, Storie Family
John Konarowski Memorial Golf Tournament
In honour of David and Carol Meadwell
Mercedes-Benz Durham
Ontario Motor Sales
O'Regan Family
Dr. David Spurrell
Margaret Stainton
Whitby Oshawa Honda
Rick and Lynda Williams
Anonymous (2)

\$50,000-\$99,999

407 ETR
The Auxiliary of Lakeridge Health Oshawa
Dorothy J. Barbaro
Estate of Ronald Otto Bauer
In honour of Tory Butler and Linda Butler
The Dragon Flies Breast Cancer Survivor Group
Fieldgate Developments
Estate of Audrey and Joe Glorioso
Bill and Debbie Hinan
J.J. McGuire General Contractors
Mary and Nick Lalani
Laps 4 Lakeridge Health
Ross Mackie
Dr. Arun and Dr. Soania Mathur
Mattamy Homes
Nurse Chevrolet Cadillac Ltd.
Robert Porayko
Port Perry Pedals
Powell Farms
Ron and Nancy Compton Foundation
In honour of Greg Shannon
Dr. Shannon Trainor
United Association Local 401
Wolfpack Charity Golf Classic "The Clubhouse"
Anonymous (2)

\$25,000-\$49,999

Dorene Ballik - in honour
of Sid Ballik
Walter and Helen Bienkowski
and Helen Motum Bienkowski
Estate of Donald G. Blacklock
The Carriage House
Retirement Residence
Catch Fish Fight Cancer
Estate of Fred Chalmers
Dr. A. John and Lynne Dickie
R. Cox and J. Walkey-Cox
Don Naughton Memorial
Fundraiser
Richard and Margaret Donald
Janice Eichner
Estate of Jerry R. Everett
John and Betty Foley
Don and Sherrie Glead
Hockey for Health Heroes
J.P. Bickell Foundation
Hoda Kayal
KPMG
Surat and Raj Mathur
Mothersill Family
Oshawa Centre
Rae and Joan Pickell
Ray Richardson
Sandra's CN Tower
Edgewalk Teams
Hans J. Sanders
Souch Family
David and Anne Stark
Will and Tanya Stephen
John and Magda Zoelman
Anonymous

\$10,000-\$24,999

Lina Apicella
Bat for Bob – honouring
Bob Villeneuve
Bevy of Hope Breast
Cancer Foundation
Alison and Alan Bird and Family
George Boeck
Michael and Patricia Bonk
In honour of Romeo
Joseph Boudreau
In honour of Doug Bredewold
In honour of Brenda Brookings
Bry Ron Contracting Limited
Budgell Family
Philip Burrett
CI Investments
City Wide Taxi “Cabs
For Cancer Care”
CN
Connor, Clark & Lunn
Financial Group
Dance For Hope
Cynthia Davis
Dine on Desserts
Gordon Forester
Marlene and Harold Franklin
The G&T Watson Foundation
Yves, Deidre and Andre Gadler
Charyl Galpin
Kettly and Jim Hamilton
Edward and Sharon Hanewich
Ross Henderson and Penny Mustin
Susanne Hillebrand and Greg
and Caitlyn Murchison
Tom and Fay Jermyn
Jewellery by Sanders
Kinsmen Club of Oshawa
In honour of Colleen Konoby
Don and Wendy Konoby
KMs for Karl and Vinita Cordeiro
Knights of Columbus - St.
Jude Council 6052

Lake Scugog Lumber
In honour of Richard Lant
In honour of Bernard
James Lazette
David and JoAnn Linklater
Lisa Young Invitational
Golf Tournament
Arthur L. Lovell
McCarthy Tétrault Foundation
Estate of Sylvia Anne McDonald
Linda McGill
John and Ruth McLeod
Anna Mitchell
Anne and Charles Morison
Forbes Morris
Oshawa Italian R.C. Ladies
- Moda & Cappuccino
Oshawa N.A.S.C. Hockey
Port Perry Lumberjacks
Linda and Alfred Quinell
Antonio and Isolina Ricciuto
Rivett Architectural Hardware Ltd.
In honour of Gert Rosenau
Rotary Club of Oshawa Parkwood
John and Marilyn Sciuc
ScotiaMcLeod Charitable
Foundation
ServPro Charity Golf Tournament
Srinarayanathas Foundation
Patricia J. Stephenson
James and Eleanor Tandy
In honour of Robert and
Brian Tisseman
Joe Weinstock
Whitby Toyota
In honour of Julie White, love Mom
Russel White
Donnalu Wigmore
Estate of Konstanty Zukowski
Anonymous (4)

Gratitude Spotlight

Circle of Gratitude is a program that enables patients and their families to recognize the exceptional care they've been provided by Hospital staff and volunteers.

A donor expressed their appreciation for the Oncology/ Nephrology team at our Oshawa Hospital, saying, "All the nurses, service associates and staff on C6 are the best ever, caring and attentive."



The Maternity team may look a little different today, but a donor wanted to thank them for delivering their children over two decades ago and let them know both "babies" are all grown up.



Four members of our Radiation Therapy team were recognized with a Circle of Gratitude donation in December after a donor made a special gift for the care they provided.



First-time recipient Laura, a Speech Pathologist at Lakeridge Health Oshawa, was recognized by her patient's granddaughter. The card noted Laura's diligence, thoroughness and compassion.





A Special Gift for our Smallest Patients

Our friends at Unifor Local 222 sprang to action in April with a gift of \$10,500 to fund the purchase of a biliblanket for our Paediatric Department.

“We have wonderful support staff here at Local 222 that told us about the opportunity to help the Foundation,” explains President Jeff Gray.

Unifor Local 222 has supported Lakeridge Health Foundation for over 30 years. In addition to the Paediatric Department, they have helped fund advancements in cancer care, dialysis, cardiac care and other areas of our Hospital.

“A biliblanket allows the baby to be treated for jaundice while also taking it out of isolation,” explains Dr. Joan Abohweyere, Co-Medical Director of Paediatrics and Neonatology. “Traditionally, the child would be placed under phototherapy lights and can only be removed for short periods of time. When using a biliblanket, the infant can be cuddled and fed while receiving phototherapy. It also allows you to do skin-to-skin.”

Increased access to the baby can also lower the stress levels of new parents.

“Local health care is a huge priority for us at Local 222,” says Jeff. “We are proud to have made this possible.”



Pull Up A Chair

Dialysis care in Durham Region took an exciting step forward this year.

PHOTO: Because of your support, patients like Jacqueline are now more comfortable during their dialysis treatment.

With the generous support of our donors, Lakeridge Health Foundation replaced all 36 dialysis chairs in our Oshawa Hospital and 27 dialysis chairs in the Howard and Stephanie Humphrey Dialysis Centre at our Whitby Hospital.

On average, patients spend four hours connected to a hemodialysis machine to receive their treatment and can only lie down or sit upright. Our Hospitals offer hemodialysis treatment three times each day, and each patient receives treatment at least three times per week. Comfort is paramount for these patients.

The Hemodialysis Unit at the Oshawa Hospital provides over 650 hemodialysis treatments each week.

“The old chairs were due for replacement,” explains Nick Fontana, Patient Care Manager,

Nephrology & Diabetes Program. “The arm rests are wider, and the controls are easier to use, but increased patient comfort is the main thing with the new chairs.”

Both staff and patients are happy to have the new chairs.

“I fit nicely in this chair,” says Jacqueline, a patient at our Oshawa Hospital. “And it’s a very smooth ride.”

“I think it’s nice for the nurses, too,” explains Filomena, a patient in Whitby. “We’re a bit higher up, and there’s more space for them. I give it a thumbs up,” she laughs.

Thanks to your support, patients are enjoying a more comfortable experience at our Oshawa Hospital and the Howard and Stephanie Humphrey Dialysis Centre.



Lakeridge Health News

First Day of School for Inaugural Class of the Queen's-Lakeridge Health MD Family Medicine Program

In August, Lakeridge Health welcomed the inaugural class of 20 medical school students for their first day of orientation as part of the new, first-of-its kind in Canada Queen's-Lakeridge Health MD Family Medicine Program.

"We're very excited to welcome the inaugural cohort of medical school students to this novel program based at Lakeridge Health," said Dr. Nadia Ismiil, Deputy Chief of Staff, Lakeridge Health.

Through the integration of classroom and workplace learning, students will begin to build relationships with the community from the start and will engage in urban centres and small communities across the Region. Within six years, the program will graduate well-trained, comprehensive family physicians, ready to make an immediate impact.

The innovative program has attracted the attention of others across the province, country and even globally. The Queen's-Lakeridge Health team acknowledges the trailblazing nature of this work and recognizes the program has become a blueprint for a new way to educate future doctors and health care professionals.

"Our collective goal is to graduate more family doctors in Ontario, and we want to provide a customized experience to prepare these future physicians for where they're needed the most: in our communities," said Dr. Ismiil. "Through this program, we're creating an innovative approach to education that supports healthier populations. No doubt, graduates of this program will play a crucial role in the health of the Durham Region population for years to come. We're focused on inspiring our students and we hope to inspire others to join in the journey."

Local Champions Continue to Inspire

Giving Tuesday is a global initiative that occurs every year and encourages people to make a difference in their community.

Each Giving Tuesday, Lakeridge Health Foundation recognizes the community members and hospital staff who represent our most dedicated supporters.

In 2023, our Foundation celebrated Helen Kok, organizer of the John Konarowski Memorial Golf Tournament, as our Community Champion. The tournament honours the memory of John Konarowski.

Since 2015, the tournament has raised nearly \$200,000 in support of cancer care at Lakeridge

Health. In 2023, the tournament raised almost \$40,000, its highest single-year total.

The Hospital Champion recognizes a staff member or team at Lakeridge Health who goes above and beyond to raise funds and awareness for their Hospital. Don Baron and Anne Sinclair were the 2023 recipients for their work with the Lakeridge Health Staff Golf Tournament.

Don and Anne oversaw the return of the tournament in 2022. That year, it raised \$7,000 in support of *Our Cancer Campaign*. In 2023, the tournament supported Lakeridge Health's Mental Health and Addictions Programs and raised over \$11,000.



Organizers and volunteers from the John Konarowski Memorial Golf Tournament and Lakeridge Health Staff Golf Tournament celebrate the 2023 Giving Tuesday Awards.



Your Legacy Matters

It has taken you a lifetime to build your family, home, and community on the values that make you who you are. You should take as much care in deciding how to share your assets as you did in building them.

Over \$5 million of the gifts to *Our Cancer Campaign* were through planned giving. We are most grateful to our community members who left gifts in their Wills or gave through life insurance to impact cancer care.

To learn more about leaving your legacy for health care in our community, contact Steve MacDonald at stmacdonald@lh.ca or **905-576-8711 extension 34176**.

Gift of Great Health Care for Future Generations

Donors looking to make an impact now, and in the future, have generously set up their own endowment funds with Lakeridge Health Foundation. Starting with donations of \$25,000 or more, these funds are invested through the Foundation in perpetuity, providing a reliable and ongoing commitment to various areas of care at Lakeridge Health. Endowment Funds are a deeply personal and impactful way to address both the immediate and long-term needs of our Hospitals.

1907 Society Endowment Fund
Anne and Charles Morison
Endowment Fund
Beryl Soldin Endowment Fund
Dr. Benjamin Fuller and
Family Endowment Fund
in Emergency Medicine
Dr. Hak Ming Chiu and Deborah
Chiu Education & Research
Award Endowment Fund

Harry Peleshok Family
Endowment Fund
Herman Kassinger Foundation
Endowment Fund
Jim Brewster Endowment Fund
Kelly Burger Legacy
Endowment Fund
Margaret Stainton Nursing Bursary
O'Regan Family Endowment Fund

Leaving a Legacy Beyond Your Lifetime

The following group of distinguished individuals have planned future gifts to Lakeridge Health Foundation through their Wills or life insurance. These donations will help ensure that as medical technology advances in the years to come, so will the patient care available for our friends, families and neighbours.

Paula E. Arscott
Stan and Jackie Bezaire
Dorise V. Bilenduke
George Boeck
Mark Bull and Bull Financial
Gillian and Jack Churchill
Sandra M. Cole
Ilda C. Deluca
Jennifer and Rebecca Dunstan
Jane Froese
Gadler/Lam Family
Elizabeth Jean Green
H. Armour Hanna
Pamela J. Harlow
Lynda Hatfield
Helen Hedge
Marilynn and George Henderson
David and JoAnn Linklater

Gavin F. Machado
Bruce and Sue MacKenzie
Doug and Arliene Marshall
Dennis Mastroianni
Jill McClurg
Carolyn McCutcheon
WJ McQuoid – Honos Per
Ministrium EYCI
George and Anna Mitchell
Jim and Louise Mulderrig
Peter and Lydia Nelles
Beverley E. Rogers
Margaret Ronco
Freda Ryder
Bob and Lucy Southern
Violet Taylor
Patricia D. White
Anonymous (7)

Annual Donor Listing

The annual donor list is based on generous gifts received between April 1, 2023 and March 31, 2024.

\$1,000,000+

Jim and Lorraine
Brewster and Family

\$500,000-\$999,999

OWASCO and The Robert &
Susan Verwey Foundation
Keith and Eileen Peters

\$250,000-\$499,999

OMS Cadillac for Cancer Raffle
The Valiant Group of Companies
Anonymous

\$100,000-\$249,999

The Auxiliary of Lakeridge
Health Oshawa
Mark and Jennifer Coleman
The Halminen Family Foundation
Estate of Karen MacDonald
Gabor Marton
Ontario Motor Sales
Dr. David Spurrell
Anonymous (2)

\$50,000-\$99,999

Estate of Donna M. Barwell
Lil Beamish and Katherine Helleur
Estate of Fred Chalmers
The Etta I. Jackson
Charitable Foundation
Estate of Audrey and Joe Glorioso
Mary and Nick Lalani
S.E. Lovell Family
Manufacturing and Technology
Centre (MTC)
Mattamy Homes
Lois McDonald
Perry Family
Robert Porayko
Port Perry Pedals
Margaret Stainton
Town of Whitby

\$25,000-\$49,999

Carpenters Local 397
CIBC
Herman Kassinger Foundation
J.J. McGuire General Contractors
J.P. Bickell Foundation
John Konarowski Memorial
Golf Tournament
O'Regan Family
Ray Richardson
Souch Family
David and Anne Stark
Rick and Lynda Williams
Anonymous

\$10,000-\$24,999

407 ETR
Arnts The Landscape Supplier Inc.
Walter and Helen Bienkowski and
Helen Motum Bienkowski
Alison and Alan Bird and Family
Michael and Patricia Bonk
In honour of Doug Bredewold
In honour of Brenda Brookings
Gillian Churchill
Distress Centre Durham
The Dragon Flies Breast
Cancer Survivor Group
Don and Sherrie Glead
Kettly and Jim Hamilton
Ross Henderson and Penny Mustin
Jill Henley, Gord Lee, Storie Family
Isabel and Wayne Daniel Foundation
Kinsmen Club of Oshawa
KMs for Karl and Vinita Cordeiro
Lakeridge Health Corporation
Golf Tournament
Mercedes-Benz Durham
Anna Mitchell
Anne and Charles Morison
Oshawa Centre
Rae and Joan Pickell
Port Perry Lumberjacks
Powell Farms
RE/MAX Jazz
Rivett Architectural Hardware Ltd.
Ron and Nancy Compton Foundation
Hans J. Sanders
John and Marilyn Sciuk
In honour of Greg Shannon
Violet Taylor
Dr. Shannon Trainor
Unifor Local 222
United Association Local 401
Anonymous

\$1,000-\$9,999

AC Technical Systems Ltd.
Berwin Adams
Chris Adams
Syed W. and Rafa Ahmed
John Alati
Mike and Catherine Ambler
Matthew Anderson
Art That Matters
Association for Healthcare
Philanthropy
Janice Attersley
Denis Ayotte and Family
Marlene Badgley
Stephanie Ball
Patti and Ken Barrie
Elizabeth Beatty
Roy and Barbara Bebee
belairdirect
Ronald Bell
Bell Canada
Stan and Jackie Bezaire
Dylan Billings
Peter Blain
Jessica Blencoe
George Boeck
In honour of Romeo
Joseph Boudreau
Stewart Bowman
John Bradley
Bernice Broadfoot
Claire and Drew Brown
Budgell Family
In honour of Kelly Burger
John and Teri Burns

Douglas Cannon
Edith Chan
Chiu Yung and Kin Ming
Cheung Foundation
CI Investments
Cintas Corporation
In honour of John
Clayton - from Meg
Club Loreley Inc.
Clifford Clymer
The Co-Operators
Concentrix Employee Campaign
Karl and Vinita Cordeiro
Corvettes of Durham
Social Club Inc.
The Cotton Family
R. Cox and J. Walkey-Cox
Estate of Marie Cunningham
Curl for Cancer
Dr. Jack and Michelle Cottrell
Country Music Club of Oshawa
Cynthia Davis
Deer Creek Cares
Charitable Foundation
In honour of Anthony De Souza
Dr. A. John and Lynne Dickie
Don Lea Lumber
Durham Medical
Ralph Edmeads
Elirpa Construction &
Materials Limited
Enbridge Gas Distribution
Peter Escott
Wilma Fairbrother
Faith United Church U.C.W.
Martin & Pat Feaver
Ronald Firth

Betty Foley
Form & Build Supply
Adam Fox
Allan and Elaine Francis
Marlene and Harold Franklin
Doug French
The G&T Watson Foundation
Yves, Deidre and Andre Gadler
Dr. David Gee
Geoff and Pat Aleong Foundation
Wendy Gilbank
Glenn and Ellenor Gilbert
Sasikaran Gnanavadiel
In honour of Dave Grandy
Patricia Grayhurst
Elizabeth Jean Green
Paul and Gail Green
Paul Gryglewicz
David Gynn
Wayne and Isabel Ham
Linda Hamilton
John Hare
Heathbridge Capital
Management Ltd.
Lindsay Hewlett
Bill and Debbie Hinan
Shawn Hinchey
Karen Hoilette
HTM Insurance Co.
Cobourg (1898 est.)
Hydro One Employee's &
Pensioner's Charity Trust
The Ingram Lowe Foundation
Anne and Wayne James
Edward Jeans
Tom and Fay Jermyn
Jewellery by Sanders



Fire Up the Grill!

No one can resist gathering around the grill, right? We were so happy to see an amazing turnout to the community barbeque hosted at Pinewood Centre. Thank you for your dedicated support of these programs throughout the year!

Nigel Johnston
 Christos and Christos Kaldis
 Dr. Parul Katyal
 Deborah Kawecki
 Grahame W. Keir
 Kinsmen Club of Oshawa
 Diana and Robert Kirk
 Knights of Columbus St.
 Gregory's Council 2671
 Knights of Columbus - St.
 Jude Council 6052
 Knights of Columbus - St.
 Leo's Council 11528
 Deborah Kobayashi
 Helena Kok
 Dr. Satyam and Chaya
 Devi Kondapaneni
 Richard and Lydia
 Krechowicz & Family
 Lake Scugog Lumber
 Lakeridge Health Ugly
 Holiday Scrubs
 Bonnie Larson-Knight
 Gerald and Beverly Lawrence
 Marie Lee
 Ernest and Shirley Leger
 Lenbrook Industries Ltd.
 David and JoAnn Linklater
 Wendy Long-Davies
 Judi Longfield
 Lincoln Loop
 Peter Loveless
 Arthur L. Lovell
 Paul and Ola Lysyk
 Steve MacDonald and
 Amanda Holmes
 In honour of Gavin Mackrell
 Ron Martyn
 Dr. Arun and Dr. Soania Mathur
 Surat and Raj Mathur
 Donna Mayer
 Carolyn and Richard McCutcheon
 Bruce McDiarmid
 Ed and Irene McDowell
 Ralph McInnes
 Patricia McLaughlin
 John and Ruth McLeod
 Fiore and Elaine Mendicino
 Andrew Messmer
 Monsignor Paul Dwyer
 Catholic High School
 Steven and Karen Moote
 Dr. Tom Morton and Kim Morton

Robert Morton
 Mothersill Family
 Ross Mulock
 In honour of Arlene Murray
 N. Pidwerbecki Family Foundation
 Dr. Sivakaran Nagaratnam
 Dr. Peter Noble
 Braz Ortins
 Oshawa West Lions Club
 P.R. Engineering Limited
 Paddy's Market
 Marjorie F. Paterson
 William Pauli
 Allan J. Pearce
 Shawn Perrott
 Pickering City Centre Residence
 Plaid For Dad
 Sylvia Pond
 Wayde Preston
 Christian and Barbara Prior
 Les and Phyllis Pullen
 Queen of the Holy Rosary Shrine
 Paul Raphael
 Maureen Reed
 Allen L. Reynolds
 Antonio and Isolina Ricciuto
 James Riches
 John Roberts
 W. Michael Roche
 In honour of Gert Rosenau
 Rotary Club of Oshawa Parkwood
 Rotary Club of Whitby Sunrise
 Joseph Runza
 Robert Russell
 Dr. Sinnadurai Sangaralingham
 Santaville Inc.
 Stephen and Patti Selby
 Srinarayanathas Foundation
 St. Joseph's Council No 6361
 Stack/Nissen Family
 Will and Tanya Stephen
 Robert and Danièle Stephenson
 Janet and Mark Stewart
 William Stone
 Bob and Kathy Stroud
 Wayne and Marina Sytsma
 Tahir Family
 Dr. Stephanie Tam
 James and Eleanor Tandy
 Brent Taylor
 Mary Joan Taylor
 Jeff and Janet Thorsteinson
 Thyssen Dover Elevator

Tim Hortons Oshawa Smile
 Cookie Campaign
 Carol Torrente
 Ulanicki Family
 Robert Umphrey
 Theresa and Ted Virgin
 George and A. Jane Waller
 William and Nancy Weese
 David and Lydia Westlake
 Donald C. White
 Russel White
 Glenn Willams
 Ken R. Worsley
 Ruth Wright
 Lorraine Young
 John and Magda Zoelman
 Anonymous (36)



Spreading Holiday Cheer!

Over the holidays, the Health Aging Team at the Whitby and Oshawa Hospitals spread the spirit of the season by gifting special presents to their patients. This initiative was funded by our Foundation and made possible by your support!



THANK YOU
SO MUCH!



Sponsor Listing

Thank you to those sponsors who supported
Lakeridge Health Foundation between
April 1, 2023 and March 31, 2024

AC Technical Systems Ltd.	J.J. McGuire General Contractors
Ajax Downs	Laura Carey Desjardins
AI Insurance	Insurance Agency
Andrea Spohn Desjardins	LiUNA! Local 183
Insurance Agent	Mackie Family
Anne Marie Henry-Lyons	Minto Communities - Canada
Desjardins Insurance Agency Inc.	MNP LLP
Barnes Memorial Funeral Home	National Bank Financial SilverBirch
Barry Bryan & Associates	Wealth Management
belairdirect	Nina Romano Desjardins
Bell Canada	Insurance Agent
Ben's Pharmacy	NorthWest Healthcare
BMO Bank of Montreal	Properties REIT
Bull Financial Services	Nurse Chevrolet Cadillac Ltd.
Carpenters and Allied	Ògo Tàwa
Workers Local 27	Ontario Motor Sales
Carpenters Local 397	Ontario Power Generation
Carrier Enterprise	Orbit Insurance Services
Clark Excavation	Oshawa Centre
Clintar	Oshawa Italian Recreation Club
Coin Branding Inc.	Paradisaic Building Group Inc.
Connor, Clark & Lunn	PetleyHare Insurance Brokers
Financial Group	Ritchie Shortt & Tully LLP
Courtyard by Marriott Oshawa	Royal Bank of Canada
& Towneplace Suites	Sands Commercial
D.G. Biddle & Associates	Floor Coverings
Dalray Contracting Inc.	Scotiabank
Deighton Associates	Securiguard Services
Douglas Family - DKI CRCS	Smith and Long
Durham Radio	Tammy Lee Hanlon
Durham Regional Police	Insurance Agency Inc.
Service Board	TD Bank Group
Ecosystem Energy	Teknicor Corporation
Elexicon Energy	Trent University Durham GTA
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Fieldgate Developments	W. C. Town Funeral Chapel
Fridel Limited	Wayne James Haulage Ltd.
Handicare Canada Ltd	Woitzik Polsinelli Barristers
HTS Engineering Ltd.	& Solicitors
Impark Canada	

Financial Summary

April 1, 2023 – March 31, 2024

\$15,433,318

Total Revenue

\$7,871,388

Revenue from Fundraising

\$7,561,930

**Revenue from Investments
and Other Income**

\$3,574,369

Expenses

\$3,618,073

Grants to Lakeridge Health

Full financial statements for 2023/2024 fiscal year (April to March) can be found on our website at www.lhfoundation.ca

Impact Spectrum

Lakeridge Health Foundation's Impact Spectrum is a meaningful scorecard that measures our Foundation's fiscal year based on the four pillars of our organization. These pillars are each scored out of 100, and the scores help us achieve our vision of an inspired community achieving health care excellence in Durham Region.

The Pillars of Lakeridge Health Foundation's Impact Spectrum:

People:

Investing in the learning and growth of our team.

75%

Operational Effectiveness:

Establishing comprehensive processes that help our Foundation meet our goals.

99%

Financial Performance:

Ensuring financial sustainability through planning, investing, and resources.

93%

Health Care Impact and Donor Engagement:

Showing you the impact that your support has on health care in Durham Region.





98%

Total Score for 2023/24

91%

Thank you for your support.

Connect with your community.
Connect with us!

-  @lhfoundation_
-  @lakeridgehealthfoundation
-  @LHFoundation_
-  Lakeridge Health Foundation

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Oshawa, ON L1G 2B9
T (905) 433-4339
F (905) 743-5306

www.lhfoundation.ca
foundation@lh.ca

Stay in touch with your community! Subscribe to our fresh e-newsletter. Email foundation@lh.ca now.



**Lakeridge
Health
Foundation**



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