



Resilience

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Pivot & Persist

A message from our Chair & CEO



Keith White
Chair, Lakeridge Health Foundation
Board of Directors 2018–2021



Yves Gadler
CEO, Lakeridge Health Foundation

Everything changed in 2020. The global pandemic altered the way we all live and work. We had to transform the way we think and especially how we connect with donors.

Two things stood out in those early months: that our community is full of the most generous and selfless people, and that our Hospital colleagues are heroes to say the least.

Now more than ever, community hospitals stand out as the lifeline of our regions. From our critical care physicians, nurses and therapists to the dedicated staff that maintain and clean our hospitals – we rely on them to keep our families safe and we speak for everyone when we say thank you from the bottom of our hearts.

In these unprecedented times our Foundation was forced to think differently. We had to cancel all three of our signature events and move everything we do online. The word ‘pivot’ became part of our daily conversations and thinking outside the box became the norm. With the support of the Board of Directors, we introduced new and creative ideas including the first ever joint-Foundation campaign in support of COVID-19 relief efforts at Lakeridge Health, an online auction and a webinar.

You embraced our increasing digital presence and we are grateful to have platforms to keep connecting with you in the best way possible. Keeping our staff, medical professionals, volunteers and donors safe has been paramount to us and because of that, much of our contact in 2020 became virtual. For a short period of time, when it was safe to do so, we welcomed some distanced backyard visits in our new office at 382 Simcoe Street and did our best to connect even if it meant from two metres apart in a driveway. Maintaining relationships with our donors and volunteers is so important and we truly appreciate how you’ve adapted alongside us!

You’ll notice our report looks slightly different this year – we have less professional photos and many with masks. Even though things have looked different in 2020, we’re still making an incredible impact on our Hospitals as we work together in support of Lakeridge Health.

We hope to look back on this year as a reminder of the dedication and resiliency of the Durham Region community. Thank you to the tireless staff at Lakeridge Health for your formidable expertise and efforts during this pandemic. Thank you to our staff and volunteers for embracing change and challenges head on. Finally we want to thank you, our donors, who reminded us time and time again that your support of Lakeridge Health is unwavering.

We look forward to seeing everyone in person again soon.

Critical Care Team Grateful for Community Support

During these challenging times, one thing is certain at our Lakeridge Health Hospitals – the very best experts are at the helm of patient care. Armed with their extensive knowledge and the support of our community, our local health heroes have been leading the fight against COVID-19.

While many of us were just becoming aware of COVID-19, the team at Lakeridge Health, including Dr. Karim Soliman, began preparations for this battle well before it became a global pandemic.

“We were planning our response to COVID-19 back in January of 2020,” says Dr. Soliman. “As with any major virus that starts to hit other countries, you follow the news and you start to create a plan so that you are not caught off guard. We put together a task force to plan and develop how our procedures were going to change while still focusing on high quality patient care.”

As part of Lakeridge Health’s official COVID-19 response team, Dr. Soliman and his colleagues – experts in infection control and surge planning – began working diligently to anticipate the impacts on our Hospital. That included planning how to safely assess patients for COVID-19, how the teams would respond when a patient goes into cardiac arrest and the best guidelines for using personal protective equipment (PPE) such as face masks and shields, gloves and hand sanitizer.



Critical Care Unit Heroes



“Without a doubt, our critical care services are world class. We are teaching others how to do things right, we’re guiding other hospitals and we’re doing it with a focus on high quality care, innovation and compassion. We should all be proud of our local health system.”

–Dr. Randy Wax, Critical Care Physician

Dr. Soliman and his colleagues were overwhelmed by the community’s response. “We’re so very grateful for what the community has donated, from skids of N95 masks to ventilators,” he says.

Safety for staff and patients has been so important during the pandemic. Another member of the Critical Care Team, Dr. Randy Wax, a 20-year veteran of critical care medicine and expert at Lakeridge Health has been leading the response to COVID-19 both locally and around the world. His experience on the front lines during SARS coupled with his critical care and disaster management knowledge has made Dr. Wax a sought-after medical professional during the pandemic.

Since January, Dr. Wax has published four papers on the importance of critical care and safety practices in the Intensive Care Unit, and in

Anesthesia and Emergency Departments. “Even though COVID-19 is much more complicated than SARS, everything we learned from that experience is applicable to this pandemic,” shares Dr. Wax. One of his recent papers has been downloaded 80,000 times around the globe and cited 150 times in research papers about COVID-19.

Both physicians are proud of their critical care colleagues and the innovations they’ve developed to keep safe while still ensuring a positive patient experience.

“Sometimes small changes,” explains Dr. Wax, “can still make a big difference. The team added extensions to the tubes used with our Smart IV pumps so that staff could administer medications quickly without entering the room.”

Ensuring patients have the medications or fluids they need right away is vital but the realities of COVID-19 mean that any additional visits inside a patient room require staff to put on new PPE every time.

“Everyone plays an important role, from physicians, nurses, dietary aides and respiratory therapists to our administrators, patient care managers and environmental services team,” says Dr. Wax. “We all celebrate when patients are extubated and are well enough to move out of the Intensive Care Unit (ICU). It’s a very positive moment in the patient’s journey – the whole team gathers in the halls and does a clap-out as the patient leaves the ICU.”



Dr. Karim Soliman

Virtual Connections Program

Family members are key players in all programs but especially critical care. With strict visitor restrictions in place, virtual care has become extremely important.

In the Spring of 2020, the Hospital introduced the Virtual Connections program ensuring iPads – funded by donors like you – were available throughout the Hospital so patients and their families could communicate with each other and the care team. Virtual Connections allows Dr. Soliman’s team to continue consulting with family members and share special moments of celebration. “In one instance, we had a patient who came off the ventilator and the family didn’t know yet. We called for a video chat and were able to surprise them,” recalls Dr. Soliman.

Your Actions Have Made an Important Impact

There are many reasons to thank the Durham Region community. For Dr. Soliman in particular, he credits our community for the fact that our Hospital never experienced a significant surge in the ICU.

“We did not see the same surge that occurred in other jurisdictions like New York, Italy and even other Hospitals in the Greater Toronto Area. That has a lot to do with the sacrifices everyone has made. We saw the result of that right in the ICU. I want to say thank you to everyone for doing their part.”

Dr. Wax wants everyone in Durham Region to know how grateful he is for them as well. “The reason we’ve had such good mortality rates, that we’ve had more positive outcomes, is because our units have not been flooded with critical patients,” says Dr. Wax. “This is directly related to the sacrifices our Durham Region community has made by staying home and following social distancing practices.”

We all continue to be thankful for our health care heroes for keeping our community safe during the pandemic. It’s heartwarming to know team members like Dr. Wax are equally as grateful for our collective support: “When you give to Lakeridge Health, you’re not just helping us provide better care, you’re keeping us safe, you’re saving lives and you’re investing in health care expertise for the entire province! Thank you so much.”

Durham Region Fights COVID-19 Campaign Results for Whitby and Oshawa:

1,334

Donors

1,657

Donations

\$1,234,563

Raised

461

Inquiries to help

4,300

Volunteer thank you calls

COVID-19 Donor Spotlight



10-Year-Old Merryn Crafted For A Cause

Two local siblings, Merryn and Alexis, were inspired to give back thanks to their Mom, a Clinical Practice Lead at the Oshawa Hospital. The restrictions set out due to COVID-19 meant more time at home for the sisters and the duo grabbed their Rainbow Loom bracelet making kit and got busy. Merryn jumpstarted 'Loomers for Lakeridge' and with help from her sister and some friends, the group sold bracelets for \$5 each to friends, family and neighbours in support of our Oshawa Hospital. "I like that I can video call with my friends and we can make Rainbow Looms together," said Merryn. "It's about helping my Mom and her friends at work!" Parents Katherine and Dave are incredibly proud of their daughters for choosing to give back to their community hospital.

Global Fashion Company PVH Corporation Inspired to Give Locally Thanks to Front Line Connection

One of the world's largest apparel companies supported Durham Region's efforts to battle COVID-19 thanks to a heart-warming personal connection with our local Hospital. PVH Corporation, which owns a number of popular clothing brands including Calvin Klein, Tommy Hilfiger, Van Heusen, IZOD, Arrow, Warner's, Olga, Geoffrey Beene, and True&Co, committed \$25,000 USD to Lakeridge Health Foundation.

The surprise donation came thanks to Richard Deck, EVP, North America Commercial – PVH Canada and Heritage Brands. Richard is a long-time Whitby resident who holds a special connection to health care. His wife has been a nurse for 30 years and his youngest daughter started working as a nurse at Lakeridge Health Oshawa's Emergency Department during the first wave of COVID-19 in the Spring of 2020.

Alongside Richard's personal connection a number of PVH team members in the Toronto office live in Durham Region and it became an obvious choice to invest the funds locally at a Hospital the group had come to rely on.

"While this crisis is unlike anything we've ever seen before, supporting our communities - during both good and challenging times - has always been engrained in PVH's culture," said Richard. "It's important to demonstrate how extremely grateful we are as an organization to what the front line health care workers are doing."



407 ETR Grants Urgent Funding to Local Hospitals Fighting COVID-19

As part of the 407 ETR's investment of \$1.2 million to hospitals and rehabilitation centres battling COVID-19, Lakeridge Health Foundation received a generous gift of \$50,000.

The donation was made to assist in the purchase of personal protective equipment, patient care equipment, and other items based on the local and individual needs of each hospital.

"At 407 ETR, we recognize the increased demand on the health care system resulting from the pandemic," says Kevin Sack, VP of Marketing, Communications & Government Relations, 407 ETR. "We look forward to getting back to normal again one day and we fully recognize that getting there would be impossible without our incredible healthcare community."

Creating Connections with In-Need Patients

The COVID-19 pandemic has shown how much we rely on technology to keep connected. Unfortunately, technology can be expensive and in some cases, a luxury one can't afford.

An urgent request from our Mental Health and Addictions department asked for support to purchase 100 phones to keep patients connected. Hospital restrictions for patients and visitors in 2020 made it difficult for patients to have regular one-on-one and group support that they depend on. Thanks to the generosity of the Durham Community Foundation and the Emergency Community Support Fund, \$10,350 was donated to purchase phones for the Department. Available to qualifying patients who do not have access to reliable telephone access, staff are able to provide a basic mobile device to enable consistent, virtual care when they are more vulnerable.



Exceptional Patient Care, Close to Home

COVID-19 Survivor, Joe, Very Grateful For His Local Hospital

After spending 49 days at Lakeridge Health Oshawa, Joe Persico, a 56-year-old from Whitby was able to return home to his wife and daughter on May 7, 2020. His stay in the Hospital consisted of 20 days on a ventilator in an induced coma while being in the Intensive Care Unit.

Joe was admitted into the Hospital in March and treatment started immediately as he began the grueling fight for his life. For the first couple of days, Joe's treatment included special medications and antibiotics through a Smart IV

Pump. Like many critical COVID-19 patients, he was on a ventilator to stay alive. Thanks to the Durham Region Fights COVID-19 Campaign, our Hospital was never without the equipment and resources they needed to care for patients like Joe.

"The doctors, nurses, and physiotherapists at the Oshawa Hospital went above and beyond to take care of me and to get me home to my wife even though I had a very small chance of survival," says Joe. "Donor support is really making a huge difference inside the Hospital."



Cancer Care doesn't stop for COVID-19

Even with stay-at-home orders in place throughout the year many patients receiving cancer treatment still required essential hospital visits. One such patient, Port Perry resident Marc, received his treatment at the R.S. McLaughlin Durham Regional Cancer Centre regularly during the pandemic.

At only 33 years of age, and with no family history of cancer, Marc noticed a lump on his neck. After receiving the life-changing results in 2019, Marc and his family, including partner Lauren and young daughters Ève and Audrée, began navigating life with cancer including both chemotherapy and radiation treatments.

As news of COVID-19 began to spread in early 2020 Marc and his family felt grateful they could

count on the Hospital to provide a safe environment. He shared that things have been quite different at Lakeridge Health. "When you enter the Hospital it feels intense but the cancer team at Lakeridge Health doesn't show any tension. Even though it's hard right now for them too they're keeping things calm and are so compassionate while taking care of us."

Before COVID-19 restrictions were put in place at the Hospital, his wife Lauren would join him at the Hospital and his parents helped out at home. Now the family shows their gratitude for his health care team a little differently. "Every night we would bang our pots and pans, we put up lawn signs, and we lined up on the street to show support for our friends who work at Lakeridge Health."



Let's Go Digital!

In 2020, we had to think quickly about how to keep you engaged in the absence of in-person events. Thanks to the support of our volunteers and committee members we were able to present two new virtual initiatives.

Raise a Little Health Online Auction

In November of 2020 we introduced our first ever online auction: Raise a Little Health presented by the Mackie Family. The strictly virtual event encouraged guests to get shopping while giving back using both silent and blind bidding. Standout items included an unforgettable 12-person Ron Fellows Driving Experience at Canadian Tire MotorSport Park, signed John Tavares jersey and Connor McDavid hockey stick, work-from-home packages and stunning jewellery.

Auction participants bid bigger and better than expected, raising \$76,307 for cancer care priorities at Lakeridge Health. Thank you to all of our sponsors and donors who participated, we couldn't have done it without you!

Presenting Sponsor

The Mackie Family

Platinum Prize Package Sponsor

Ron Fellows and Canadian
Tire Motorsport Park

Premier Prize Package Sponsors

Bell
Carpenters and Allied
Workers Local 27
Carpenters Local 397
Compute
D.G. Biddle & Associates Ltd
Fidelity Investments
Fieldgate Developments
Johnson Insurance
Minto Communities
Northwest Healthcare Properties
TD Asset Management
Woodland Homes

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Fact or Fiction: COVID-19 Webinar

Lakeridge Health Foundation's young professional fundraising committee, Launchpad, hosted its first-ever virtual TechTalk on September 17, 2020. True to Launchpad's TechTalk format, the event gave attendees the exclusive opportunity to connect with and ask questions of a Lakeridge Health expert. This unique presentation featured Dr. Dan Ricciuto, Internal Medicine and Infectious Diseases specialist. Dr. Ricciuto gave a thorough presentation on the myths and facts of COVID-19 and ended with an informative question & answer session.

This myth-busting event supported the Durham Region Fights COVID-19 campaign, which provides funding for the critical needs of Lakeridge Health's Oshawa and Whitby Hospitals during the pandemic.

Launchpad Committee 2020

Steve Conaby, Chair
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Michelle Bell
Caitlin Blea
Brandon Burtnik
Krum Dochev
Matt Douglas
Kennisha Dyer
Samantha Mackie
Brooke Vukets

Drive 4 Dollars

Putting your health in the driver's seat

Despite rolling pandemic restrictions, the dealerships of Durham Region banded together to run a successful Drive4Dollars campaign from October 26-31, 2020. We're pleased to share that 6 new dealerships joined the initiative helping to spread awareness and raise funds across all of Durham Region.

Overall, 31 participating dealerships donated a portion of proceeds from each vehicle sold, raising over \$36,000 and funding 7 Smart IV Pumps for the R.S. McLaughlin Durham Regional Cancer Centre at Lakeridge Health. We're most grateful to Bob Verwey of Owasco for leading the 2020 initiative.

We'd like to give special thanks to everyone who participated and the following dealerships for revving up support for local cancer care!

Dealerships

- | | |
|--------------------------------|--------------------------|
| Acura Pickering | Lexus of Lakeridge |
| Audi Durham | Marigold Ford |
| BMW Durham | Marigold Lincoln |
| Clarington Honda | Mercedes-Benz Durham |
| Clarington Hyundai | Midway Nissan |
| Clarington Nissan | MINI Durham |
| Clarington Toyota | Nurse Chevrolet Cadillac |
| Cowan Buick GMC | Ontario Motor Sales |
| Durham Kia | Owasco Pre-Owned Centre |
| Endras INFINITI | Owasco Volkswagen |
| Fraser Chrysler Dodge Jeep Ram | Pickering Volkswagen |
| Fraser Ford | Volvo Cars Lakeridge |
| Gus Brown Buick GMC Port Perry | Whitby Oshawa Honda |
| Gus Brown Buick GMC Whitby | Whitby Subaru |
| Jaguar Lakeridge | Whitby Toyota |
| Land Rover Lakeridge | |

PHOTOS:

Sales representatives and new car purchasers celebrate Drive4Dollars



Giving Tuesday

Recognizing local champions for going above and beyond.

Giving Tuesday is a global initiative that takes place every year after Black Friday and Cyber Monday. It's a time when we can all join forces and support our favourite causes. At Lakeridge Health Foundation, Giving Tuesday is an opportunity to instead give thanks to those important to us. For the past three years, we have celebrated the day with two special awards: Hospital Champion and Community Champion.

The 2020 Hospital Champion award recognized the collective efforts of ALL staff at our Oshawa and Whitby Hospitals, Pinewood, satellite sites and Durham Mental Health Services locations for their unwavering commitment to exceptional patient care throughout the COVID-19 pandemic. Staff in every department were recognized with a special "health care hero" button as a token of appreciation.

The 2020 Community Champion award recognized the steadfast dedication of the Dragon Flies Breast Cancer Survivor Group who were honoured during a virtual ceremony for their significant fundraising efforts in support of the Heather Griffith Breast Assessment Centre. Despite the challenges COVID-19 posed on their usual fundraising events, they still managed to fundraise \$10,000 for local health care. This incredible group has donated \$390,000 to date in support of breast health in Durham Region.

PHOTOS:

Members of the Dragon Flies Breast Cancer Survivor Group; Lakeridge Health staff proudly wear their Hospital Champion pins



The Kelly Burger's Legacy Endowment

Brooklyn Burger-Jacobs Seeks Hope and Healing by Fundraising for Mom with Pancreatic Cancer

For 16-year-old Brooklyn Burger-Jacobs, being home during the pandemic was a blessing – it meant more time with her Mom, Kelly, who was battling Stage 4 pancreatic cancer. Every moment together was more precious than the last.

Unlike most teenagers, Brooklyn isn't focused on video games or social media these days. The young philanthropist wanted to raise money in honour of her Mom who received a terminal diagnosis in the summer of 2020. Working with Lakeridge Health Foundation, Brooklyn and her family set up the Kelly Burger's Legacy Endowment Fund in support of cancer care. The interest from that investment will be used every year to help fund important cancer care equipment and research at Lakeridge Health and the R.S. McLaughlin Durham Regional Cancer Centre (DRCC).

"Endowment Funds are an impactful way to address the immediate and long-term needs of a specific area of care," explains Steve MacDonald, Director of Development & Campaigns at Lakeridge Health Foundation. "Money raised through an Endowment Fund is invested in perpetuity and provides a reliable and ongoing commitment to Lakeridge Health. After meeting Brooklyn, we knew right away that an Endowment Fund would ensure her hard work would see an impact for years and years."

In December of 2020, with the help of the Lakeridge Health Foundation team, Brooklyn and her family launched a campaign to raise the \$25,000 needed to start her Mom's Endowment Fund. Within one week, she met and surpassed her goal thanks to the incredible response of the Durham Region. One month later, in January 2021, the Kelly Burger's Legacy Endowment exceeded \$55,000.

"My Mom has been the most important person in my life. I love her so much and I wanted to find a way to celebrate her," shared Brooklyn. "Raising money for the Hospital means we can help families just like mine get the best cancer care close to home. When I get older I want to look back on what we've done and know I made a difference – that there are more types of care and treatment for cancer patients."

One in two Canadians will be diagnosed with cancer in their lifetime. Pancreatic cancer specifically is the third leading cause of cancer death in Canada and has the highest mortality rate of all major cancers. Many people can go undiagnosed because there is no specific screening for pancreatic cancer and symptoms are hard to pinpoint. Three-quarters of pancreatic cancer cases go undiagnosed until Stage 4 when the cancer has spread to other parts of the body. Since 2008, Lakeridge Health's DRCC has participated in six clinical trials for pancreatic cancer and the impressive research program has approximately 90 clinical trials in various types of cancer at any given time.

Compelled by their daughter's motivation and bravery, the Burger-Jacobs family wanted to share their story with the community in the hopes it would provide comfort to other families – and so Kelly could see Brooklyn's wishes come to fruition. "Until recently we were very private about Kelly's cancer," said Brooklyn's Dad, Rob. "We were so proud of Brooklyn. You raise your child to make their mark on this world and Kelly and I were just so thrilled to see her doing that and more."



Brooklyn with her parents Rob and Kelly.

On January 9, 2021 the family lost Kelly to her illness but not before she saw Brooklyn double their original goal in her name.

For Brooklyn and Rob, accomplishing this goal with Kelly by their side will always be a treasured memory. "My Mom once told us she hoped her journey would inspire other people and I am so proud to say – yes Mom, look at what we did together! I am so grateful to everyone who has supported us. This means so much to my family, and my Mom especially. But I'm not done, in fact, I'm just getting started."

Brooklyn is poised to continue fundraising for her endowment as she takes on her next challenge - applying for university and becoming a doctor. "You see cancer on TV and in movies. You think you know what it's like but you don't. We felt my Mom go through this cancer. It became our cancer and our cause. We hope it will be yours too."

You can follow along with Brooklyn's progress at www.kellyburgerfund.com



Jan and Steve Perry

Very Perry Holiday

Steve and Jan Perry Match Holiday Campaign Donations to Raise Records Amount Over The Holidays

In November and December our Holiday Campaign raised funds for cancer care with a special message - Steve and Jan Perry would match every donation dollar for dollar.

In 2018, The Perry Family made a transformational \$5 Million donation to Lakeridge Health Foundation so that the best equipment, resources, research and education would be available to our Hospitals. Steve and Jan stepped up once again to support one of Ontario's top cancer centres and the comprehensive care Lakeridge Health provides to the families that rely on us every day for cancer care.

At the conclusion of the campaign, the generous couple shared that not only would they follow through on that promise, but that they would top up funds raised as well. Thanks to this incredible act, the Holiday Campaign raised \$215,000 from donors like you - the most successful appeal of its kind in our history - and was matched with an additional \$300,000 from Steve and Jan totaling \$515,000 for local cancer care!

Highlights:

\$100,000

Online gifts

\$115,000

Mailed in

\$300,000

Perry Family

Hockey for Health Heroes

From the blue line to the front line

Last summer, the best game you can name inspired three local hockey legends to launch a unique fundraising initiative for Lakeridge Health Oshawa and Headwaters Health Care Centre in Orangeville.

Oshawa Generals Alumni Sherwood (Sherry) Bassin, Joe Busillo, and Dr. Craig Donaldson (who is now an Emergency Care physician at Headwaters Health Care Centre), launched Hockey for Health Heroes on the 30th anniversary of the Oshawa Generals' Memorial Cup win. In an effort to raise awareness and funds for their local Hospitals' front line heroes, the group encouraged others to create their own hockey fundraisers or donate directly to Lakeridge Health Foundation. Donors and participants were entered to win weekly prize packs such as Skyzone passes, Oshawa Generals tickets, and Oshawa Centre gift cards. Special thanks to local dealership, Owasco RV Centre, for delivering the prizes safely to our weekly winners.

By inspiring hockey lovers and fans alike to fundraise for local health care, Hockey for Health Heroes helped raise over \$25,000 to fund five new Smart IV Pumps for our Oshawa Hospital!

You Win, We Win, Everyone Wins!

50/50 Raffle launched to bring big wins to community and Hospital

Launched in the summer of 2020, the Foundation's new 50/50 Raffle is an exciting way for supporters to win big while helping bring important funding to Lakeridge Health. The monthly raffle boasts an affordable range of tickets and a \$5,000 guaranteed take home prize that grows as more tickets are purchased. Funds raised are split in half ensuring the Hospital can make important updates to equipment and capital needs. Each month the Foundation surprises a lucky winner with a big take home prize, the largest being over \$12,000. Several early bird prizes have ensured even more deserving individuals have joined our list of winners.



Prize winner Lisa with sponsor Bob Verwey



Raffle winner Chris

Exciting Construction Update

The New Interventional Radiology Suite is taking shape in Oshawa

Between 2015-2017 the iSupport Campaign aimed to raise \$5 million to redevelop and outfit a new Interventional Radiology (IR) suite at Lakeridge Health Oshawa.

Interventional Radiology (IR) is a sub-specialty of medicine that focuses on minimally invasive procedures guided by imaging. Lakeridge Health's team of IR experts use the small tools and instruments like scopes to do incredible things through pinholes in the skin - and all within minutes. The teams rely on a piece of equipment called a C-arm, which uses fluoroscopy (continuous X-ray) as a guide and roadmap. Patients and programs from all over the hospital benefit from IR procedures including dialysis, cancer, palliative care and women's health.

This unique hospital program, tucked away in the Diagnostic Imaging Department of the Hospital houses two cramped procedure rooms, coined as the smallest IR rooms in the country. Despite older equipment, the specialized staff team of Interventional Radiologists, Nurses, and Technologists are continuing to provide exceptional care.

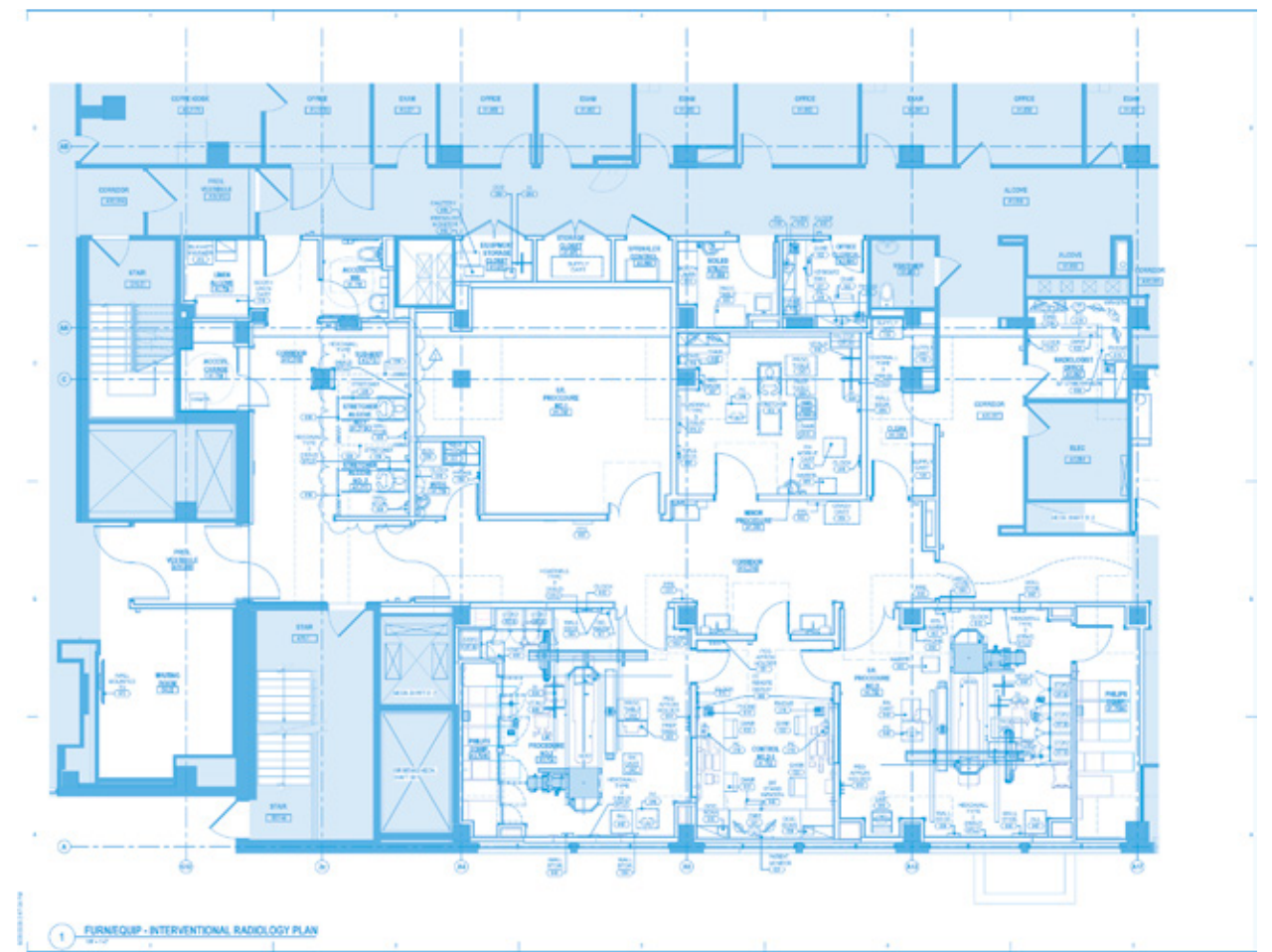
"The new IR suites represent a remarkable investment opportunity to advance our program with respect to high quality, safe, efficient, and effective patient care, while supporting our internal stakeholder programs and external community" says Ron Burke, Director, Diagnostic Imaging. "We will be able to expand appropriate and equitable access to a wide variety of existing procedures which will improve patient access and flow as well as expanding operations to include more complex procedures, invest in education and further the talent development of all associated staff, while enhancing patient and team satisfaction."

On top of acquiring two new C-arm units for the department, the new area will be designed in alignment with surgical suites, be 2-3 times larger, and showcase a new, improved layout that works for the staff, not against them.

In 2018, the department completed renovations on the area adjacent to the future Interventional Radiology Suite to create a preparatory and recovery unit for IR patients that includes 10 beds and a centralized nursing station. The area also has a dedicated space for minor procedures such as ultrasound guided biopsies or paracentesis, a bedside treatment for removing fluid from the abdomen. With the addition of this new space and the soon-to-be completed IR suite, the program will see an impressive 80 per cent increase in patient visits and an average 60 per cent decrease in wait times.

The multi-phase redevelopment also includes a redesigned and recently completed space for the Ultrasound Department with five new ultrasound suites. Two more additional suites will be constructed in the old IR area once the program moves to its new home. These new suites offer an improved patient experience including more privacy.

Renovations are now in full swing for the new IR Suite with delivery of the new C-arms and other equipment coming in the first half of 2021. As restrictions lift in the coming months and year, we look forward to bringing donors through the new space to experience the incredible changes to this department and what the team will be able to accomplish with their new home.



PHOTOS: Blueprints and construction progress on the new IR area.

Lakeridge Health Updates

Cynthia Davis Named New President and CEO of Lakeridge Health

Lakeridge Health announced the appointment of Cynthia Davis to the position of President and CEO. A registered nurse by profession, Cynthia has over three decades of health care experience in both Canada and the United States.

Prior to joining Lakeridge Health in January 2021, Cynthia served as the President and CEO at Western Health in Newfoundland and Labrador.

“I am excited for this tremendous opportunity to work with the physicians, staff, community partners and everyone who is part of Lakeridge Health,” says Cynthia. “Together, we will continue the momentum toward building a health system that meets the needs of Durham Region. I look forward to being a part of this transformational change.”

Cynthia will also join Lakeridge Health Foundation’s Board of Directors in 2021.

PHOTOS (FACING):

Cynthia Davis, clients and staff of Durham Mental Health Services, surgical team in Oshawa.

Durham Mental Health Services and Lakeridge Health Join Forces

A voluntary integration between Lakeridge Health and Durham Mental Health Services (DMHS) took shape in the summer of 2020. The partnership, which is the largest community integration in recent history, will improve access to the continuum of quality mental health and addictions services for clients, expand organizational capacity, create sustainability and growth, and facilitate innovation in both community-based and acute care services.

“Mental health and addictions support is an important part of our strategic plan to improve population health and is very important to me personally,” says Cynthia Davis, President and CEO, Lakeridge Health. “I am excited about the potential for Lakeridge Health to be a leader in this area and to showcase a truly integrated approach to help tackle one of our greatest health care challenges.”

Lakeridge Health has seen an increase of people seeking health care and supports for mental health and addictions. The growing need is expected to continue, as the population of Durham Region will double in the next 20 years. The innovative partnership will prioritize the development of a comprehensive multi-year, mental health and addictions plan to guide the future of care, support, and service within Durham Region.

Monitoring Surgical Patients Recovering at Home

Beginning in August, patients who have surgery performed at Lakeridge Health will be able to recover at home sooner with the support of a virtual nurse-surgeon team connected through an innovative app on their phone or tablet.

A collaboration between the Central East Local Health Integrated Network (LHIN), Lakeridge Health, and Ontario Health (OTN), the Remote Surgical Monitoring program is offered to qualifying patients undergoing thoracic (lung and esophageal resections), orthopedic (same day total hip and knee arthroplasty), and laparoscopic gynecologic-oncology surgeries.

Patients enrolled in the program will share their post-surgery symptoms through the app as they recover at home. A nurse monitors their condition daily, reaching out by phone or video visit and communicating with members of their hospital team as needed. The nurses ensure patients are comfortable and confident in their recovery, and can help detect potential problems early.

The program will enable more than one thousand surgery patients annually to heal at home, with their family or caregivers nearby. Remote home monitoring has a positive impact on patients’ recovery and overall experience, reducing hospital stays and readmissions. Innovative approaches like virtual monitoring make it easier for people to access care when and where it is needed making for an exciting transformation on how health care is delivered across Durham Region.



'Smarter' Technology in Every Corner of the Hospital

Smart IV Pump Campaign Continues at a Steady Pace

The IV pole is one of the most important pieces of equipment in any hospital room. It is paired with a special pump that monitors and administers medication and fluid to patients called a "Smart Pump". These new and improved pumps are mini-computers that ensure medication doses match up with patient information while at the same time housing online drug libraries to ensure accuracy. In 2018, Lakeridge Health Foundation committed to funding 200 Smart IV Pumps at \$5,000 each totalling \$1 million. Each department of our Oshawa and Whitby Hospitals require new pumps including 50 pumps for the R.S. McLaughlin Durham Regional Cancer Centre. Smart IV Pumps are used in nearly every department of the Hospital from NICU to surgery, chemotherapy suites, and of course in the Intensive Care Units (ICU) where many COVID-19 patients are receiving care for extended periods of time.

To date, we have funded 142 of the 200 Smart IV Pumps, over \$700,000 in funding, thanks to a number of very generous donors listed here.



Thank you to our generous donors who specifically supported our Smart IV Pump Campaign 2018–2020.

142/200

Smart IV Pumps funded

Smart IV Pump Donors 2018-2020

\$50,000+

Anonymous

\$25,000-\$49,999

Hockey for Health Heroes
Lakeridge Health Whitby
Volunteer Services
The W. Garfield Weston
Foundation

\$10,000-\$24,999

Bevy of Hope Breast
Cancer Foundation
Dr. Hak Ming & Deborah
Chiu Foundation
Kamstra Family
Kinsmen Club of Oshawa
Ontario Power Generation
O'Regan Family
Oshawa N.A.S.C. Hockey
Rotary Club of Oshawa Parkwood
Rotary Club of Whitby Sunrise

\$1,000-\$9,999

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Mark Bull
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Clarington Toyota
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Buick GMC
Dalray Contracting Inc.
Douglas Family - CRCS DK1
Drive Auto Group - Midway
Nissan Motors Ltd.

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Ming Louie
Mackie Group
Mara Surgical Centre
Marigold Ford Lincoln Sales
David Meadwell
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Linda McGill
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Mara Okjan
Oshawa Girls Hockey Association
OWASCO
Peleshok Motors Limited
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Norm Van Duyn
Vukets & Associates
Stephen Weston and
Judith Guimaraes
Whitby Girls Hockey Association
Whitby Minor Hockey Association
Whitby Subaru
Whitby Toyota
Anonymous

Annual Donor List

The annual donor list is based on generous gifts received between January 1, 2020 and December 31, 2020.

+ *Indicates Monthly/Continuous donors*

\$500,000+

Herman Kassinger Foundation
Perry Family

\$250,000-\$499,999

L'Oreal Canada / La Roche-Posay

\$100,000-\$249,999

GlobalMedic
Mothersill Family
Anonymous

\$50,000-\$99,999

407 ETR
Durham Region Fights COVID-19
John and Isabelle Foundation
Kelly Burger's Legacy Endowment
Reckitt Benckiser (Canada) Inc.
Margaret Stainton

\$25,000-\$49,999

The Beer Store - Oshawa locations
Vince and Teresa Corvinelli
Drive Auto Group - Midway
Nissan Motors Ltd.
The Etta I. Jackson
Charitable Foundation
Hockey for Health Heroes
Laughing Cow
Anne and Charles Morison
Mother Parkers Tea & Coffee
PVH Foundation
Rick and Lynda Williams

\$10,000-\$24,999

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R. Cox and J. Walkey-Cox
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Chiu Foundation
The Dragon Flies Breast
Cancer Survivor Group
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Elexicon Energy
Endras Automotive Group
Gordon Forester
Foyston, Gordon & Payne Inc.
Fraser Auto Group
Government of Canada's ECSF &
Durham Community Foundation
Isabel & Wayne Daniel Foundation
Ivari
John Konarowski Memorial
Golf Tournament
Hoda Kayal
Mandarin
Manufacturing and Technology
Centre (MTC)
Mercedes-Benz Durham
Ontario Power Generation
Oshawa Area Signatory
Contractors Association
OWASCO
Estate of Gordon P. Payne
Rae and Joan Pickell
Powell Farms
Linda and Alfred Quinnell
Ron and Nancy Compton
Foundation
Rotary Club of Oshawa Parkwood
RTOERO District 28
Region of Durham
ScotiaMcLeod Charitable
Foundation
In honour of Greg Shannon
SPEC Furniture Inc.

Will and Tanya Stephen
Violet Taylor +
United Association Local 401
Whitby Toyota
Estate of Konstanty Zukowski
Anonymous (2)

\$1,000-\$9,999

30-day Sober and Self-
Love challenge in honor
of Cathy Basque
Adam Pyle Medicine
Professional Corp.
Berwin Adams
Chris Adams
Kelly Aitchison +
Albert Burke Medicine
Professional Corp.
Patricia Aleong
All Or Nothing Brewhouse
(Oshawa)
Amanda and Steven Concert
Amazon Logistics
Michael Ambler
Larry and Louise Anderson
Matthew Anderson
Andrew Foundation
Anthony Chin Medicine
Professional Corp.
Aunt Sarah's Specialities
Auto Workers Community
Credit Union Ltd.
Aviva Canada
Denis Ayotte and Family +
Estate of Mildred I. Barrett
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Brian and Carolyn Bettens
David J. Bezzant
Devon and Linda Biddle
Billco Investment Inc
Biosteel Sports Nutrition Inc.

Blackstone Energy Services
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Jessica Blencoe +
Dr. Christopher J. Blom
George Boeck
Milly and Ron Bouckley
Brooklin Ashburn Myrtle Lions
Club Fundraising Team
Jean Brown
Buldo Medicine Professional
Douglas and Margaret Burdett +
Calvin Chan Medicine
Professional Corp
Canada-India Foundation
Fatima and David Canseco
Anne Carlson
Estate of John H. Carr
The Carriage House
Retirement Residence
Catch Fish Fight Cancer
CCS Industrial
Chiu Yung and Kin Ming
Cheung Foundation
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Common Collection Agency Inc.
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Durham College Public
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Durham Regional Police
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John Dyall
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Aubrey Kassirer
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Kristine Chan Medicine
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Ronald Lacoursiere +
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Gerald and Beverly Lawrence +
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Elizabeth Le
Herb and Diane Letsche
Lexus of Lakeridge
Life Changers Ministry
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Judi Longfield +
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Dr. Timothy Lussier
Paul and Olga Lysyk
John MacFarlane
Edelweiss Magdamo
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Marjorie Pogson Charitable Fund
Matco Tools
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Donna and Filip Mayer
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McCutcheon +
Linda McGill
John and Ruth Mcleod
David Meadwell
Dr. Amar Mehta
Steven and Karen Moote
Leslie Motz
Dr. Victoria Mount
In honour of Arlene Murray +
N. Pidwerbecki Family Foundation
Nedalina Alexieva Medicine
Professional Corp.
Dr. Larry Nijmeh
Northwest Healthcare Properties
Nurse Chevrolet Cadillac Ltd.
Oakridge 1847 Restaurant
Ontario Power Generation
Employees Charity Trust
O'Regan Family
Dr. Edward Osborne
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Susan Graham Parker
Parkview Place Residence
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Murray and Marjorie Paterson

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Grant and Olwen Sigsworth +

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Dr. David and June Sugden
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Judith Guimaraes
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Keith and Joelle White +
William F. Hayball Charitable
Foundation
Estate of Audrey J. Williams
Kent Wilson
John Young
Julie Zawisza
Anonymous (16)

Gift Of Great Health Care For Future Generations



We are Forever Grateful

Donors looking to make an impact now, and in the future, have generously set up an Endowment Fund with Lakeridge Health Foundation with a donation of \$25,000 or more. These funds are invested through the Foundation in perpetuity, providing a reliable and ongoing commitment to various areas of Lakeridge Health. Endowment Funds are a deeply personal and impactful way to address both the immediate and long-term needs of our Hospital.

Anne and Charles Morison Endowment
Beryl Soldin Endowment
Dr. Benjamin Fuller and Family Endowment
in Emergency Medicine
Dr. Hak Ming Chiu and Deborah Chiu Education
& Research Award Endowment
Herman Kassinger Foundation Endowment
Kelly Burger's Legacy Endowment
Margaret Stainton Nursing Bursary

Emergency Team Honour Colleague with Endowment Fund

In the Spring of 2020, amidst the pandemic, the team in our Emergency Department came forward to honour one of their own, Dr. Benjamin Fuller, for his leadership as Chief of Emergency Medicine and his 27 years of service in health care. Spearheaded by emergency medicine physicians Dr. Larry Nijmeh and Dr. Katey Jakins, an inspired group of over 40 physicians and staff raised over \$29,000 to set up the Dr. Benjamin Fuller & Family Endowment in Emergency Medicine. Through a steering committee of peers, the annual interest from this Endowment will support Emergency Department needs such as equipment and capital projects, team building and wellness, and educational assistance for nurses and allied professionals.

Leaving a Legacy Beyond your Lifetime

The following group of distinguished individuals have planned a gift to Lakeridge Health Foundation in their Will. These future donations will help deliver exceptional health care to Durham Region residents in the years to come so that our Hospital can advance beyond their lifetime.

Paula E. Arcscott
Lil Beamish and
Katherine Helleur
Stan and Jackie Bezaire
Dorise V. Bilenduke
Jim Brewster and Family
Sandra M. Cole
Ilda C. Deluca
Jane Froese
Yves and Deidre Gadler

Donald and Beryl Gorrie
H. Armour Hanna
Pamela J. Harlow
Lynda Hatfield
Helen Hedge
Marilynn and George
Henderson
Gavin F. Machado
Bruce and Sue
MacKenzie

Doug and Arliene
Marshall
Dennis Mastroianni
Jill McClurg
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Dorothy R. McLaren
George and Anna
Mitchell
Jim and Louise Mulderrig
Peter and Lydia Nelles

William Peters
Margaret and
Raymond Pratt
Margaret Ronco
Freda Ryder
Bob and Lucy Southern
Violet Taylor
Patricia D. White
Anonymous (5)

Financial Summary

January 1, 2020–December 31, 2020

Total Revenue

\$7,848,000

Revenue from Fundraising

\$4,994,000

Revenue from Investments and Other Income

\$2,854,000

Expenses

\$2,261,000

Grants to Lakeridge


\$1,426,000


*Full financial statements for 2020/2021 fiscal year (April to March) can be found on our website at www.lhfoundation.ca



Thank you for your support.

Connect with your community.
Connect with us!

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 @LHFoundation_

 Lakeridge Health Foundation

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T (905) 433-4339
F (905) 743-5306

www.lhfoundation.ca
foundation@lh.ca

Stay in touch with your community! Subscribe to our fresh e-newsletter. Email foundation@lh.ca now.



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Health
Foundation**



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