



Lakeridge
Health
Foundation



Report to Donors

2025/2026

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Financial Summary

April 1, 2025 – March 31, 2026

\$15,948,901



Total Revenue

\$7,840,239



Revenue from Fundraising

\$8,108,662



Revenue from Investments and Other Income

\$4,069,237



Expenses

\$2,422,352



Grants to Lakeridge Health

Lakeridge Health Foundation's 2025/26 Fiscal Year

\$15,948,901



Total Raised Through Investments and Fundraising

\$899,878



Raised Through Signature Events

2,152



New Donors

Thanks to you, Lakeridge Health Foundation is helping advance health care in Durham Region and beyond!

Full financial statements for our 2025/2026 fiscal year (April to March) can be found on our website at www.lhfoundation.ca

59



Third Party Initiatives

355



Monthly Donors

\$741,111



Raised in Online Donations

50 Years of Incredible Impact

A Message from Our CEO

This year the Foundation celebrated 50 years of advancing patient care in Durham Region, a milestone that reflected our deep roots and growing leadership across the Lakeridge Health network. And what a year it was!

We welcomed back *NightShift*, partnered with RBC and Lakeridge Health's affiliate Foundations for *Ride for the Ridge*, and toasted five decades of impact at our Gala. Each moment reinforced the Foundation's role as a unifying force, uniting our community in support of exceptional patient care.

Because of you, the Foundation has raised \$166,730,752 and granted \$167,622,100 to our Hospitals across the last five decades.

In 2025/26, you helped us raise over \$7.8 million! With your support, we undertook significant projects like the enhancement of crucial Diagnostic Imaging equipment and the replacement of the Reverse Osmosis Water System at the Whitby Hospital.

As you read the stories on the following pages, I hope you see the lives you've changed and the families you've supported. All while looking toward the exciting future of health care in Durham Region.

For 50 years, you have stood with us, and we are honoured to continue this work together in the years ahead.

Yves Gadler
Chief Executive Officer,
Lakeridge Health Foundation



What's My Why?

A Message from Our Chair

At a Foundation event in September, our team asked me to share why Lakeridge Health Foundation is important to me.

I didn't have to think about it very long.

As we celebrated 50 years of impact, I reflected on how deeply the Hospitals are woven into the most meaningful moments in our lives. The doctors, nurses, and dedicated teams who walk these halls care for our community with extraordinary compassion, expertise, and unwavering commitment.

But it is your support, our donors, that makes this possible. We saw it when the community came together to raise \$1 million in support of the groundbreaking Grandview Kids and Lakeridge Health partnership. I also saw it when I hopped on my bike for *Ride for the Ridge* and rode in a community event for the first time.

What can I say? The Foundation team can be very persuasive!

The Foundation is personal to me. It represents the Hospitals where my children were born, and my family and I have received care. It also represents a community united by a shared purpose.

Together, we are strengthening the care that will support our neighbours, friends, and families for generations to come.

That is my "why," and I am deeply grateful to all who share it.

Carol Lynde
Chair, Lakeridge Health Foundation
Board of Directors



The Power of a Picture



This year, donor support helped fund crucial enhancements in one of Lakeridge Health's busiest departments: Diagnostic Imaging.

Every year, Lakeridge Health's radiologists and imaging specialists complete over 130,000 patient scans at the Oshawa Hospital alone. The Foundation set out with the ambitious goal of raising \$4.7 million to equip our teammates with four new ultrasound machines, a gamma camera and a state-of-the-art CT Scanner.

"The arrival of the new CT scanner is incredibly exciting for our team and, more importantly, for our patients," explained Dr. Elkarim. "Having this state-of-the-art technology in place so quickly means we can improve access to timely, high-quality imaging, which is critical for accurate diagnosis and treatment planning."

"The replacement of this equipment is essential to help our medical teams deliver answers fast, start treatment sooner, and give patients the best possible shot at recovery," shared Dr. Ghassan Elkarim, Chief of Diagnostic Imaging.

By equipping our Diagnostic Imaging experts with the tools they need to care for our community, donor support is helping reduce wait times and enabling Lakeridge Health to deliver more efficient and responsive care to our patients and community.

Countless patients rely on the Diagnostic Imaging department every day, including Morgan, a young mother who courageously stepped forward to share how her cancer journey depended on the clarity and precision of the images produced by these machines.

"We are deeply grateful to our donors for making this possible," continued Dr. Elkarim. "Your generosity directly translates into better care for patients and supports our ability to provide high-quality diagnostic services close to home using state-of-the-art technology."

The extraordinary support of the community made this possible, and we're proud to share that we reached our goal!

On behalf of the entire Diagnostic Imaging team, thank you for your commitment to improving health care for patients throughout Durham Region. It truly makes a meaningful difference every day.

Some of the equipment is already on site and enhancing patient care, like the new CT Scanner, which was installed in April 2026.

PHOTOS:

1. Lorel Morrison, Dr. Ghassan Elkarim, Andrea Pedro, Kyle Hiemstra (L to R)
2. The new CT Scanner being assembled.
3. Grateful patient Morgan.
4. The new CT Scanner arrives.



Circle of Gratitude

Our Circle of Gratitude program is a heartfelt way for grateful patients and their families to recognize the exceptional care and compassion that Lakeridge Health staff and volunteers provide every day.

In February, we were thrilled to present Dr. Joel Broomfield, Radiation Oncologist at Lakeridge Health, with two Circle of Gratitude honours.

“Your level of care is something my family and I will be forever grateful for,” wrote one donor. “Thank you for your kindness,” wrote another.

Dr. Broomfield joined Lakeridge Health in 2016 after growing up in Goose Bay, Labrador. He is a member of the Nunatsiavut Government and the first and only Indigenous Radiation Oncologist in Canada. He’s very proud of the level of care that he and his teammates can provide at Lakeridge Health.

“It’s really meaningful when you hear from donors like this,” Dr. Broomfield said with a smile. “I remember my patients and their journeys, so for them to say ‘thank you’ by choosing to support the R.S. McLaughlin Durham Regional Cancer Centre is amazing.”

To learn how you can honour a staff member, team or volunteer through the **Circle of Gratitude Program**, visit www.CircleofGratitude.ca or call Leah at 905-576-8711 ext. 33139.

PHOTO: Dr. Joel Broomfield

Gratitude Spotlight

In November, we recognized Social Worker Denise Cummings and Dr. Rose-Ann Vieira. A grateful daughter shared heartfelt thanks for the compassion and empathy Denise and Dr. Vieira provided to her father.



Orthopaedic Surgeon Dr. Ryan Wolek was recognized by a patient following their knee replacement surgery. “Thank you, Dr. Wolek and your surgical team for my new knees,” they wrote. “Everyone is so caring and thoughtful.”



Gastroenterologist Dr. Hasan Zaidi was presented with his second Circle of Gratitude honour and went viral on social media, with over 105,000 views and 1,000 interactions in just six days!

Every Drop Counts

Lakeridge Health's Regional Nephrology Program supports patients across Durham Region, including those receiving dialysis at the Oshawa and Whitby Hospitals.

A key component to providing this life-sustaining care is the Reverse Osmosis (RO) Water System, which is essential to creating the ultra-pure water needed for dialysis.

In 2025/26, we were proud to support the replacement of the RO System at the Howard and Stephanie Humphrey Dialysis Centre in Whitby.

"The installation of the new Reverse Osmosis System represents a significant step for our program and patients," explained Anna-Marie Sutherland, Director of the Regional Nephrology & Diabetes Program. "Having this equipment is essential to delivering the high-quality care our patients depend on."

Hemodialysis mimics the functions of the kidneys by cleaning the blood. When a patient's kidneys are damaged or no longer functional, a hemodialysis machine filters the patient's blood.

The RO System is critical to supporting dialysis patients as it filters the water needed for dialysis treatments. Enhanced features such as a more effective disinfection process and increased automation reduce water usage, save our medical experts time, and prioritize patient safety.

Including in-home dialysis treatments, Lakeridge Health's Nephrology Department supports over 400 patients.

"The reliability and increased capacity of this new RO system will give us confidence in providing uninterrupted, life-sustaining hemodialysis therapy to the patients in this Region," said Dr. Charles Wei, Medical Director and Division Head of Lakeridge Health's Regional Nephrology Program.

"Our sincere gratitude goes out to our donors for their support," said Anna-Marie. "We are so excited to be able to upgrade the system, and I just can't say thank you enough for helping us ensure we can continue to provide this vital, specialized care to our community."

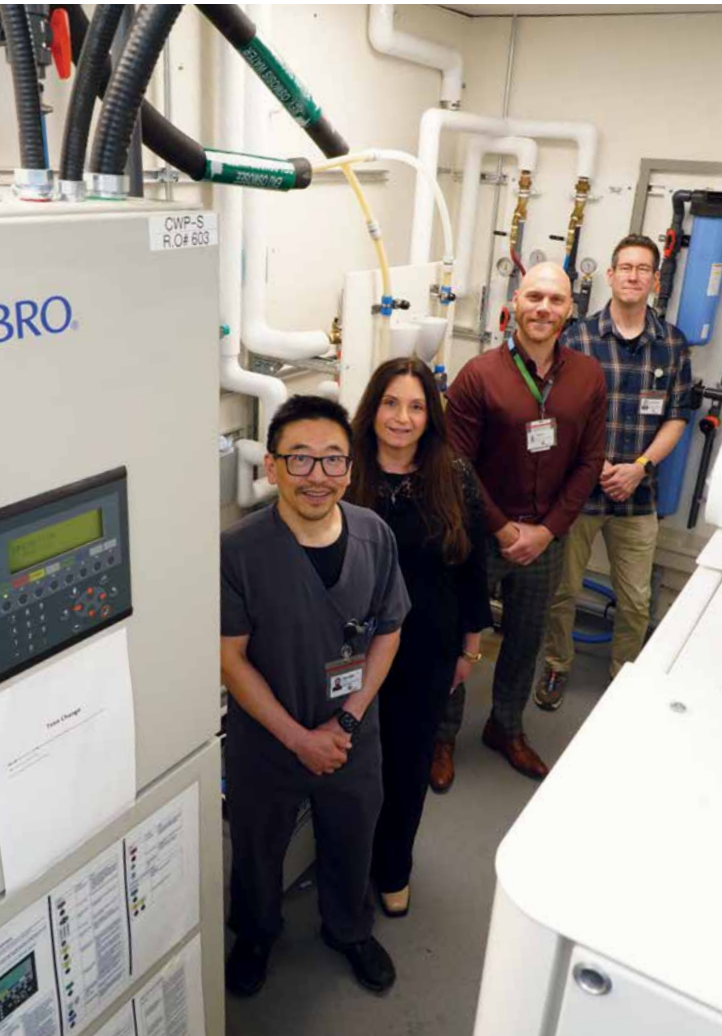


PHOTO: Dr. Charles Wei, Anna-Marie Sutherland, Nick Fontana, Jeromey Shortt (front to back)

Incredible Support Throughout Our Community!

Inspired by the excellent care his wife received, local musician Matt Buller raised \$5,685 in support of cancer care through the Buller Ball, held at Brewer's Pantry in Bowmanville. His son, Xavier, was pumped to rock out for cancer care!



We were grateful to receive a gift of \$20,000 in support of the new CT scanner from The Sir William Stephenson, Royal Canadian Legion Branch 637, by way of their Poppy Fund. Thank you for your service and leadership in our community.



McKenna and Ben helped their neighbours cool off in the summer and raised funds for cancer care through their lemonade stand. They sold chips, freezies and even dog treats to their furry friends! McKenna was inspired to support cancer care while learning about a schoolmate's cancer journey.



In Honour of Charlie



Charlie, Dr. Ritchie, and members of Lakeridge Health Oshawa's NICU team

When Charlie arrived 13 weeks early, weighing just 1 lb 10 oz, his parents' world changed overnight.

Their expectations for birth and new parenthood were replaced with a 14-week journey that began at the Sunnybrook Neonatal Intensive Care Unit (NICU). At times, bringing Charlie home felt almost impossible. At eight weeks old, he was transitioned to the NICU at Lakeridge Health Oshawa, just 10 minutes from home.

Charlie's mom, Dr. Sarah Ritchie, is an Obstetrician at Lakeridge Health. Suddenly, her roles were reversed when she became a NICU parent herself, and she saw how compassionate staff and donor-funded equipment in the NICU make all the difference for families.

"Experiencing Charlie's journey as a parent gave me a new perspective on our team's incredible dedication," Sarah shared.

Thanks to generous donor support, Charlie received life-saving care close to home. High-flow oxygen machines made his early transfer to Lakeridge Health possible. Community support has also funded other essential equipment, like the biliblanket system, which is used to manage jaundice.

"It meant so much to be near home while Charlie grew stronger," Sarah said.

Today, Charlie is thriving, and his family celebrated his first birthday by making a donation to the NICU in his honour and asked others to do the same.

Home Sweet Home



Joy and members of Lakeridge Health Oshawa's Radiation Therapy department

For Joy, the Radiation Therapy Department at the R.S. McLaughlin Durham Regional Cancer Centre (DRCC) is home. She watched the Department take shape following the Cancer Centre's opening in 2007.

"I remember when it was just cement floors and walls," she laughed. "But it was an amazing opportunity to build something incredible for Durham Region."

Joy is a retired Medical Radiation Technologist (MRT) and knows the importance of having comprehensive cancer care, close to home.

"When we didn't have this centre, patients were driving hours every day to get treatment. Now you can be in and out and still have the rest of the day."

Joy saw how her teammates' compassionate approach helped enhance the patient experience.

"It's more than just a job," she said. "It's sympathy, it's empathy."

Joy even experienced those feelings as a patient. "In 2022, I was diagnosed with cancer, and I had care from my colleagues," she recalled. "I can't say enough about how professional and kind they were."

Joy would organize team lunches during MRT Week each November for her teammates. Now, she brings them in herself, and an extra-special donation of \$10,000, joined this year's lunch.

"It's important to give back," explained Joy. "From a staff perspective, I know what it means and what we need to do our jobs well. From a patient perspective, it's crucial to have state-of-the-art care so close."

Joy's gift funded a compression belt, which helps minimize the natural movements of the body during treatment, and a positioning system that supports patients during their appointments.

"Cancer should just be a footnote in someone's life," Joy said. "It shouldn't be something they have to deal with and contend with every day."

Champions for Health Care in Durham Region

Each year for Giving Tuesday, Lakeridge Health Foundation recognizes the community members and hospital staff who represent our most dedicated supporters.

This year, our Foundation celebrated Ali Simpson and her family, the organizers of Gerry's Tartan Army, with our *Community Champion Award*.



PHOTO: 2025 Giving Tuesday Award Recipients

Ali's family began fundraising in 2019 when her father, Gerry, was diagnosed with prostate cancer. They participated in a fundraiser called "Plaid for Dad," with participants wearing plaid to show their support.

In 2023, they brought their fundraising efforts to the Foundation in recognition of Gerry's care.

Gerry passed away in November 2024, but "Plaid for Dad" continued and has now raised over \$11,250 in support of cancer care.

"Our family will never forget the care the staff in DRCC gave to dad," Ali said. "We are dedicated to helping you continue doing such excellent work for the people and community we love."

This year's *Hospital Champion Award* honoured an extraordinary couple: Dr. Arun and Dr. Soania Mathur. Longtime supporters of Lakeridge Health Foundation, the Mathurs have contributed in meaningful and personal ways as donors, volunteers, event hosts, and advocates.

Soania recently served a full term on the Foundation's Board of Directors, and together they stepped forward as Cabinet Members for *Our Cancer Campaign*, helping mobilize support and raise more than \$21 million for cancer care.

"This hospital has given me a career, my kids were born here, and our family receives care here," said Arun. "It's the least we can do to stand up and help build a community."

"Not only this hospital and community, but the Foundation and the team behind it mean so much to us," continued Soania.

The *Youth in Philanthropy Award* recognizes Alexandra Chao-Lau and Esther Tan, two high school students who stepped forward to support cancer care. You can learn more about their story on the following page.

Congratulations to Gerry's Tartan Army, Drs. Arun and Soania Mathur, and Alexandra and Esther on receiving the 2025 Giving Tuesday Awards.

Fight for a Future

In September 2024, Alex and Esther came to us with an idea.

The project was called *Fight for a Future* and was part of the Distributive Education Clubs of America (DECA) career development challenge.

Their goals were to educate people on the impact of cancer and raise \$1,000 to help fund equipment that benefits patients.

They worked tirelessly to build *Fight for a Future* by organizing pop-up thrift stores and movie nights. The pair would surpass all of their goals and raise \$1,600.

"We didn't imagine our work would take us this far. It started from a small idea," Esther recalled. "We kept hosting events and raising money, and it grew into something so much more meaningful."

The pair were invited to present on *Fight for a Future* at the DECA International Career Development Conference in Orlando.

"This project is a reminder that support can go a long way," said Alexandra. "It encouraged us to keep going, to keep contributing, and to continue finding ways to give back to the people around us."

Alexandra and Esther worked with the Foundation to fund three tablets with language interpretation software. The tablets allow physicians to call a translator during appointments and ensure patients understand the medical information being shared with them.

Alexandra was inspired by the care her late grandmother received at Lakeridge Health Oshawa.



PHOTO: Alexandra, Esther and Christine Black, Clinical Director, DRCC (L to R)

"When we heard about the tablets, I thought about my Grandma," Alexandra explained. "It made a lot of sense to fund something like this."

"When my family visited Indonesia, we had to visit the hospitals there, and we experienced the language barrier too," added Esther. "Only my mom could understand. I felt like I didn't really know what was going on. Making sure doctors and patients can understand each other is really important."

"It's inspiring to see people prioritize their community like this," shared Christine Black, Clinical Director, DRCC. "When relying on family members to translate, there is always the possibility of them not fully understanding the medical terms and translating them correctly. In the first month, we had already made 20 calls to translators, and we expect that will keep increasing."



Lakeridge Health, Grandview Kids Create First-of-its-Kind Procedure Room

In April, we announced an exciting collaboration! Lakeridge Health joined forces with Grandview Kids on a groundbreaking partnership, opening Canada's first procedure clinic to deliver anesthesia-assisted paediatric care in a Children's Centre, impacting thousands of families across Durham Region.

Thanks to \$1 million in community support, the Grandview Anesthesia Procedure (GAP) Clinic in Ajax is outfitted with hospital-level technology and equipment so that children and youth with physical, developmental and communication needs can receive specialized care with anesthesia.

"The GAP Clinic represents an important step forward in how Grandview Kids supports children and youth with developmental needs," said Tom McHugh, CEO of Grandview Kids. "Thanks to our innovative partnership with Lakeridge Health and the support of Lakeridge Health Foundation's donors, we can offer anesthesia-assisted procedures in a setting designed specifically for our clients."

Our Foundation was excited to support a project that will provide families with personalized health care in a comfortable, familiar environment, surrounded by a trusted team they already know.

"We're proud to support the launch of the GAP Clinic alongside Grandview Kids," said Cynthia Davis, President and CEO, Lakeridge Health. "By bringing anesthesia-supported procedures into a child-friendly setting, this clinic will help ease what can be a very difficult experience for families."

"Lakeridge Health Foundation is committed to advancing health care throughout Durham Region, and we are thrilled to be part of this innovative partnership," adds Yves Gadler, CEO, Lakeridge Health Foundation. "By funding the equipment needs of the GAP Clinic, our donors are helping elevate an existing partnership and ensuring specialized care is available, close to home, for thousands of children and youth."

This new clinic represents a meaningful shift in the way care is delivered to this group of patients, bringing hospital-level care into a child-friendly, community-based setting. The GAP Clinic is a powerful example of what's possible when donors come together to reimagine care, ensuring children and families receive the right care, in the right place, at the right time.

PHOTOS:

- 1. Members of the GAP Clinic team
- 2. GAP Clinic Room
- 3. Cynthia Davis, CEO, Lakeridge Health; Dr. Dipen Thakrar, Anesthesiologist, Lakeridge Health; Tom McHugh, CEO, Grandview Kids; Tabitha Carroll, Health System Executive, Lakeridge Health; Carol Lynde, Board Chair, Lakeridge Health Foundation; Dr. Carolyn Hunt, Medical Director, Grandview Kids (L to R)

Photos by Sujay Rambajue/Grandview Kids



RBC: Supporting Every Mile and Every Moment



In 2025, RBC showed an incredible commitment to Durham Region as the presenting sponsor of both *Ride for the 'Ridge* in May and our Foundation's 50th Anniversary Gala in October!

On May 25, 190 cyclists gathered at Pingle's Farm Market to ride and help advance health care across Durham Region. With the support of the community, we raised over \$191,000 for Lakeridge Health and its sites in Ajax Pickering, Bowmanville, Oshawa, Port Perry, and Whitby.

We followed that up with Durham Region's most impactful party on October 25, celebrating the

Foundation's 50th anniversary. Guests learned how donor support has shaped the past five decades of health care in our Region, and together we set our sights on the future. Over \$525,000 was raised in support of patient care priorities at the Oshawa and Whitby Hospitals, including a new ultrasound machine for the Diagnostic Imaging department!

Scan the QR codes to enjoy some of our favourite snapshots from *Ride for the 'Ridge* and our 50th Anniversary Gala.



Brian Bussiere received the 2025 RBC Hero Award. Learn more about Brian's story here:



2025 Gala Committee Members

Janis Antram
Dominique Bouchard
Farah Brumwell
Steve Conaby
Eileen Gevorgyan
Diana Kirk
Dr. Audrey Li
Melissa Mackie
Brooke Vukets



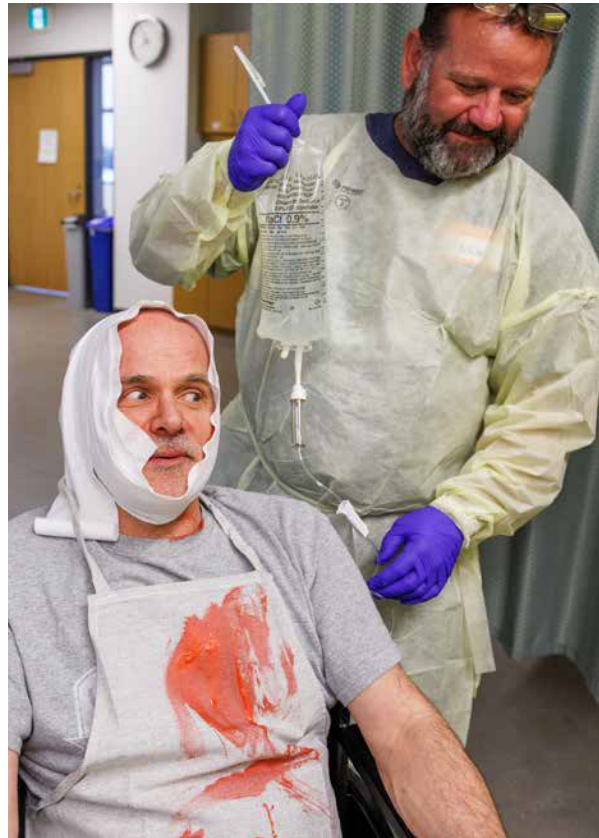
The Return of NightShift

On April 24 at the Durham College Centre for Collaborative Education, we were thrilled to welcome back *NightShift!*

NightShift is North America's first and only medical simulation challenge for the public and is a thrilling and immersive way to show regular people what our hospital employees do every day. Presented by Connor, Clark and Lunn, our participants graduated from Mini Med School before they were paired with a medical expert coach. Teams then competed in two high-energy scenarios made possible by volunteer actors sporting realistic FX makeup and Durham College simulation mannequins.

This one-of-a-kind event was more than just an unforgettable night out, as we raised nearly \$31,000 for our Emergency Medicine Department at the Oshawa Hospital.

Congratulations to our Champions from PureHealth Pharmacy!!

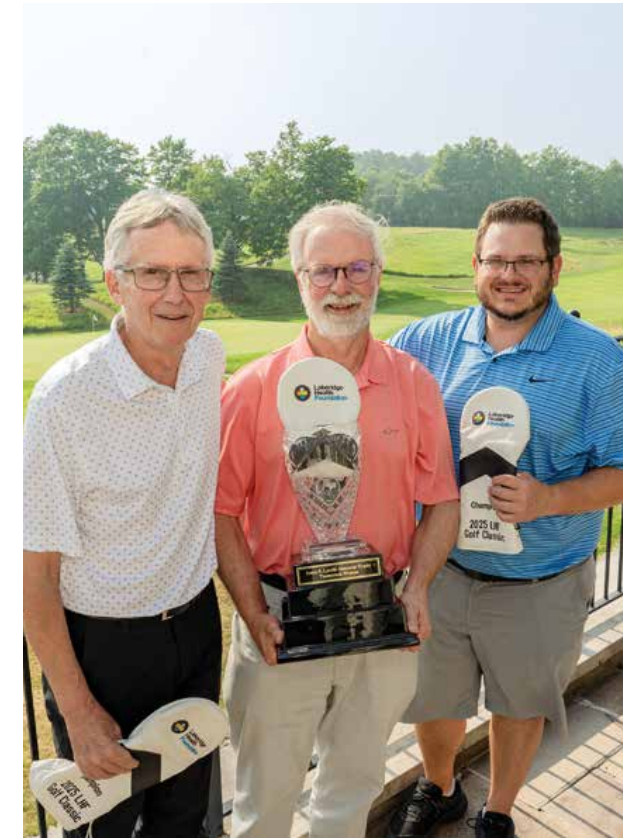


A Great Round in Support of Great Care

Our Golf Classic, presented by the Mackie Family, Norm, Paul and Scott, and Mackie Real Estate, tee'd off on July 14 at the beautiful Coppinwood Golf Club. Thanks to the generosity of our players and sponsors, we raised an incredible \$182,000 in support of Lakeridge Health's Oshawa and Whitby hospital sites.

This year's tournament brought together 124 golfers for a day of friendly competition, great weather, and a shared commitment to improving health care close to home. Proceeds from the event will fund innovative technology, equipment, critical renovations, education, and research to ensure our medical professionals can continue providing comprehensive care to our growing community.

To date, the Golf Classic has raised more than \$4 million for local health care!



2025 Golf Committee

Golf Classic Chair

Chris Keillor

Golf Classic Committee Members

Matt Cannon
Travis Cook
Lianne Lees
Neil MacLeod

Justine Nault
Nancy Osuszek
Jeff Pearce
Nigel Petch



Lakeridge Health News



This is Lakeridge Health: More Than a Hospital

In the fall of 2025, Lakeridge Health introduced something new – *This is Lakeridge Health* – a campaign designed to tell our story in a more meaningful and connected way. Many people in Durham Region still do not fully understand the breadth of care available close to home or realize that Lakeridge Health is far more than a single hospital.

In reality, Lakeridge Health is an integrated health network that includes five hospitals, a long-term care home, a community-based surgical centre, more than 30 community sites and four dedicated foundations.

The campaign was created to help more people connect to the care they need and deserve, highlight the people and programs behind that care, and strengthen pride among the team members who make it possible every day.

It also created opportunities to bring the community together around important health conversations and celebrate the people, purpose and future of health care in Durham Region.

On May 1, 2026, Lakeridge Health officially launched the *This is Lakeridge Health* campaign at a landmark community event that brought together hundreds of supporters, partners, team members and community leaders. The event celebrated the organization's achievements, shared its vision for the future,

and reinforced Lakeridge Health's commitment to delivering exceptional care close to home.

This is Lakeridge Health also helped amplify key initiatives focused on improving access to care. Through the campaign, Lakeridge Health hosted the second annual Women's Health Symposium, bringing together more than 400 community members for an evening dedicated to women's health and wellness – creating space to learn, share and connect.

Building on that momentum, Lakeridge Health launched the Women's Health Collective, a new initiative designed to strengthen collaboration, expand access to services and advance women's health care across Durham Region. Together, these efforts reflect Lakeridge Health's commitment to addressing community needs and creating more connected, patient-centred care experiences.

This is Lakeridge Health also reinforces the vital role donors play in advancing care across the region. Through the support of our communities and foundations, donors help bring new programs, equipment and innovations to life – ensuring patients and families can access exceptional care close to home.

With donor support, the story of Lakeridge Health continues to grow, connecting more people across Durham Region to the right care, at the right time, close to home.

Visit lh.ca/this-is-lh to learn more.

www.lhfoundation.ca



Lakeridge Health and the Centre for Addiction and Mental Health Form Groundbreaking Partnership

This year, Lakeridge Health and the Centre for Addiction and Mental Health (CAMH) announced a first-of-its-kind partnership aimed at transforming mental health and addictions care in Durham Region. As demand for services continues to grow, Lakeridge Health sees over 100,000 mental health and addictions visits each year.

Together, Lakeridge Health and CAMH are working to deliver a new model of academic and clinical excellence that will strengthen access to high-quality care closer to home. The partnership reflects the vision of *This is Lakeridge Health* – highlighting the breadth of specialized care available across the network and connecting more people to the supports they need most.

PHOTO: Lakeridge Health and CAMH leaders gathered with government partners to celebrate the transformative partnership.



Lakeridge Health's Celebration of Teaching and Learning

We were pleased to award the Dr. Hak Ming Chiu Award for Strategic Contribution to Education and the Deborah Chiu Research Into Practice Award at Lakeridge Health's Preceptor Awards.

The Dr. Hak Ming Chiu Award celebrates an individual who has made significant contributions to Lakeridge Health's academic vision and mission. Aimee Harrison, Clinical Practice Leader at Lakeridge Health Bowmanville and Port Perry, was recognized for her work developing members of Lakeridge Health's nursing staff.

Aimee has played a pivotal role in advocating for and developing a coronary care course for nurses at Lakeridge Health. This initiative has enhanced ongoing professional development for the nursing workforce and was acknowledged by Humber College as a prerequisite for its Coronary Care II Program.

The Deborah Chiu Research Into Practice Award highlights a teammate who leads, conducts or reviews research that impacts a clinical or non-clinical practice in their field. Dr. Shannon Fernando, Critical Care Physician, Research Lead, and Medical Director of the Trauma program, was selected for his study that focuses on alternative ways to treat sepsis.

Congratulations again to Aimee Harrison, Dr. Fernando, and the recipients of the 2025 Preceptor Awards.

Celebrating Education and Excellence at Lakeridge Health

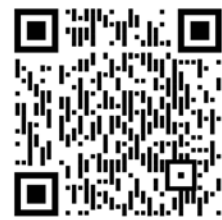
Lakeridge Health Foundation is committed to supporting the ongoing development of medical professionals. In May 2025 during Nursing Week, 23 nurses received funding from the Margaret Stainton Nursing Bursary. Since 2018, Margaret has generously supported 78 nurses who are advancing their careers through educational opportunities.

The O'Regan Family Allied Health Education Bursary was awarded to nine Allied Health Professionals (AHPs). The O'Regans are leaders in our community and are dedicated to increasing the educational opportunities available to our medical experts. These professionals are enhancing their skills through degree and diploma courses, specialty certificates and role-related conferences.

Scan the QR Codes below to learn more about the recipients:



Allied Health Education Bursary article



Margaret Stainton Nursing Bursary

A New Approach to Treating Septic Shock

Dr. Fernando is leading groundbreaking critical care research at Lakeridge Health through the Adjunctive Methylene Blue for Septic Shock (BLUSH) study. This study explores a promising new approach to treating septic shock using methylene blue, a medication currently approved to treat methemoglobinemia, a blood disorder.

The study is the first trial Dr. Fernando has led, and the first academic critical care randomized trial to originate from a community-based hospital in Canada. It is entirely donor funded.

"Septic shock is something that not a lot of people know about but remains one of the top 10 causes of death in the world," explains Dr. Fernando. "Methylene blue is something we often use very late in the process for treating sepsis. My thought was, 'instead of giving it very late, what if we gave it early and maybe it will help to support the patient's blood pressure and organ function?'"

Sepsis is the body's response to an acute infection and can result in organ failure. Because of this, in addition to its high mortality, care for septic shock can quickly become expensive and consume an Intensive Care Unit's resources and time.

"We've presented this nationally at the Canadian Critical Care Trials Group and had great support," says Dr. Fernando. "Incorporating research into day-to-day patient care and using it to answer fundamental questions in care is something really exciting that we're able to do here at Lakeridge Health."

Funding for Dr. Fernando's study comes from Lakeridge Health's Research and Education (REd) Council.

The REd Council awards grants to applicants based on their eligibility through the Research and Education Funds of Lakeridge Health Foundation and Ajax Pickering Hospital Foundation.

"Our group is really grateful to have received funding through Lakeridge Health Foundation to start doing the work to prove that this is important, and now we can take this case to higher levels," says Dr. Fernando. "This study represents an important evolution in how research is conducted."

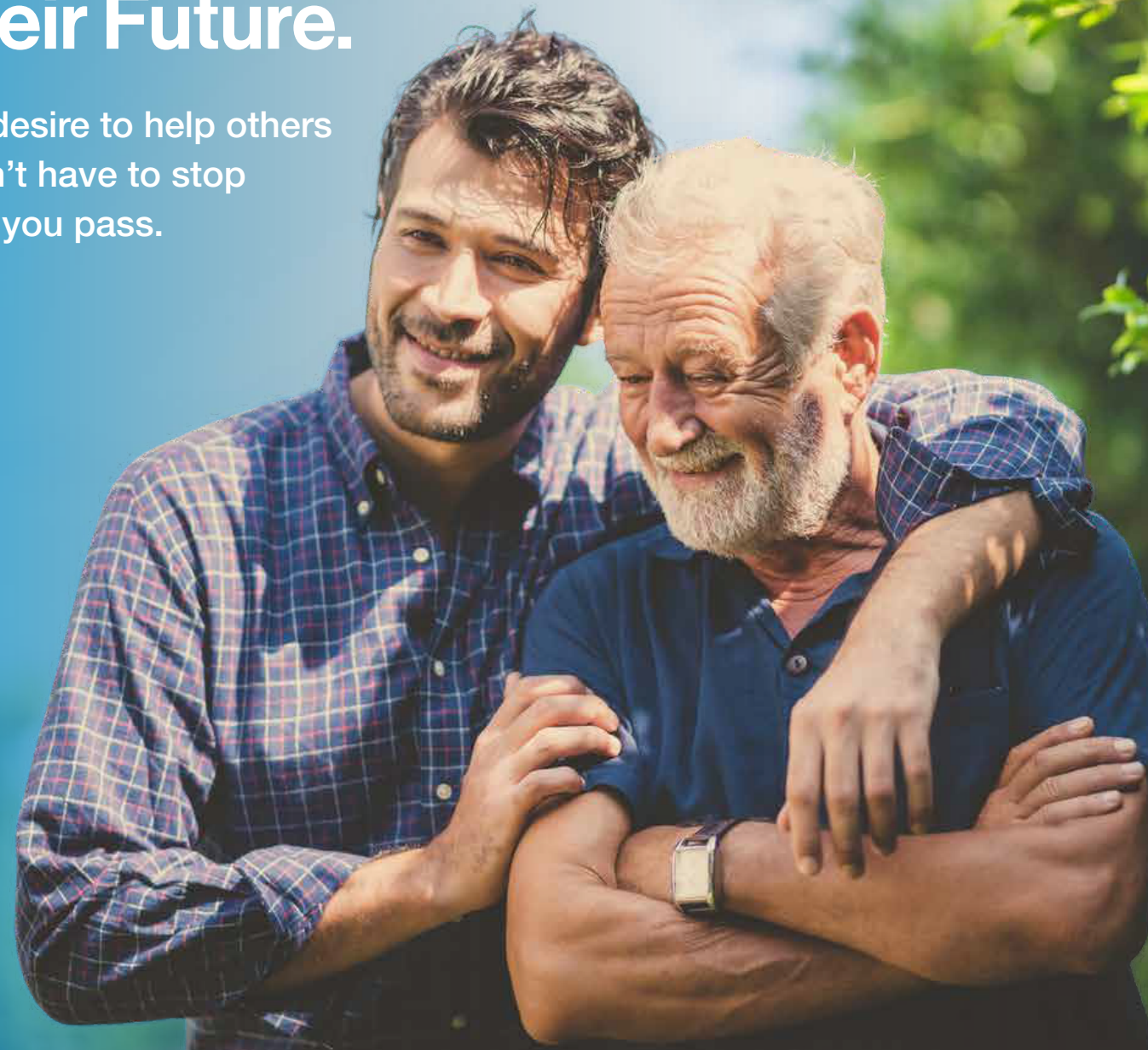
Beginning in 2024, the study advanced quickly, completing enrollment for the pilot feasibility trial by March 2026 and finishing testing on the first 50 patients.

"It started pretty daunting, but it seems doable now," laughs Dr. Fernando. "When you're doing research, you're doing it because you're passionate about it and you think you're going to make a difference for people."



Your Legacy. Their Future.

Your desire to help others
doesn't have to stop
when you pass.



Starting a conversation now about supporting future generations is a smart way to plan your legacy.

Planned giving is easier than you think. Our charitable giving experts are here to help you personalize your legacy.

Visit MyLakeridgeLegacy.ca, scan the code to the right with your phone, or call 905-433-4339 and ask for Adrienne.



Gift of Great Health Care for Future Generations

Donors looking to make an impact now and in the future have generously set up their own endowment funds with Lakeridge Health Foundation.

Starting with donations of \$25,000 or more, these funds are invested through the Foundation in perpetuity, providing a reliable and ongoing commitment to various areas of care at Lakeridge Health.

Endowment Funds are a deeply personal and impactful way to address both the immediate and long-term needs of our Hospitals.

Leaving a Legacy Beyond Your Lifetime

The following group of distinguished individuals have planned future gifts to Lakeridge Health Foundation through their Wills or life insurance. These donations will help ensure that as medical technology advances in the years to come, so will the patient care available for our friends, families and neighbours.

1907 Society Endowment Fund
Anne and Charles Morison Endowment Fund
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Ann and Henry Telfser
Dr. Shannon Trainor
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Anonymous (11)

Annual Donor Listing

The annual donor list is based on generous gifts received between April 1, 2025 and March 31, 2026.

\$1,000,000 +

Estate of Gabor Marton

\$500,000-\$999,999

Estate of Sandra Jack
Keith and Eileen Peters

\$100,000-\$499,999

Mark and Jennifer Coleman
Estate of Charlene M. Ward
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\$50,000-\$99,999

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The Sandra Schmirler Foundation
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Supporting our Tiniest Patients

Thank you to The Sandra Schmirler Foundation for their gift of \$48,000. They purchased a new Panda Infant Warmer for the NICU at Lakeridge Health Oshawa.

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 Lorraine Young
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Tribute and Memorial Giving

Consider giving a meaningful gift – the gift of great health care.

Your donation to Lakeridge Health Foundation in honour of your loved one is a truly meaningful gift. You can honour a family member, teacher, neighbour, colleague, or friend.

Whether you are giving in honour, or in memory, your generosity supports your entire community and enhances care at Lakeridge Health Oshawa and Whitby.



Scan the QR code for a full list of those who received gifts in their honour or in their memory from **April 1, 2025, to March 31, 2026.**



A Historical Connection

The Rotary Club of Oshawa-Parkwood announced a \$15,000 commitment in support of the partnership between Grandview Kids and Lakeridge Health. The Rotarians have been supporting our Foundation since 1991!



Annual Sponsor Listing

Thank you to those sponsors who supported Lakeridge Health Foundation between April 1, 2025 and March 31, 2026.

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Impact Spectrum

Lakeridge Health Foundation's Impact Spectrum is a meaningful scorecard that measures our Foundation's fiscal year based on the four pillars of our organization. These pillars are each scored out of 100, and the scores help us achieve our vision of an inspired community achieving health care excellence in Durham Region.

The Pillars of Lakeridge Health Foundation's Impact Spectrum:









Lakeridge
Health
Foundation

Thank you for your support of exceptional health care in Durham Region.

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Connect with us!

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1 Hospital Court, Rm A1-116
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