



Lakeridge
Health
Foundation

2015 – 16
Report to Donors

INSPIRATION & INNOVATION





Health care is changing.

The way we used to think about hospitals and the kind of care our community needs is evolving. We want better services, faster procedures, less wait times and safer treatments.

Durham Region is changing too. You expect the best health care and the latest innovations, close to home. Together we will make this happen.

\$5.5 million campaign

\$500,000 Patient monitoring technology

\$5 million Interventional radiology suite

Over 50% accomplished


About the Campaign

At Lakeridge Health Foundation we're working hard to provide unique opportunities to support your hospital and show you how to advance health care locally. With new leadership, an invigorated team and a brand new campaign we hope to deliver what Durham Region residents want: better, faster and safer health care right where you live.

Our newest initiative, iSupport Lakeridge, is an exciting campaign focusing on the inspiring stories of why people give and the innovations made possible because of that generosity.

The \$5.5 million iSupport Lakeridge Campaign will fund two important innovations at Lakeridge Health: the outfit of wireless heart monitors and the complete redevelopment of the hospital's interventional radiology suite.

We are thrilled to share, that alongside our community, we have successfully raised over 50% of our fundraising goal. Within this report you will learn more about this campaign, the hospital projects involved and the inspiring donors who have made this momentum possible.



“The hospital
belongs to us.
And it’s up to us to
make it better.”
– Jim Brewster

OUR INSPIRATION

From the front room of his home, Mr. Jim Brewster can see the hospital he proudly supports. The 92-year-old decorated war veteran has seen it change more than a few times over his lifetime in Oshawa. In fact, many of the changes at his hospital are thanks to over \$1 million dollars in support from Mr. Brewster over the last 20 years.

"It is very important to me and my family that we support health care in our community. The hospital was created for us, for all of us, to use, to get better and receive treatment. If we want a better hospital here in Durham Region, it's up to us to make it happen!"

Mr. Brewster's most recent donation, just over \$470,000, was directed toward a new heart monitoring system in the hospital. As a former wireless operator in World War II, the veteran was overjoyed to hear his donation would fund the very best in wireless technology at his hospital.

This state-of-the-art technology allows for wireless heart monitors to follow a patient during their entire experience in the hospital from ER to recovery. This minimizes errors or undetected cardiac events and opens the flow of patient information throughout the hospital to support critical decision making. Not only that, this technology will allow for hospital staff to monitor patients and keep an eye on important health information, no matter where they are. His generous donation also covers new monitoring systems that allow medical staff to review the vitals of all of their patients at the same time allowing them to recognize which patients need immediate attention.

Updates like these make a big impact for our staff and the overall experience for many patients and their families. One of the most important things Mr. Brewster wanted to communicate through his recent gift was for it to inspire others to do the same.

"I want everyone to know how important it is to have high quality health care close to home," says Mr. Brewster. "I've been giving for many years because health is important to everyone. It's time for others to do the same. It's time for everyone in our community to get behind this great cause."



- Stores 7 days of patient data at a time.
- 16 patients can be monitored at one time in a Central Station.
- Wireless monitors travel with patients throughout their journey.
- Remote monitoring means doctors can watch patients from outside the hospital on tablets or smart phones.

If Mr. Brewster could stress one thing, it's that the hospital exists to serve everyone who lives in our community. "If you help the hospital, you'll be helping yourself. I really hope I can inspire others to join me. We are all busy, we all work hard but the hospital needs us. It doesn't matter how much or how little you can give, you'll be getting so much in return!"

It was this very challenge that inspired Lakeridge Health Foundation's iSupport Campaign. Thanks to the generosity of one of our wisest residents, we're making great strides in helping the hospital provide the very best health care and innovations, close to home.

What is Interventional Radiology?

Better, faster and safer health care.

Interventional Radiology (IR) is a sub-specialty of radiology that uses imaging to perform procedures. Specially trained experts use tiny tubes called catheters to guide wires and other instruments into the arteries of our patients to do complex procedures like eliminate tumors, remove infection, cure gynecological issues and provide more comfort for those needing cancer treatment or end of life care. They do all this through pinholes in the skin. Procedures often take only minutes and many patients go home that same day with only a bandage.

The most fascinating feature of IR is that the innovative and intricate procedures can tackle complex problems all over the body. Supporting patients from all over the hospital allows for this specialty to constantly evolve and innovate.



Dr. Murray Asch, interventional radiologist



Dr. Galante, current IR procedure room

“My job simply isn’t possible without the imaging equipment we rely on during our procedures. The C-arm is a special x-ray camera which reveals the inner workings of the body, showing us arteries and blood flow, muscles, organs and bones. It enables us to see inside the body without large incisions and it gives many patients an alternative to traditional surgery. These techniques allow us to treat some of the hospital’s sickest patients and in many cases we are the only doctors in the hospital that can save their lives quickly and safely.”

– Dr. Sean Galante, Interventional Radiologist

We’ve outgrown our footprint

For a program with such a breadth of patients and conditions, it’s no wonder the department is in desperate need of more space.

Our interventional radiology suite is the smallest of its kind in Canada and yet our team continues to do incredible procedures within their cramped quarters. Our Lakeridge Health experts are working with 15-year old equipment and are due for a new space and new tools.

Many patients throughout the hospital, especially our cancer centre, rely on our interventional radiology department and volumes continue to grow.

The current suite is very small and if equipment were to break or need repair, replacement parts are not readily available and many procedures would be cancelled while the hospital waits for a solution. Even more, if additional images, such as CT scans are needed to aid a procedure our IR team must take their patient off the table and wheel them to a scanner, re-sterilize the room and return to continue the procedure.

It’s time for this important program to get the space it needs and the Foundation has answered the call.

Coming soon in 2018



New IR procedure room rendering

In 2015, the Foundation was asked to assist in the redevelopment of Lakeridge Health's interventional radiology department. The \$5.5 million goal will cover a brand new IR space that includes two main procedure room, one secondary procedure room, an ultrasound room and two control centres. The space will more than double in size and serve twice as many patients, significantly reducing wait times for the program. The area will also be of operating room quality with two brand new C-arms.

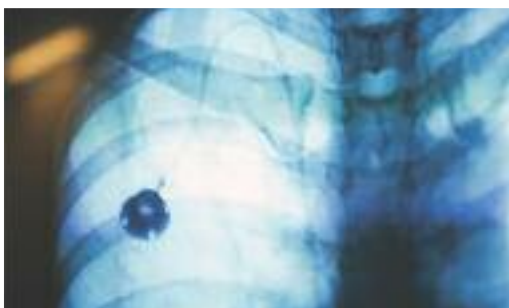
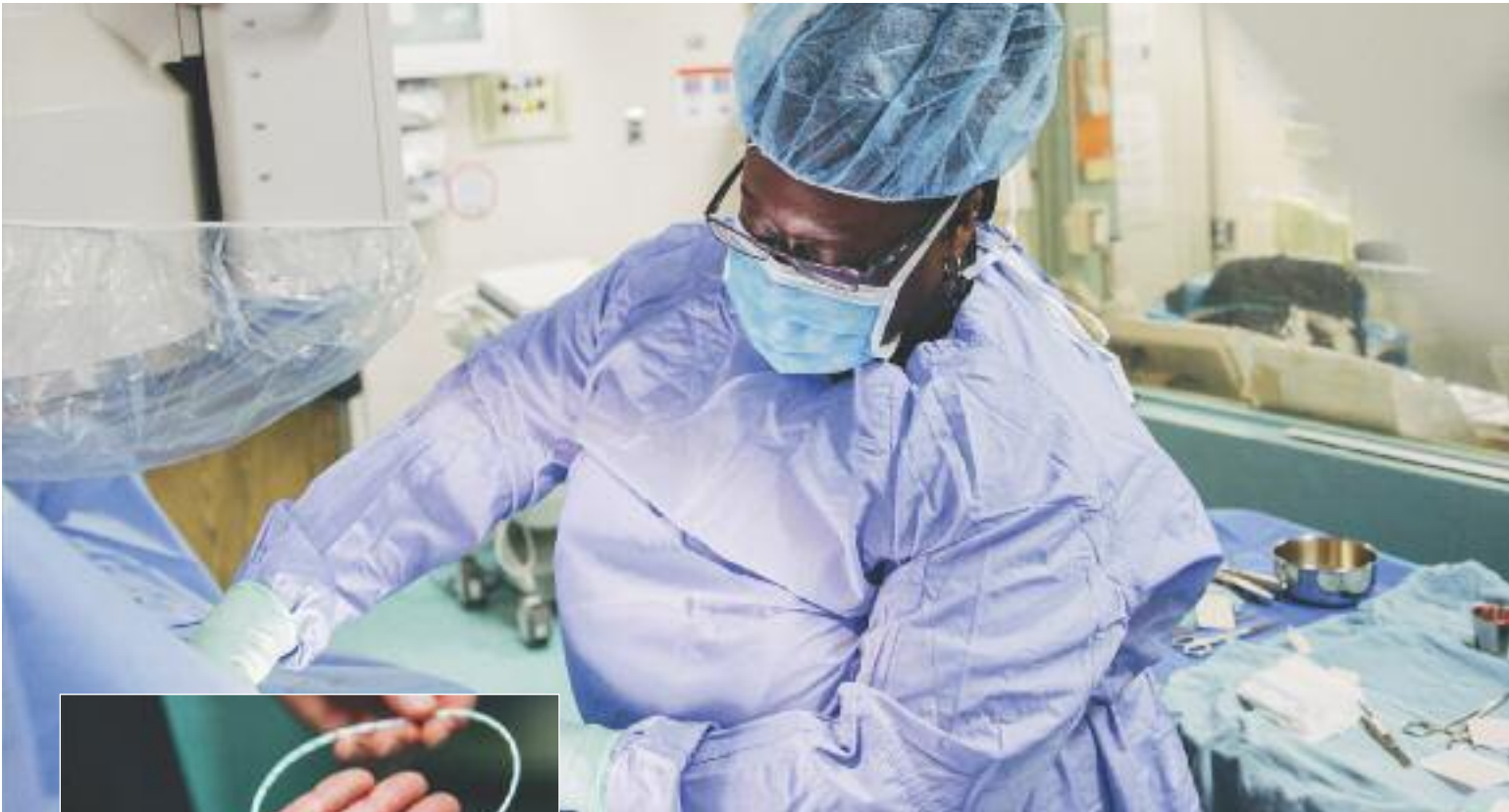
A C-arm is the main piece of equipment in an interventional radiology room and uses imaging to guide the IR experts through their procedures. The iSupport Campaign will fund two new C-arms which will reduce radiation exposure by 80% and provide CT images in five seconds — a function our current equipment does not have.

Plans for the new interventional radiology space are underway and construction for the space will begin in 2017. The IR program will be moving from the Diagnostic Imaging area to the edge of the A Wing.

For those familiar with the former Emergency Entrance you will soon see a new family waiting space and the entrance to the new department.

Moving the interventional radiology department has made another important project possible at Lakeridge Health. The hospital's ultrasound unit is in desperate need of redevelopment. By moving the IR department out of Diagnostic Imaging, the ultrasound program can now undergo a much needed renovation that will see the unit expand to include seven private ultrasound rooms.

Changing lives in just minutes



In mere minutes, our incredible interventional radiology team can change a person's life. Thanks to minimally invasive technology, incredible things can happen in the time it takes to read this report.

10 minutes

A **lung biopsy** will ensure someone can receive the right treatment tailored to their specific health needs.

12 minutes

A **dialysis catheter** for a patient who needs lifesaving kidney dialysis treatment.

25 minutes

Uterine fibroid embolization shrinks and eliminates fibroids using tiny particles the size of grains of sand, replacing the need for a hysterectomy.

45 minutes

Radiofrequency ablation kills cancer cells without harming surrounding tissue. Using high-frequency electrical currents the procedure destroys cancer cells in their tracks!



Brad Durst, VP, DRPA; Cst. Dave Swaine; JoAnne Swaine; and, Randy Henning, President, DRPA

Pledging to serve, protect and support

For two years, the Durham Regional Police Association (DRPA) have been first past the post to support our iSupport Campaign. The organization, which is dedicated to supporting the men and women of the DRPA, has contributed \$20,000 toward the interventional radiology project.

Randy Henning, President of DRPA continues to be thrilled with the partnership. “The Hospital is important to every single one of our members and their loved ones. Since 1991, the DRPA has been supporting our local hospital and we continue to feel strongly about making health care a priority in Durham Region. The health and safety of our members and the community is paramount to what we do every day. Knowing that the Hospital is advancing and improving some of the most innovative technology available in Durham Region — we just had to be involved. Lakeridge Health is the best cause in the region.”

“During this journey, we’ve really come to appreciate the importance of having the best and latest technology — including the most up to date equipment. And when you’re fighting cancer, who doesn’t wish for that!”

– *Constable Dave Swaine*

DRPA’s commitment to the Hospital hits home for many of its members, especially Constable Dave Swaine. His wife, JoAnne, was diagnosed with breast cancer a year ago, and they have had nothing but good things to say about Lakeridge Health since.

Interventional radiology plays a pivotal role in most programs in our hospital including cancer care. Patients like JoAnne, visit the IR department to have biopsies performed or to have ports inserted that help with chemotherapy treatments.

The demand for IR procedures from the cancer centre alone is above capacity due to the increase in personalized treatment options and clinical trials that require ongoing monitoring. Thanks to donor support like that of Durham Regional Police Association, the new IR suite will significantly increase in size to accommodate more patients and procedures.

Baagwating Community Association



The Baagwating Community Association, known for its contributions to the local and greater First Nations community, made a significant gesture for health care in Durham Region with a donation of \$250,000 to the iSupport Campaign.

“It’s important for us to find local opportunities that will improve and impact the lives of the First Nations community,” says Gary Edgar, Chair of the Baagwating Community Association’s Board of Directors. “Learning about interventional radiology was both fascinating and eye opening. As our population ages and changes we need the right programs and equipment to be there when we need it. The new IR suite at Lakeridge Health will help residents in our entire region and if that means better, faster and safer health care that can benefit the specific needs of our members — we want to be part of it.”

Nancy Gummow

When former IR patient Nancy Gummow first heard about the Foundation’s plans to help the interventional radiology suite expand she knew right away she wanted to support the project.

“This program helps so many people in so many different ways yet it doesn’t get the kind of publicity that some of the other more well-known programs do,” says Nancy. “I wish people knew about interventional radiology, about how it can change your life. I don’t know where I would be without it.”



John and Isabelle Foundation

In 2015, Lakeridge Health Foundation received a very generous gift of \$250,000 from a Foundation with a rich history in Durham Region. Many years ago in the early 1840’s, John and Isabelle and their 9 children settled on a farm in Whitby Township. Fast forward and some of John and Isabelle’s Great, Great Grandchildren were born at the Oshawa Hospital as were several of their

Great, Great, Great Grandchildren. Hospitals in both Whitby and Oshawa have served the health needs of the past 5 generations of this family.

The John and Isabelle Foundation have donated a cumulative \$430,000 to Lakeridge Health’s Oshawa and Whitby sites.

COMMUNITY EVENT SPOTLIGHT



Employees and community supporters make the big cut for cancer!

In May of 2015, the Foundation was approached by two separate groups with a hair-raising idea. Inspired by personal and professional connections to cancer, Hair Studio 95 in Courtice and hospital employee Pamela Howitt wanted to plan events in support of cancer care at Lakeridge Health.

The two causes joined forces to create Locks for Lakeridge, a two part fundraiser supporting local cancer care.

Inspired by her sister's battle with cancer, Pamela, a 25-year employee of Lakeridge Health rallied support to cut her very long locks alongside her friends and family.

At a special Locks for Lakeridge event in the Hospital's Healing Garden, Pamela bravely cut over 8 inches of her hair off alongside her niece, daughter-in-law and two other Lakeridge Health employees, Maureen Dustler and Sarah Suginomori.

Tom McHugh, Lakeridge Health's Executive Vice-President and Regional Vice-President, Cancer Services was on hand to make the ceremonious 'first cut' to Pamela's long red locks and Hair Studio 95 staff prepped and cut the remaining women's hair.

The salon then hosted an additional Locks for Lakeridge event just two days later at their studio in Courtice.

Fifteen brave women donated over 8 inches each at the two events and countless others came to the salon for haircuts — including Hair Studio 95's owner, Vernon, who allowed a winning bidder to shave her head! Donations from both events combined came in over \$5,000! Congratulations to all involved.

SIGNATURE EVENTS



Lakeridge Health Foundation Golf Classic

Every July, Lakeridge Health Foundation hosts its annual golf classic. Considered one of the best tournaments in Durham Region the tournament promises both a challenging game and a rewarding pay back. In the past four years, the Golf Classic has raised \$730,000 for Lakeridge Health. Thank you to all our sponsors, golfers and committee members for making our event a success every year.

Introducing the InspirEVE Gala

In 2015, the Foundation introduced a new spin on its annual gala. Inspired by your generosity and the amazing things our hospital does every day the black tie gala became: InspirEVE. The exclusive affair continues to draw guests from all over Durham Region and in the last two InspirEVE galas have raised \$517,500. Thank you to two-time host Colin D'Mello from CTV, our hardworking event committee for bringing it all together and our amazing sponsors and generous guests — you've made all of this possible!



HOSPITAL HIGHLIGHTS



Matthew Anderson named new President and CEO of Lakeridge Health

In late 2016, Lakeridge Health announced Durham Region resident Matthew Anderson as the new President and CEO of the hospital. Anderson served as the President and CEO of William Osler Health System in Etobicoke since 2010 with an experienced past in health care since 1992.

Anderson is already working hard to build a truly integrated regional system of health care that will meet our needs for years to come.

Lakeridge health expands its leading kidney care services



Lakeridge Health has opened a new specialty dialysis unit at its Whitby site to support people during their first four to six weeks of dialysis treatment. Dialysis treatments filter and clean the blood of people with kidney disease and other types of kidney failure.

The new unit opened to patients in April of 2016 and is equipped with four dialysis stations for patients to undergo treatment while they learn about all aspects of dialysis treatment and self-care.

New strategic plan to bring the best care close to home



In February, Lakeridge Health released its new, five-year plan to improve health care for families across the Region. The new strategic plan will help the hospital better serve those changing needs. It lays out four main strategic directions:

- Provide the best experience for you and your family
- Relentlessly focus on quality and performance
- Attract and inspire the best people
- Working with partners to improve care

Canada's first research chair in palliative care at a community hospital



The Dr. Gillian Gilchrist Research Chair in Palliative Care is the first fully funded academic Research Chair in Palliative Care at a community hospital in Canada. It honours the work of Dr. Gillian Gilchrist who founded the Palliative Care program at Lakeridge Health in 1981, and was made possible through \$2.5 million generously donated by Deborah and Dr. Hak-Ming Chiu.

The partnership with Queen's University will enable a giant leap forward for health care research and a new and exciting economic driver for Durham Region.



The research chair will be held by an expert in the field and will help pioneer new and important areas of research. The Gilchrist Research Chair will focus on palliative care, an area dedicated to improving quality of life for people with serious illness. The search for a chair holder has begun and Lakeridge Health hopes to make an announcement soon.

Canada's first certified Biobank in a community hospital

Together with the hospital's growing research program and top ranked cancer centre, the Lakeridge Health Biobank will store human tissue that can be used to test new drugs and therapies.

The first community hospital in Canada to have such a resource, Lakeridge Health's Biobank allows researchers from all over to have access to tissues, such as those taken during biopsy, to help advance health care for all of us.



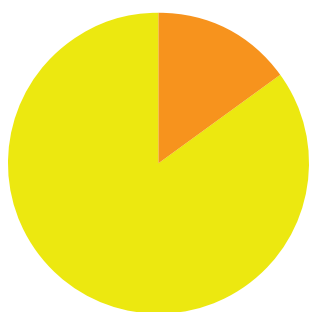


Summary of financial information

(in thousands of dollars)

	2015 – 16	2014 – 15
Revenue		
<i>Fundraising</i>	4,306	3,391
<i>Investments</i>	2,768	2,250
Expenses	1,837	2,192
Impact		
<i>Grants to Lakeridge Health</i>	1,028	1,332

Copies of our full financial statements can be found on our website at lakeridgehealthfoundation.com



**Cost of fundraising:
18%**

(18 cents on the dollar)



**Total raised in 2015 – 16 fiscal
\$4,306,000**



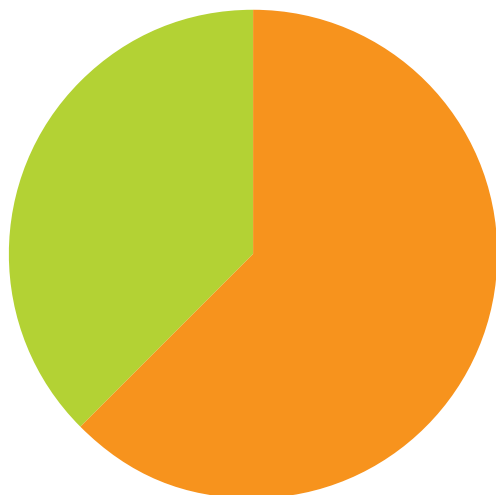
280
monthly donors



5,988
individual donors



550
organization donors



**Total raised by Signature Events
\$494,000**



\$184,000
Golf Classic



\$310,000
InspirEVE Gala



*90 volunteers lent their
time and leadership to the
Foundation this year.*

A message from the Chair and CEO

The past two years have been one of great momentum for Lakeridge Health Foundation as we embarked on a brand new campaign to bring leading innovations to our hospital. A large part of the campaign includes a new interventional radiology suite which is a fascinating and exciting improvement for Lakeridge Health.

None of this is possible without the support of you — our donors. Over the last year we have made big strides to improve how we communicate with and recognize our donors, making sure we are more inclusive and consistent. Part of that includes a new look and feel to recognition physically and on paper — starting with this report and its donor listing. As our plans unfold and we make changes in the hospital, we will be sure to keep you updated and look forward to celebrating with you when it all comes together.

Very recently, we made a point of offering new and interesting resources to our community to make fundraising even easier. We now have online tools which make it easier for donors to tell their own story to raise funds and awareness for Lakeridge Health.

The Foundation is dedicated to helping the hospital improve its services in our communities and to showing you how your gifts make a real difference. You've heard from recent donors, staff and patients in this report. These are only a few of the many individuals who inspire us every single day.

As Chair and CEO, we take great pride in sharing those stories with you and many others we see and hear in the community. We are very proud of our accomplishments this year but even more so of your ongoing support to our cause.

Thank you for your ongoing support of our hospital, for being ambassadors in our community and for helping the hospital provide health care excellence, close to home. On behalf of the staff, patients and families that come through our doors every day — thank you.



Will Stephen,
Chair, Board of Directors



Yves Gadler,
Chief Executive Officer





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Janet Stewart

Marek Ulanicki

Keith White

Thank you to retired board member Charyl Galpin for her leadership between 2009 – 2015. Also thank you to Hospital representatives Kevin Empey and Mary Simpson for their time on our board.



**Thanks
to our
Donors**

iSupport Campaign and major gift commitments

Many generous individuals and organizations have made heartfelt gifts to Lakeridge Health Foundation to help provide the very best health care, close to home.

We are grateful for every gift received for the hospital and are pleased to acknowledge cumulative gifts of \$10,000 or more received or pledged between April 1, 2015 and March 31, 2016. On behalf of the countless patients and families impacted by your donations, thank you.

Jim and Lorraine Brewster
Carpenters Local 397
Durham Regional Police Association
Holmes & Brakel Limited
John and Isabelle Foundation

Lakeridge Health Radiology Group
Manufacturing and Technology Centre
Nurse Chevrolet Cadillac Ltd.
RE/MAX Jazz
Will and Tanya Stephen

Annual giving donors

For the past two years many individuals, foundations and organizations have made an annual gift to Lakeridge Health Foundation. These gifts helped support equipment purchases, capital projects and research and education opportunities at your hospital. Gifts of \$1,000 or more made between April 1, 2015 and March 31, 2016 are acknowledged here with sincere thanks.

\$500,000-\$999,999

Dr. Kris Sachdeva	Estate of Mary Edna Llewella Stroud*
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\$100,000-\$499,999

BMO Bank of Montreal	Jim and Irene Brewster
----------------------	------------------------

* deceased
+ monthly donor

\$25,000-\$99,999

Art That Matters
Bevy of Hope Breast Cancer Foundation
Carpenters Local 397
CIBC
Estate of Ieheln Flintoff*
Great-West Life, London Life and Canada Life
Gus Brown Golf Classic
John and Isabelle Foundation
Lakeridge Health Radiology Group
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Manufacturing and Technology Centre
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Oshawa Centre
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\$10,000-\$24,999

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Estate of Franklin Christopher Wilson*
Wolfpack Charity Golf Classic "The Clubhouse"
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Anonymous (1)

\$1,000-\$9,999

AGF Group Foundation
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Earl, Donna, Mark, Erik and Emily Allen
Andrew Foundation
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In Memory of Tiffani Arscott
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Mark Wilson
Estate of Cheong Wu*
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Anonymous (4)

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Lakeridge Health Foundation relies on the significant support of event sponsors to help make our signature events a success. Thank you to those sponsors who gave \$1,000 or more between April 1, 2015 and March 31, 2016.

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Veridian Connections
W. C. Town Funeral Chapel
Walton Enterprises
Woodland Homes



**Every gift has a
story worth sharing.
What's yours?**







Thanks to our Committee Volunteers

Committee Volunteers

Thank you to our many committee volunteers for dedicating your time and leadership to Lakeridge Health Foundation.

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Kelly Aitchison

Denis Ayotte

Lisa Hunt

Charyl Galpin, 2015 – 16

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Arthur Lovell

Colin O'Regan

Bruce Smith

Keith White

Development Committee

Dr. Soania Mathur

Gord Reynolds

Janet Stewart

Dr. Shannon Trainor

Bob Verwey

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Cam Hreljac
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Norm Mackie

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Serina Mayberry
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Marianne Tracey

2016 Golf Committee

Trish Thompson, *Chair*
Travis Cook
Neil Gonsalves
Colleen Hill
Mike Hill
Cam Hreljac

Neil McLeod
Rob Norwood
Adam Parks
Roy Wilson
Keith White
Warren Young

2016 Gala Committee

Mary Ann Goldhawk, *Chair*
Vicki Deighton
Helen Gibon
Navneet Jaswal
Debby Kryhul
Ashley MacInnis
Audrey MacInnis
Serina Mayberry

Susan McDougall
Kim Myles-Barclay
Tracy Pigott
Melanie Pringle
Joe Sander
Marianne Tracey
Angel Van Leeuwen

Thank you for supporting
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